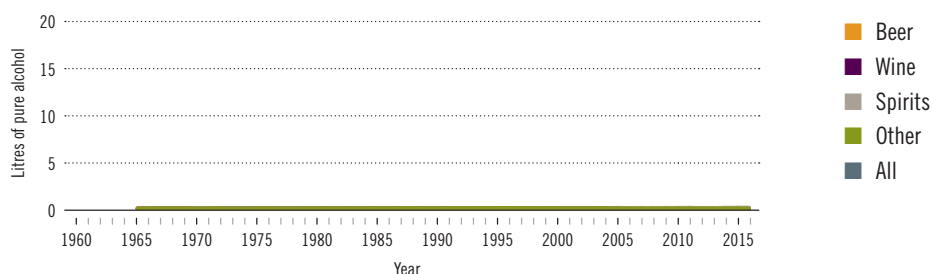


Pakistan

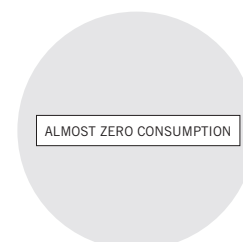
Total population (2016): 192 826 502 ► Population aged 15 years and older (15+): 65% ► Population in urban areas: 39% ► Income group (World Bank): Lower-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	0.0		0.0	
Unrecorded	0.1		0.3	
Total**	0.2		0.3	
Total males / females	0.3	0.0	0.5	0.1
WHO Eastern Mediterranean Region	0.6		0.6	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	30.5
Females (15+)	11.3
Both sexes (15+)	26.0

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	0.1	6.5	0.1	7.2
Females	0.0	1.5	0.0	1.6
Both sexes	0.1	5.3	0.0	5.9

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	94.7	98.4	96.5
Former drinkers* (15+)	3.5	1.0	2.3
Abstainers (15+), past 12 months	98.2	99.4	98.8

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	28.7	30.1	12.8	3.2	2 576
Road traffic injuries, males / females	25.4	12.7	1.0	0.7	268
Cancer, males / females	113.2	123.9	0.9	0.1	601

* Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	0.6	0.3
Females	0.1	0.1
Both sexes	0.4	0.2
WHO Eastern Mediterranean Region	0.8	0.4

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	Total ban
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	Total ban
Restrictions for on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	Yes, Yes / Yes, Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	Total ban
Legally binding regulations on alcohol advertising / product placement (any)	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	No
National monitoring system(s) (any)	No