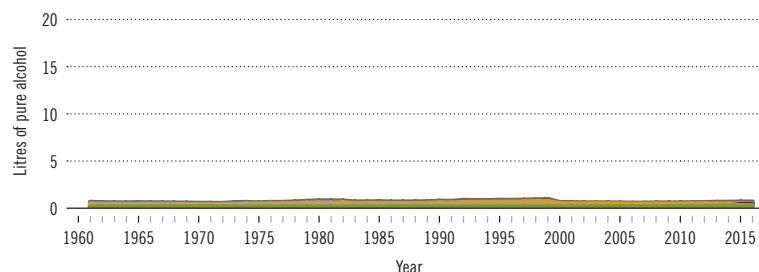


# Malaysia

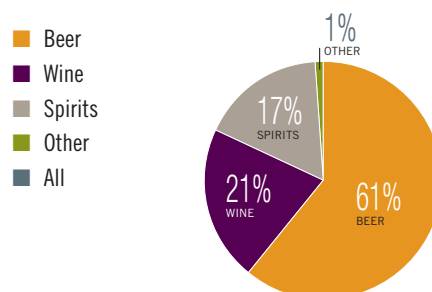
Total population (2016): 30 751 602 ▶ Population aged 15 years and older (15+): 76% ▶ Population in urban areas: 76% ▶ Income group (World Bank): Upper-middle income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	0.5		0.6	
Unrecorded	1.0		0.4	
<b>Total**</b>	<b>1.4</b>		<b>0.9</b>	
Total males / females	2.3	0.4	1.6	0.3
WHO Western Pacific Region	7.0		7.3	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	3.9
Females (15+)	1.4
Both sexes (15+)	3.1

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	16.3	39.6	11.4	44.4
Females	2.3	12.7	1.4	14.6
Both sexes	9.2	31.2	6.3	35.8

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	34.4	64.5	49.6
Former drinkers* (15+)	24.4	17.3	20.8
Abstainers (15+), past 12 months	58.8	81.8	70.4

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	18.1	8.7	16.8	16.2	411
Road traffic injuries, males / females	47.8	12.6	17.6	10.9	1 111
Cancer, males / females	139.2	119.8	2.2	0.6	355

\* Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 4 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	5.0	1.8
Females	1.0	0.4
Both sexes	3.0	1.1
WHO Western Pacific Region	4.7	2.3

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2006/2016) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	21 / 21 / 21
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	21 / 21 / 21
Restrictions on on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	Yes, <b>No</b> / Yes, Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / <b>No</b>
Legally required health warning labels on alcohol advertisements / containers (any)	<b>No / Yes</b>
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes