WEBINAR SERIES



Promoting health throughout the life-course during the COVID-19 pandemic

19 Aug	COVID-19 in children
26 Aug	Promoting Healthy Ageing in the COVID-19 era
02 Sep	Impact of pandemic and lockdown on adolescent health and wellbeing
09 Sep	Clinical management of COVID-19 during pregnancy
16 Sep	Task-sharing to maintain sexual and reproductive health services during COVID-19
23 Sep	COVID-19 pandemic — Challenges and opportunities for adolescent health
30 Sep	Long-term care of older people during COVID-19
07 Oct	Promoting well-being of children and adolescents during the pandemic
14 Oct	Situation of availability of medical abortion services in the Region and updates during the pandemic
21 Oct	Managing access to essential health services to older people during the COVID-19 pandemic
28 Oct	Improving access to abortion and post abortion services to save lives during COVID-19



Topic

Dates



Promoting well-being of children and adolescents during the pandemic

Wednesday, 7 October 2020, 13:00 hrs IST

The eighth webinar in the WHO-SEARO series is on health and wellbeing of children and adolescents during the pandemic and is focusing on their physical and mental health. The role of engaging with adolescents and young people in the COVID-19 pandemic will be discussed.

Key discussion points:

- Ensuring mental and psycho-social wellbeing: Dr Nazneen Anwar
- Promoting a healthy diet and physical activity: Dr Angela de Silva
- Engaging with adolescents and youth for their well-being: Ms Aditi Mukherji

Webinar Series Coordinators



Dr Neena Raina
Senior Adviser
Reproductive, Maternal, Newborn, Child
& Adolescent Health and Ageing (MCA)
WHO, Regional Office for South-East Asia,
New Delhi



Prof Dileep Mavalankar
Director
Indian Institute of Public Health Gandhinagar

Moderator



Dr Rajesh Mehta
Regional Adviser
Child and Adolescent Health
WHO, Regional Office for South-East Asia,
New Delhi

Panelists



Dr Nazneen AnwarRegional Adviser
Mental Health and Substance Dependence
WHO, Regional Office for South-East Asia,
New Delhi



Dr Angela de SilvaRegional Adviser
Nutrition and Health for Development
WHO, Regional Office for South-East Asia,
New Delhi



Ms Aditi Mukherji
Policy Engagement Coordinator
The YP Foundation

