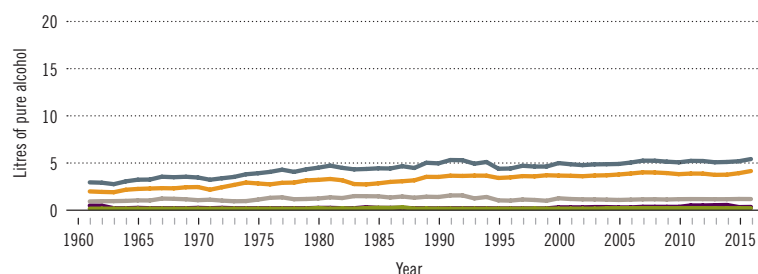


Mexico

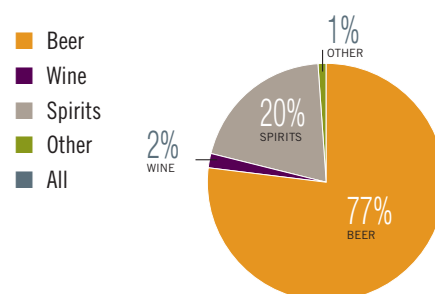
Total population (2016): 128 632 004 ► Population aged 15 years and older (15+): 73% ► Population in urban areas: 79% ► Income group (World Bank): Upper-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	5.2		5.4	
Unrecorded	1.8		1.4	
Total**	6.7		6.5	
Total males / females	11.3	2.2	11.1	2.1
WHO Region of the Americas	8.2		8.0	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	19.7
Females (15+)	7.1
Both sexes (15+)	15.3

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	30.6	54.2	23.8	59.8
Females	6.1	20.8	4.2	24.2
Both sexes	18.2	42.5	14.1	49.3

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	12.7	33.2	23.1
Former drinkers* (15+)	30.9	37.3	34.2
Abstainers (15+), past 12 months	43.6	70.6	57.3

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	53.0	17.1	64.4	38.1	16 192
Road traffic injuries, males / females	25.6	6.0	33.1	24.0	4 776
Cancer, males / females	101.6	92.3	4.5	1.8	2 511

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	4.3	2.3
Females	0.4	0.3
Both sexes	2.3	1.3
WHO Region of the Americas	8.2	4.1

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2007/2016) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	Subnational, No / Subnational, No / No / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	Subnational
Legally binding regulations on alcohol advertising / product placement (any)	Yes / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / No
Legally required health warning labels on alcohol advertisements / containers (any)	Yes / Yes
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes