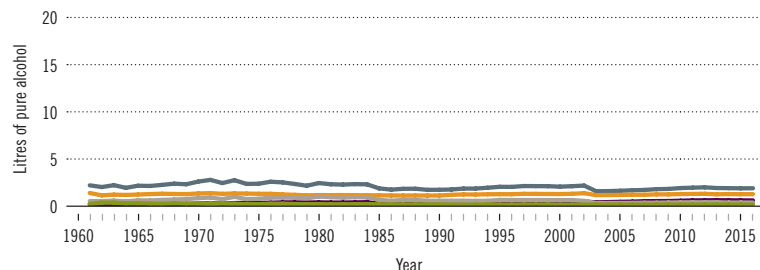


# Singapore

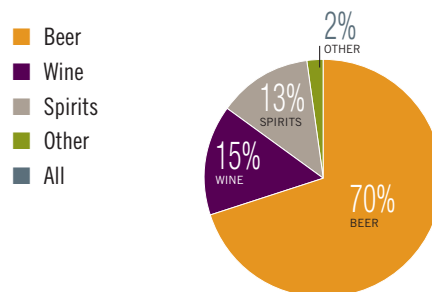
Total population (2016): 5 696 506 ▶ Population aged 15 years and older (15+): 85% ▶ Population in urban areas: 100% ▶ Income group (World Bank): High income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	1.8		1.8	
Unrecorded	0.5		0.3	
<b>Total**</b>	<b>2.2</b>		<b>2.0</b>	
Total males / females	3.6	0.9	3.3	0.8
WHO Western Pacific Region	7.0		7.3	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	4.0
Females (15+)	1.4
Both sexes (15+)	2.9

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	46.9	57.4	47.1	66.6
Females	13.8	23.5	12.9	30.0
Both sexes	30.0	42.9	30.4	53.2

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	3.1	10.2	6.7
Former drinkers* (15+)	15.2	31.0	23.2
Abstainers (15+), past 12 months	18.3	41.2	30.0

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	4.4	2.4	30.3	34.9	68
Road traffic injuries, males / females	6.1	1.5	39.8	30.6	72
Cancer, males / females	164.5	110.7	4.2	1.5	252

\* Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 4 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	1.7	0.7
Females	0.5	0.2
Both sexes	1.1	0.5
WHO Western Pacific Region	4.7	2.3

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2015/—) / No
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	Yes, Yes / Yes, Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement (any)	No / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	Yes