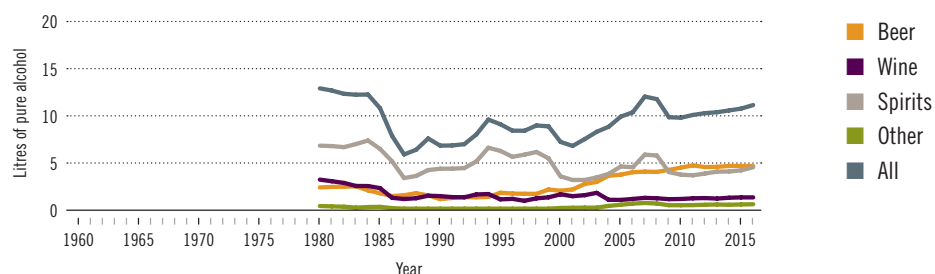


Latvia

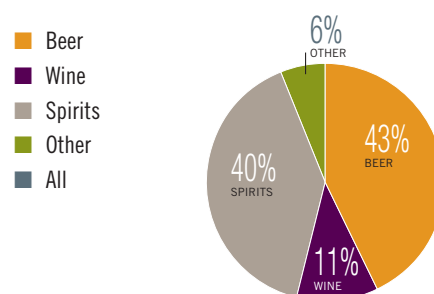
Total population (2016): 1 955 742 ► Population aged 15 years and older (15+): 85% ► Population in urban areas: 68% ► Income group (World Bank): High income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	9.9		11.1	
Unrecorded	1.8		1.9	
Total**	11.6		12.9	
Total males / females	19.6	5.1	21.7	5.7
WHO European Region	11.2		9.8	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	25.1
Females (15+)	8.6
Both sexes (15+)	17.2

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	66.2	76.5	65.7	84.5
Females	26.3	40.2	28.2	54.0
Both sexes	44.3	59.0	47.5	72.7

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	4.6	14.8	10.2
Former drinkers* (15+)	8.9	19.7	14.8
Abstainers (15+), past 12 months	13.5	34.5	25.0

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	28.0	13.0	51.9	64.4	232
Road traffic injuries, males / females	17.5	4.4	52.3	50.6	97
Cancer, males / females	292.2	142.8	9.3	3.7	398

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 **5** > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	28.8	19.4
Females	4.6	3.0
Both sexes	15.5	10.4
WHO European Region	8.8	3.7

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2005/2012) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density	Yes, No / Yes, No
Specific events / intoxicated persons / petrol stations	Yes / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.02 / 0.02
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	Yes / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes