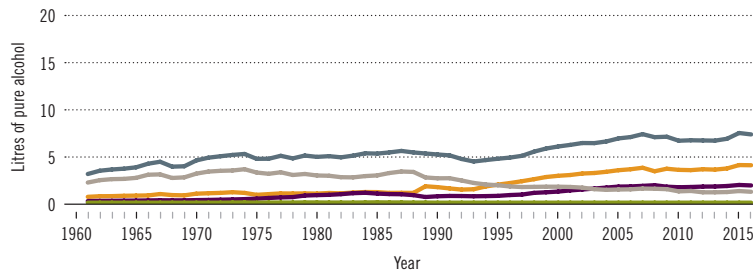


Iceland

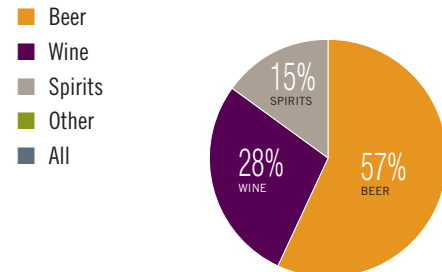
Total population (2016): 331 778 ► Population aged 15 years and older (15+): 80% ► Population in urban areas: 95% ► Income group (World Bank): High income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	7.0		7.7	
Unrecorded	0.5		1.5	
Total**	7.4		9.1	
Total males / females	11.8	3.0	14.5	3.7
WHO European Region	11.2		9.8	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	17.6
Females (15+)	6.2
Both sexes (15+)	12.8

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	43.7	52.9	45.5	62.7
Females	12.4	20.5	12.0	26.5
Both sexes	28.0	39.2	29.1	49.2

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	6.3	19.1	12.7
Former drinkers* (15+)	11.0	20.5	15.8
Abstainers (15+), past 12 months	17.4	39.7	28.5

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	2.8	3.4	72.8	57.5	7
Road traffic injuries, males / females	6.7	1.5	38.6	28.2	5
Cancer, males / females	167.5	149.1	5.5	2.3	26

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 **2** 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	6.7	3.0
Females	2.0	0.9
Both sexes	4.4	1.9
WHO European Region	8.8	3.7

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2011/2014) / No
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	20 / 20 / 20
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	20 / 20 / 20
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density	Yes, Yes / No, No
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes