WHO- Third Global School on Refugee and Migrant Health
Capacity-building: human resources for refugee and migrant health

DAY 2
Programme: 29 November 2022, 16:00 – 17:30 Dhaka time

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• The issue of **Refugee and Migrant’s Health** is part of my Biography as from 6 months old my parents were forced move to Tanzania as Refugees for 13 years.

• I have been living & working as a Migrant Woman for 38 years in Germany
MAISHA e.V.
AFRICAN WOMEN IN GERMANY

Maisha is a Migrant women organisation and Our particular concerns over the years has been the health welfare of women and their children.

• Maisha was founded in Germany over 25yrs. ago by African migrant women who felt that they needed to represent and participate in Health and Public life issues.

• In 2001 we proposed a health project which got accepted and Funded by the Frankfurt Health Department and other Departments of the City of Municipality.

• 2001 Maisha Organisation & Frankfurt Health Department started offering Health Services for Refugee & Migrant Women.
African Health consulting hours (Thurdays)

2007
2. Extended to East Europeans from Romania and Bulgaria

2009
Changed to International Humanitarian Health Consulting hours (Mondays & Thursdays)
WHY HEALTH?

THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

• Health is the foundation for all of us and our families. If we are healthy, then we can focus on other things to build our lives and contribute to our societies.

• However, because of our employment laws, economic benefits are difficult to come by for many Refugees and Migrant Women, so we decided to form a catering group which gives opportunities for our women to cater for different groups who needs African cooking.
HUMANITARIAN CONSULTATION
WITH HEALTH DEPARTMENT
FRANKFURT AM MAIN

Mondays 9:00 am - 1:00 pm
Thursdays 9:00 am - 12:30 pm

Make an appointment via Maisha e.V. on

069 904 34 905 / 0171 173 41 29
maisha-african-women@gmx.de
Zeil 5, 2.OG, Frankfurt/ M
WORKSHOPS AND COURSES

• This is not enough to keep them out of a shadowy existence, so we are now launching an on-line shop where among other things, we can sell hand-made products from Refugee & Migrant women to help them financially.

• As a way of relieving their stress we offer workshops and courses in Handwork, Yoga, German Classes and Dance Singing classes for Refugees and Migrant Women.
FITNESS FOR WOMEN

NUR MIT ANMELDUNG
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Maisha e.V.
African Women in Germany
Afrikanische Frauen in Deutschland
MAISHA HEALTH PROJECTS

• We have undertaken various health research projects with Robert Koch Institute and many others to provide health education to African Communities on Health issues and information on Sexually transmitted diseases and since 2020 on COVID-19.

• Currently we are seeking to get many more of our members of the Sub-Saharan African (SSA) communities tested for STIs.

• This is also supported by the Frankfurt Health Authority financially and medically.

• This is important for us because we do believe that good sexual health among SSA Communities, benefits the entire Frankfurt community, as sexual relationships know no bôrd.
MAISHA HEALTH PROJECTS
Goals
- Determine prevention needs of migrants from sub Saharan-Africa (MISSA) with regard to HIV, Hepatitis and other sexually transmitted infections (STI)
- Develop practical recommendations, prevention messages and measures for culturally sensitive interventions at the local and national level
- Sensitize MISSA for topics on HIV, Hepatitis and STI as well as other selected aspects of sexual health
- Assess the uptake of existing testing services for HIV, Hepatitis and STI
- Facilitate and strengthen local cooperation of partners and networks for a sustainable improvement of prevention services for MISSA

Study Design
- Knowledge and Behavioural Survey on HIV, Hepatitis and STI in cooperation with local partners
- Provision of relevant health information through the study: provision of knowledge through presentation of true statements
- Outreach recruitment through trained peer researchers; collective interpretation of results with them
- Optional referral of anonymous and free HIV / STI testing services on the ground
- Questionnaire administration: self or interview, data entry and analysis at RKI

Study Coordination – locally
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Study Coordination – at RKI
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Funding
This study is funded from the 01.08.2014 to 31.12.2016 by the Federal Ministry of Health.
You find on our homepage

INFORMATION AND AWARENESS-RAISING ON COVID-19

Model projekt for afrikan Migrant in Germany

MYTHS AND FACTS BOOKLET ABOUT COVID-19

INFORMATION AND AWARENESS-RAISING ON COVID-19 MODEL PROJECT FOR AFRICAN MIGRANTS IN GERMANY
Maisha e.V.

COVID-19 VACCINATION

ONLY WITH REGISTRATION

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www.maisha.org www.facebook.com/Maisha.e.V. @maisha.ev
MAISHA e.V.
Counselling Center for African Women in Germany

PREGNANCY PROGRAM

Our Services are free of charge and confidential

MAISHA e.V.
Counselling Center for African Women in Germany

ASYLUM & MIGRATION MATTERS

Our Services are free of charge and confidential
THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Dependence on husband or Employer for staying permit can cause Mental health problems, especially when the marriage is abusive, or the job conditions are Exploitive
- Pressure for not succeeding
- Living in Fear of deportation, being found out,
- Life threatening situation
- Orientation- and luck of Perspective in the new country
- Helplessness
- Identity and feeling uprooted from who you are
- Rejection
THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Fear
- Lack of health insurance
- Lack of information
- Lack of language and translator
- Misunderstanding due to medical professional language
- Lack of cultural understanding
- Lack of sexual, health and reproductive rights
THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Violence against migrant women has an impact on their health and are in many cases not reported, as well as not treated
- Lack of cultural sensitivity
- Social discrimination & Stereotypes
RECOMENDATIONS

• Political willingness in offering medical services for Refugee and Migrant Women.

• States should take appropriate measures to eliminate discrimination against women in the field of health care.

• Ensure equality of men and women in access to health care services-& issues related to family planning and Pregnancy.

• Grant free services where necessary, as well as adequate nutrition during pregnancy
RECOMMENDATIONS

• Ensure that there are an adequate number of functioning health care facilities, services and programmes related to maternal health care

• Well trained health providers throughout the country.

• Maternal health care services must be accessible to Refugee and Migrant Women without discrimination, both in law and in practice.

• Maternity health facilities, information, and services must respect principles of confidentiality and informed consent.
RECOMMENDATIONS

• Culturally appropriate, and take into account the interests and needs of Refugee and Migrant Women.

• Independent legal status

• Clear and simple procedure for acquiring permanent status and legalization in the country of residence

• Full access to basic rights including Health

• Development of cultural sensitiveness when providing services to Refugee and Migrant Women
THANKS FOR YOUR ATTENTION!

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African Women in Germany

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