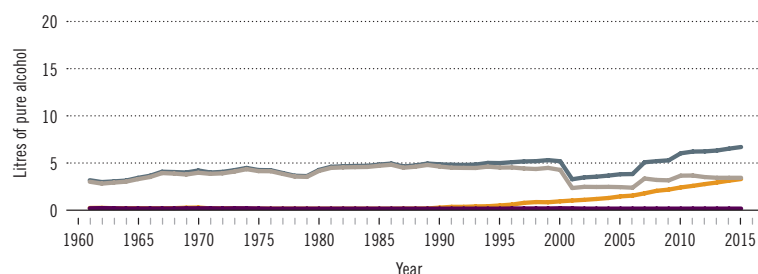


Lao People's Democratic Republic

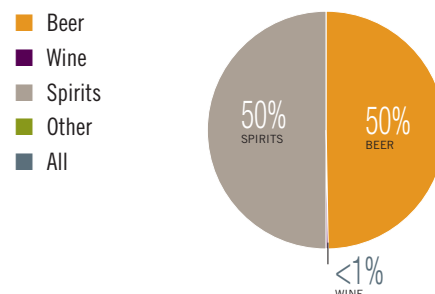
Total population (2016): 6 918 367 ▶ Population aged 15 years and older (15+): 66% ▶ Population in urban areas: 39% ▶ Income group (World Bank): Lower-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	5.9		7.0	
Unrecorded	1.2		3.4	
Total**	7.0		10.4	
Total males / females	12.1	2.2	17.6	3.3
WHO Western Pacific Region	7.0		7.3	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	33.0
Females (15+)	12.3
Both sexes (15+)	25.9

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	29.7	55.6	21.8	59.0
Females	5.8	21.5	3.7	23.6
Both sexes	17.5	43.8	12.9	48.7

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	21.9	48.7	35.5
Former drinkers* (15+)	24.7	24.3	24.5
Abstainers (15+), past 12 months	46.6	73.0	60.0

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	38.7	18.3	72.7	48.3	580
Road traffic injuries, males / females	26.3	14.3	32.2	22.1	300
Cancer, males / females	243.3	141.3	8.2	3.3	338

*Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 **5** > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	8.7	5.0
Females	1.8	0.7
Both sexes	5.2	2.8
WHO Western Pacific Region	4.7	2.3

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2014/—) / No	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers (any)	Yes / Yes
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density	Yes, No / Yes, Yes	National government support for community action (any)	No
Specific events / intoxicated persons / petrol stations	No / No / No	National monitoring system(s) (any)	No