

WEBINAR **SERIES**



**Promoting
health throughout
the life-course
during the
COVID-19
pandemic**

**WEBINAR-7:
LONG-TERM CARE OF OLDER PEOPLE
DURING COVID-19**

**Residential and long-term care
facilities : Strategies to ensure
safety and dignity of older**



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Asia Pacific Regional Office**

Presentation overview

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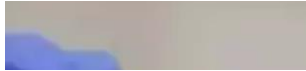
- 1) Background and key issues**
- 2) Infection control in COVID-19 context**
- 3) Dignity and equity**
- 4) Recommendations**



Global headlines: care homes and COVID-19

How Japan, which has the world's oldest population, has so far managed to keep its nursing homes safe during the pandemic

James Pasley Sep 1, 2020, 8:53 PM



- Japan, which has the oldest population in the world, has about 1 million people living in nursing homes, while the US has about 1.2 million, [Reuters](#) reported.

It's the
says o

By Emma Reyn

Updated 1415

WHO figures
aged 65 and
care homes,
of Economic

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Old age homes on high alert to prevent coronavirus spread

As Covid-19 continues to spread, facilities dedicated to taking care of the elderly are adopting strict measures.

expectation that the elderly will be looked after and not neglected, and because of this nursing homes are closely monitored.

THE KATHMANDU POST

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Concerns with COVID-19 and residential facilities

- High density of high-risk population
 - Co-morbidities
 - Advanced age
 - Dementia
- Need for close personal contact for many
- Staff ratios and sharing staff
- Weak quality management pre-COVID-19
- Violence, abuse and neglect concerns
 - Toileting, bed sores, restraints, use of sedatives
 - More obvious/intentional abuses

Residential and long-term care facilities in SEARO region

- Vast majority of people with care needs live at home (all income levels)
- Social welfare shelters vs. social care or integrated care
 - Government
 - Charities
 - For-profit
- Many unknowns
 - largely not registered, regulated or coordinated

COVID-19 and care homes

- Variable mortality stories
 - High percentage of cases/deaths in care homes in many N. American and European countries
 - Lower percentage of cases/mortality in Japan, Korea, Singapore
 - **Situation is less clear in LMICs** partly because of lack of regulation, reporting, coordination
 - Variability of spread of COVID-19 as well
- Forthcoming **HelpAge International report** analysing variable COVID-19 mortality among older people in Asia Pacific, by forms of long-term care (by end-November 2020)

Infection Prevention and Control guidance for Long-Term Care Facilities in the context of COVID-19

Interim guidance
21 March 2020



Preventing and managing COVID-19 across long-term care services

Policy brief

24 July 2020



COVID-19 Infection Prevention and Control

Preparedness Checklist for Long-Term Care Facilities



Guidance on COVID-19 for the care of older people and people living in long-term care facilities, other non-acute care facilities and home care

Updated 23 July 2020



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HelpAge International COVID-19 guidance

Principles of WASH in response to COVID-19



Access to safe water, hygiene and sanitation facilities plays a vital role in preventing the spread of the COVID-19 pandemic, particularly for older people and people with disabilities and/or chronic illnesses.

Psychosocial support for older people



Providing psychosocial support during the different phases of the crisis is very important and can help people cope better, including older people, their caregivers and their families.

Advice for Communities and Older People's Associations



Advice to community on how members and groups can understand and map their communities, measures they can take to support social engagement and avoid isolation, ensure older people have access to basic supplies and what to do if an older person is unwell.

Older People and COVID-19 in informal settlements



COVID-19 is likely to have a particularly significant direct and indirect impact on older people in poverty living in informal settlements – slums, shanty towns and favela communities.

Seven principles for a rights-based public health response to COVID-19



Here are seven principles you can use to assess whether public health measures being suggested or used respect the rights of older people.

Guidance and advice for carers at home



The information included here gives clear and accurate advice about what you can do to support those in your care, while also looking after yourself.

Caring for older people: Managing residential care



This animation aims to inform care home managers of the ways to ensure safety in residential homes.

Wondering how to help others from a distance?



This animation informs homecare volunteers and community leaders on measures that are needed to ensure continuity of care for older people during

Guidance and advice for older people



Information on what is COVID-19 and how it is spread, along with advice on what older people can do to reduce their risk of catching the virus, and what they should do if they need medical help or support.

Guidelines for care homes



While older people in care homes are particularly vulnerable to COVID-19, there are steps that can be taken to reduce their risk, and to ensure they are well cared for and supported.

End of life care at home



This guidance is focused on end of life care for someone with COVID-19 but much of the information is relevant for those caring for someone with other conditions.

Advice on administering pensions



Key messages to advocate for the effective inclusion of older people in preparedness planning and responses to COVID-19 in the context of pension payments.

Key Guidance on Collecting Pensions



This document provides key messages on how older people can safely collect pension payments during the COVID-19 pandemic.

Key sources for technical guidance on LTCF and COVID-19

- WHO
 - World Health Organization. (2020). Infection prevention and control guidance for long-term care facilities in the context of COVID-19: interim guidance, 21 March 2020. World Health Organization. <https://apps.who.int/iris/handle/10665/331508> WHO (23 July 2020).
 - World Health Organization. Regional Office for the Western Pacific. (2020). Guidance on COVID-19 for the care of older people and people living in long-term care facilities, other non-acute care facilities and home care. Manila : WHO Regional Office for the Western Pacific. <https://apps.who.int/iris/handle/10665/331913> World Health Organization. Regional Office for the Western Pacific. (2020). COVID-19 infection prevention and control : preparedness checklist for long-term care facilities. Manila : WHO Regional Office for the Western Pacific. <https://apps.who.int/iris/handle/10665/333847>
 - World Health Organization. (2020). Preventing and managing COVID-19 across long-term care services: policy brief, 24 July 2020. World Health Organization. <https://apps.who.int/iris/handle/10665/333074>
- HelpAge International
 - HelpAge International. COVID-19 Guidance. <https://www.helpage.org/what-we-do/coronavirus-covid19/covid19-guidance/>
- International Care Policy Network www.LTCcovid.org site
 - https://ltccovid.org/resources/?_resource_topics=residential-and-nursing-care-homes

Fig 1. Preventing transmission of infection (for COVID-19 and non-COVID-19) in long-term care facilities, non-acute care facilities and home care



Adapted from: Key principles of infection control and prevention in nursing homes for older people [in Japanese]. Tokyo: Ministry of Health, Labour and Welfare; 2019.²¹


Global headlines: care homes and COVID-19

19 senior citizens beaten up at old age home rescued by Delhi Commission for Woman

The DCW said of the 19 rescued most are speciallyabled and were being kept in a small cramped up room.



Published: 02nd August 2020 09:00 AM | Last Updated: 02nd August 2020 09:42 AM

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HEALTH

Coronavirus: 31 dead, elderly covered in feces at Dorval long-term care facility

By [Brittany Henriques](#) , [Mike De Souza](#) & [Dan Spector](#) • Global News

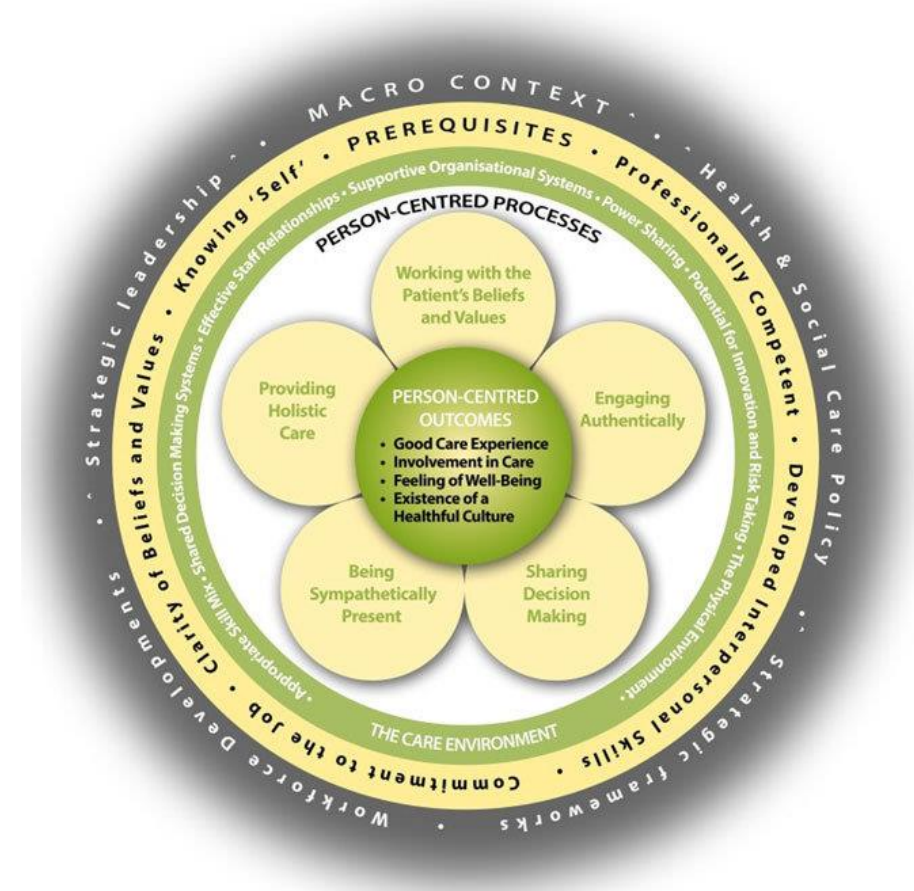
Posted April 11, 2020 12:55 pm · Updated April 12, 2020 8:36 pm

Dignity and equity

- Questions to consider for care homes:
 - Is care provided in ways that treat people with care needs with dignity and do not put them in undignified situations?
 - Are all residents involved in decisions regarding the home, including regarding protection against COVID-19?
 - Are all residents able to make choices and decisions according to their own will and preferences (with support if necessary)?
 - Is there accountability, transparency and complaints mechanism in place?
- Broader issues of dignity, non-discrimination and equity
 - What do we invest in and why? What are we willing and unwilling to allow?

Importance of shift to person-centred care

- Broadened focus from disease and death to wellbeing and dignity
- Shift from 'care recipient' to 'person with care support needs'
- Promotion of autonomy and independence



Recommendations

- Care homes
 - Infection control- yes, including older residents
 - Registration, regulation and quality management of residential old-age homes and long-term care facilities
 - Clearer purpose, remit and scope for different types of homes
 - Reforms towards person-centered and integrated care
- National LTC systems
 - Prioritization and investment of governments to develop integrated, comprehensive, universal, person-centered long-term care services and systems (AAAQ)
 - Oriented to support for ageing in place (support services, financial assistance, assistive devices and technologies, support for informal carers, development/extension of home and community-based care services)

A photograph of two elderly women sitting on a couch. The woman on the left is crying, with her face wet with tears, while the woman on the right is smiling warmly and has her hand on the first woman's shoulder. They are in a room with a window in the background.

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Thank you

For more details: www.helpage.org