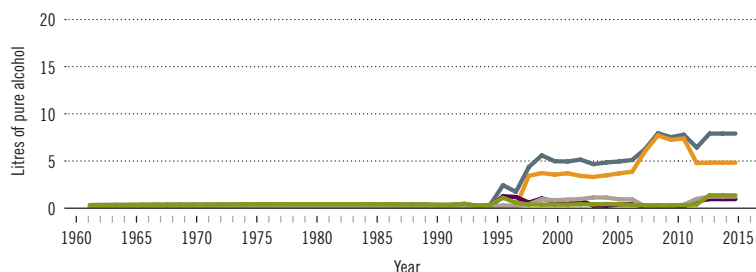


Namibia

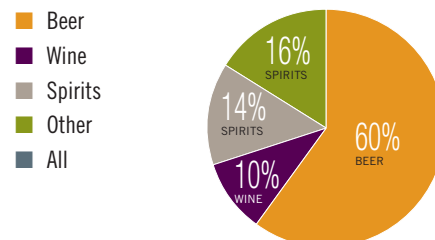
Total population (2016): 2 513 981 ▶ Population aged 15 years and older (15+): 63% ▶ Population in urban areas: 47% ▶ Income group (World Bank): Upper-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*	2016*
Recorded	7.7	7.8
Unrecorded	3.9	2.0
Total**	11.5	9.8
Total males / females	20.2 3.7	17.3 2.9
WHO African Region	6.3	6.3

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	40.9
Females (15+)	15.2
Both sexes (15+)	32.4

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	30.4	71.6	20.2	74.7
Females	6.8	35.5	4.0	38.7
Both sexes	18.1	59.7	12.1	64.7

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	38.9	68.4	54.3
Former drinkers* (15+)	18.7	12.5	15.4
Abstainers (15+), past 12 months	57.6	80.9	69.7

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	23.1	11.4	69.3	44.4	97
Road traffic injuries, males / females	53.3	18.7	34.2	25.1	197
Cancer, males / females	135.8	78.9	5.9	1.8	40

*Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 **5** > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	10.9	3.7
Females	2.1	0.8
Both sexes	6.3	2.2
WHO African Region	3.7	1.3

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement (any)	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers (any)	No / No
Restrictions for on-/off-premise sales of alcoholic beverages (any):		National government support for community action (any)	Yes
Hours, days / places, density	Yes, Yes / Yes, No	National monitoring system(s) (any)	Yes
Specific events / intoxicated persons / petrol stations	No / Yes / No		