

REHABILITATION IN HEALTH SYSTEMS: GUIDE FOR ACTION

Phase 1. STARS

ASSESS THE SITUATION

- Follow the four steps of the **Systematic Assessment of Rehabilitation Situation (STARS)** to undertake a comprehensive situation assessment
- Use the **Template for Rehabilitation Information Collection (TRIC)** within STARS to direct collection of data and information
- Use the **Rehabilitation Maturity Model (RMM)** within STARS to structure the assessment and its findings
- Produce a high-quality situation assessment report

Phase 2. GRASP

DEVELOP A REHABILITATION STRATEGIC PLAN

- Follow the four steps of the **Guidance for Rehabilitation Strategic Planning (GRASP)** to undertake a strategic planning process
- Produce a high-quality strategic plan

Phase 3. FRAME

ESTABLISH MONITORING, EVALUATION, AND REVIEW PROCESSES

- Follow the two steps of the **Framework for Rehabilitation Monitoring and Evaluation (FRAME)** to establish a monitoring framework for the strategic plan and an evaluation and review process
- Use the **Rehabilitation Indicator Menu (RIM)** to guide selection of indicators, then identify baselines and targets

Phase 4. ACTOR

IMPLEMENT THE STRATEGIC PLAN

- Follow the two steps of the **Action on Rehabilitation (ACTOR)** guidance to establish the recurring implementation cycle
- Build capacity of rehabilitation governance and leadership to improve implementation of the rehabilitation strategic plan over time

