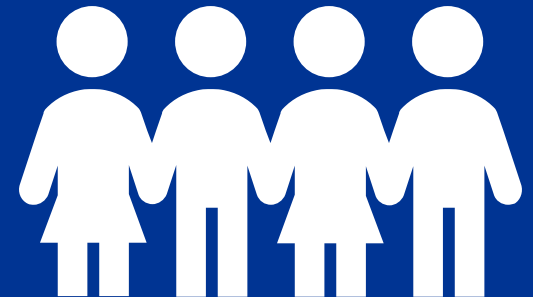
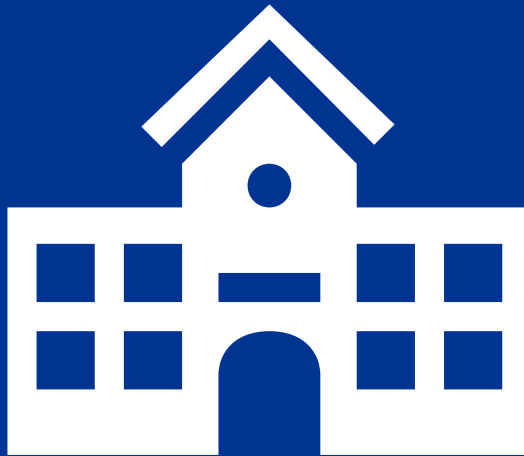
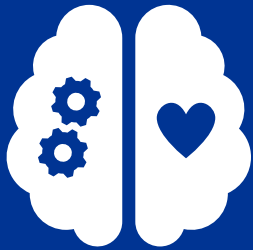
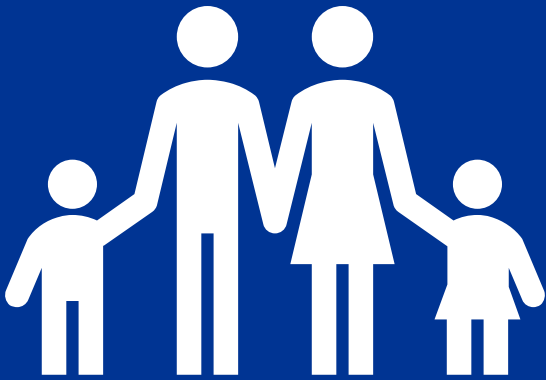


# **Supportive Care for Children and Young Persons with COVID-19**

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Professor of PM&R and Pediatrics  
University of Pittsburgh

# Goals of the Presentation

- Consider the needs of child in the context of their lives



# The COVID-19 Pandemic is:

A word cloud on a white background with a blue border. The words are of various sizes and colors (purple, orange, green, blue). The largest word is 'stressful' in purple. Other large words include 'scary' in purple, 'stupid' in purple, 'deadly' in blue, and 'sad' in green. Smaller words include 'anxiety-producing' (orange), 'interesting' (green), 'overblown' (orange), 'ongoing' (orange), 'fascinating' (orange), 'never-ending' (orange), 'limiting' (blue), and 'political' (blue).

anxiety-producing  
interesting  
sad  
deadly  
stressful  
overblown  
ongoing  
fascinating  
stupid  
political  
scary  
never-ending  
limiting

# What has happened to children

- Disrupted education



- Disrupted social experiences



- Lost loved ones



- Economic hardship



- Exposed to adults' fear, anxiety, concern, anger, frustration...

- Internalization of those feelings

# At least 5.2 million children globally lost a caregiver between March 2020- Oct 2021

THE LANCET  
Child & Adolescent Health

Lo

ARTICLES | [VOLUME 6, ISSUE 4, P249-259, APRIL 01, 2022](#)

## Global, regional, and national minimum estimates of children affected by COVID-19-associated orphanhood and caregiver death, by age and family circumstance up to Oct 31, 2021: an updated modelling study

[H Juliette T Unwin, PhD](#) \* • [Susan Hillis, PhD](#)  \*  • [Prof Lucie Cluver, PhD](#) • [Seth Flaxman, PhD](#) • [Philip S Goldman, MA](#) • [Alexander Butchart, PhD](#) • et al. [Show all authors](#) • [Show footnotes](#)

[Open Access](#) • Published: February 24, 2022 • DOI: [https://doi.org/10.1016/S2352-4642\(22\)00005-0](https://doi.org/10.1016/S2352-4642(22)00005-0) •



# What a child might feel when they have COVID

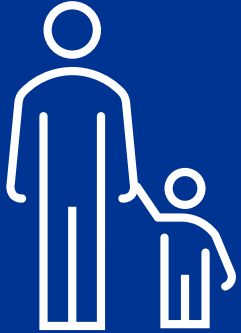


# Supportive Care Requires



**A  
TEAM!**

# Potential Team Members



Family  
Members



Educators



Health Care  
Professionals

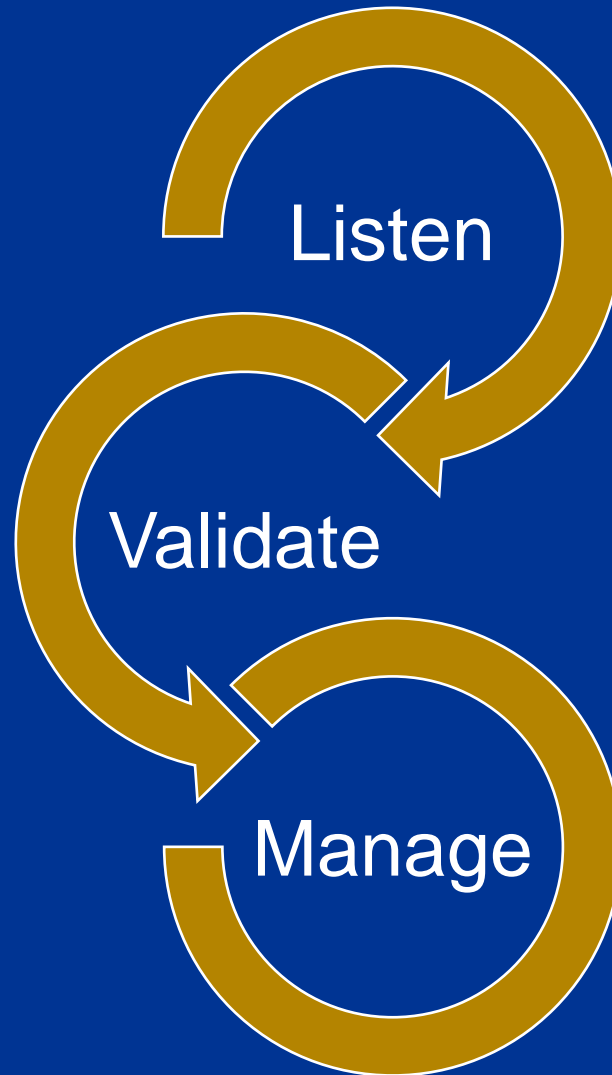


# Recognizing the signs of distress



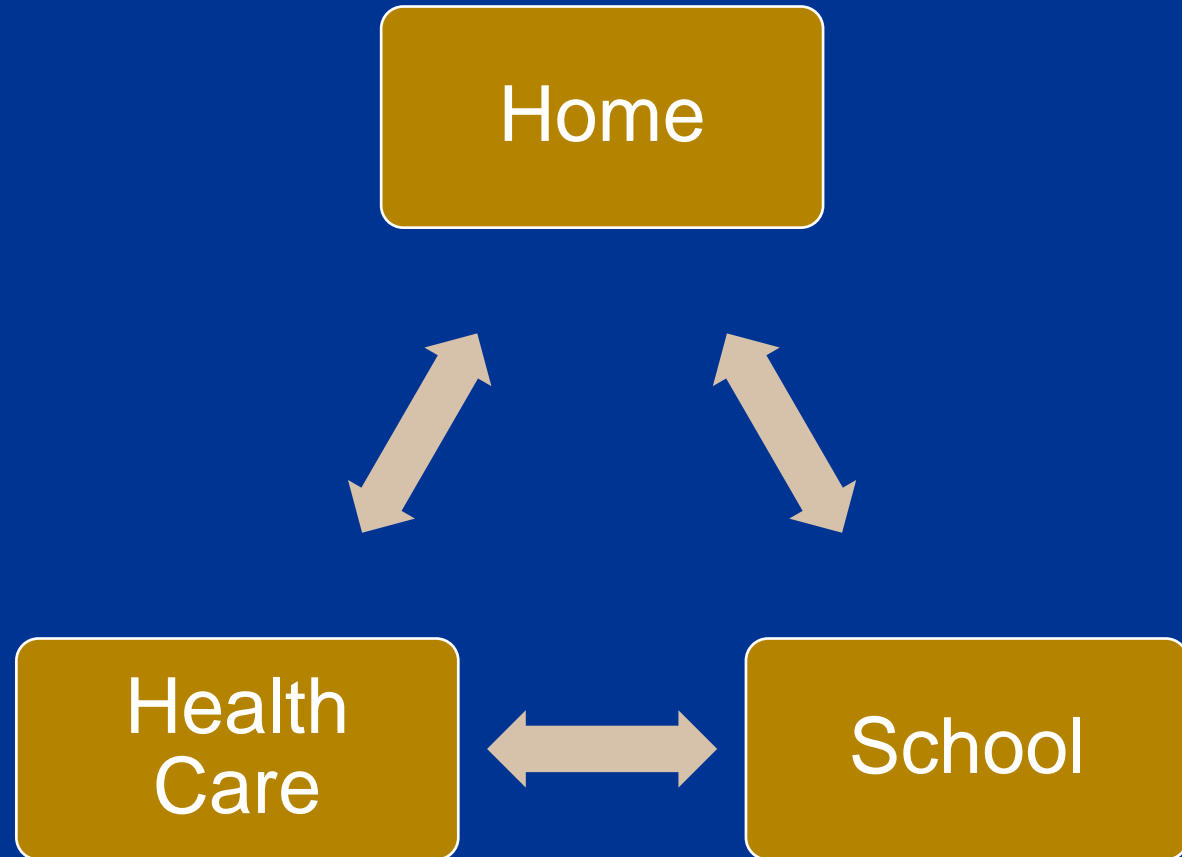
- Poor Sleep
- Irritability
- Clinginess
- Agitation
- Lack of interest
- Emotional lability
- Substance use

# Initial Steps in Supporting Children

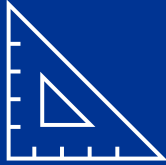


# Working Together

- Stabilize the environment
- Communicate
- Referral to school counselor
- Referral to a mental health professional
- Enrichment



# Building Resilience



Competence

Confidence

Connection

Character

Contribution

Coping

Control