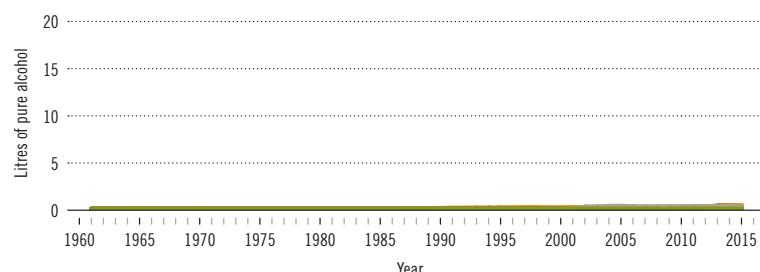


Nepal

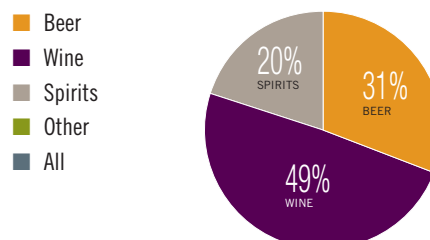
Total population (2016): 28 850 717 ► Population aged 15 years and older (15+): 68% ► Population in urban areas: 19% ► Income group (World Bank): Low income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	0.2		0.6	
Unrecorded	1.9		1.4	
Total**	2.1		2.0	
Total males / females	3.8	0.6	3.6	0.6
WHO South-East Asia Region	3.5		4.5	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	9.4
Females (15+)	3.5
Both sexes (15+)	7.4

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	17.9	46.8	12.7	51.7
Females	2.8	16.5	1.7	18.7
Both sexes	9.9	36.7	7.3	42.9

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	53.1	79.1	66.9
Former drinkers* (15+)	8.6	3.8	6.0
Abstainers (15+), past 12 months	61.6	82.9	72.9

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	39.9	15.3	31.7	20.7	1 229
Road traffic injuries, males / females	38.3	16.0	20.6	10.6	897
Cancer, males / females	107.6	105.0	3.2	0.4	295

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 **2** 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	3.1	1.2
Females	0.6	0.2
Both sexes	1.8	0.7
WHO South-East Asia Region	3.9	2.9

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	— / —
Excise tax on beer / wine / spirits	— / — / —
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	— / — / —
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	— / — / —
Restrictions on on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	—, — / —, —
Specific events / intoxicated persons / petrol stations	—, — / —, —

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	— / — / —
Legally binding regulations on alcohol advertising / product placement (any)	— / —
Legally binding regulations on alcohol sponsorship / sales promotion (any)	— / —
Legally required health warning labels on alcohol advertisements / containers (any)	— / —
National government support for community action (any)	—
National monitoring system(s) (any)	—