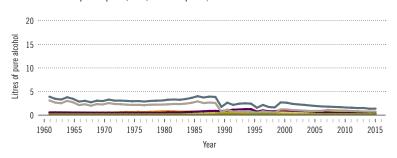
## Lebanon

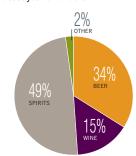
Total population (2016): 5 988 153 > Population aged 15 years and older (15+): 77% > Population in urban areas: 88% > Income group (World Bank): Upper-middle income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	20	10*	20	16*
Recorded	1.6 1.2		.2	
Unrecorded	0.5		0.4	
Total**	2.0		1.5	
Total males / females	3.6	0.4	2.7	0.3
WHO Eastern Mediterranean Region	0.6 0.6		.6	

 $<sup>^{\</sup>star}$  Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017;  $^{\star\star}$  adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

Beer

Wine Spirits Other All

	Litres
Males (15+)	29.6
Females (15+)	10.7
Both sexes (15+)	25.0

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	2.3	24.5	1.3	28.7
Females	0.2	6.8	0.1	7.9
Both sexes	1.2	20.2	0.7	23.5

<sup>\*</sup> Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	84.9	95.3	90.1
Former drinkers* (15+)	5.8	1.7	3.8
Abstainers (15+), past 12 months	90.8	97.0	93.9

 $<sup>^{\</sup>ast}$  Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR* AAF (%)		AAD** (Number)		
Liver cirrhosis, males / females	24.1	13.9	29.5	9.6	188
Road traffic injuries, males / females	38.1	9.6	4.8	3.3	50
Cancer, males / females	150.0	126.7	1.5	0.4	61

<sup>\*</sup>Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016 LEAST < 1 2 3 4 5 > MOST

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	15.8	7.4
Females	1.6	0.0
Both sexes	8.7	3.7
WHO Eastern Mediterranean Region	0.8	0.4

 $<sup>^{\</sup>star}$  12-month prevalence estimates (15+);  $^{\star\star}$  including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (—/2016) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	No, No / Yes, No No / Yes / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.00 / 0.00
Legally binding regulations on alcohol advertising / product placement (any)	No / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
Legally required health warning labels on alcohol advertisements / containers (any)	No / Yes
National government support for community action (any)	Yes
National monitoring system(s) (any)	No

 $<sup>\</sup>ensuremath{^{\star}}$  Based on alcohol-attributable years of life lost.