



WHO online consultation in response to the COVID-19 pandemic:

**Planning for rapid dissemination
and implementation of the WHO
Consolidated Guideline on Self-Care
Interventions to strengthen sexual
and reproductive health and rights
in the African Region**

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Consolidated Guideline on Self-Care Interventions to strengthen
sexual and reproductive health and rights in the African Region

18 June 2020: 09:00–13:00 GMT

Meeting Report



**World Health
Organization**



**World Health
Organization**

REGIONAL OFFICE FOR **Africa**

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ACRONYMS AND ABBREVIATIONS

AGYW	adolescent girls and young women
ANC	antenatal care
CCMDD	centralised chronic medicines dispensing and distribution
COVID-19	Coronavirus disease 2019
CTOP	choice on termination of pregnancy
DMPA-SC	depot-medroxyprogesterone acetate subcutaneous
EC	emergency contraception
FMOH	Federal Ministry of Health
FP	family planning
HIV	human immunodeficiency virus
HIVST	HIV self-testing
HPV	human papilloma virus
HPVSS	HPV self-sampling
HTS	HIV testing service
IUD	intra-uterine device
M&E	monitoring and evaluation
MOH	Ministry of Health
MSM	men who have sex with men
OTC	over the counter
PHC	primary health care
PNC	postnatal care
PPMV	proprietary patent medicine vendor
RMH	[WHO Department of] Reproductive and Maternal Health
RMNCAYH-N	reproductive maternal newborn child adolescent and youth health and nutrition
SC	self care
SRHR	sexual and reproductive health and rights
SRH	[WHO Department of] Sexual and Reproductive Health
STAR	Self-Testing AfRica initiative
UHC	universal health coverage
WHO/AFRO	WHO Regional Office for Africa
WHO/HQ	WHO Headquarters

EXECUTIVE SUMMARY

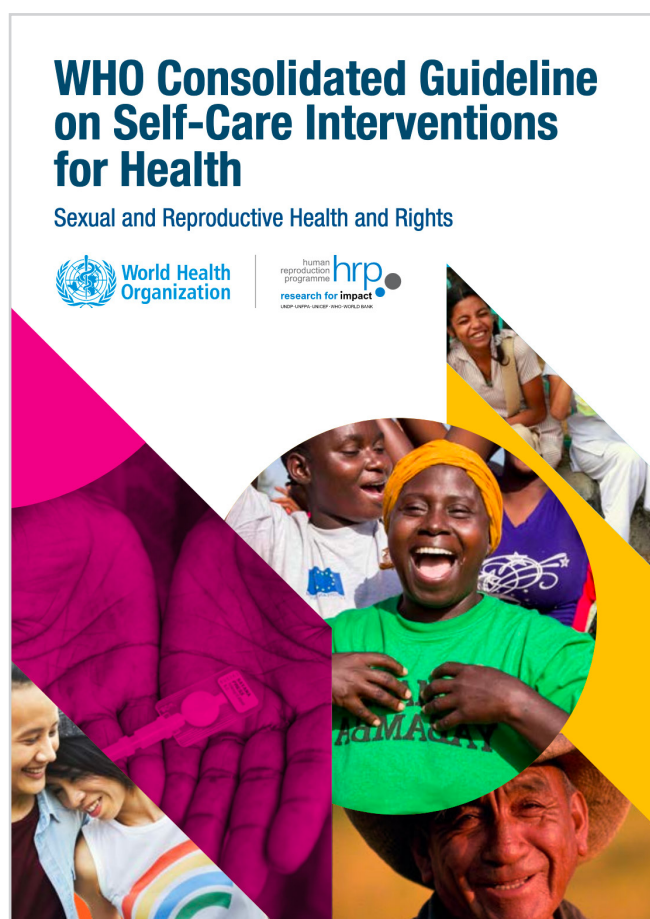
“Self-care interventions enable more people to obtain the health services they need during the pandemic, when and where they need them. It’s our collective responsibility to ensure these interventions are available and accessible to all people who need them.”

– Dr Tedros Adhanom Ghebreyesus, WHO Director-General

The World Health Organization (WHO) published the first *Consolidated Guideline on Self-Care Interventions for Health: Sexual and Reproductive Health and Rights* (SRHR). This “living” guideline has been disseminated and adopted in the African Region through a series of regional and national workshops. The need for self-care interventions is accentuated by the COVID-19 global pandemic, which has had an impact on access to and provision of essential sexual and reproductive health (SRH) services. WHO Regional Office for Africa (WHO/AFRO), Headquarters (WHO/HQ) and the UNDP/UNFPA/UNICEF/WHO/World Bank Special Programme of Research, Development and Research Training in Human Reproduction (HRP) will hold a series of virtual consultations to convene national and regional stakeholders in the African Region to discuss opportunities and challenges for rapid introduction, scale-up of recommendations and good practices in the implementation of the WHO *Consolidated Guideline on Self-Care Interventions for Health, Sexual and Reproductive Health and Rights* for current and post-COVID-19 contexts.

The first phase of the virtual consultations took place on 18 June 2020 from 9:00 to 13:00 GMT via Zoom webinar platform. A total of 294 unique participants (from Ministries of Health, UN organizations, and other key stakeholders) from 52 countries participated. The goal of the consultation was to promote self-care interventions for SRHR to respond to immediate needs during and post the COVID-19 pandemic and promote sustainable universal health coverage (UHC) in the African Region. This consultation had simultaneous translation in French and Portuguese to facilitate engagement from all participants.

Following an overview of the WHO guideline on self-care interventions, selected countries in the region shared their experiences and best practices. Following active and engaged discussions, next steps were agreed upon and recommendations were proposed for countries, WHO, and other partners for the rapid implementation of these innovative and essential approaches to supporting individuals and health systems in advancing SRHR.



WHO Consolidated Guideline on Self-Care Interventions for Health: Sexual and Reproductive Health and Rights

I. INTRODUCTION

Self care is the ability of individuals, families and communities to promote health, prevent disease, maintain health, and cope with illness and disability with or without the support of a health-care provider. The scope of self care includes health promotion; disease prevention and control; self-medication; providing care to dependent persons; seeking hospital/specialist/primary care if necessary; and rehabilitation, including palliative care. Self-care interventions have the potential to increase choice, when they are accessible and affordable, and they can also provide more opportunities for individuals to make informed decisions regarding their health and health care.

Self-care interventions have the potential to contribute to all aspects of WHO's strategic priorities and Triple Billion goals stemming from the 13th General Programme of Work (GPW13):

1. Advancing universal health coverage: 1 billion more people benefitting from universal health coverage;
2. Promoting healthier populations: 1 billion more people enjoying better health and well-being; and
3. Addressing health emergencies: 1 billion more people better protected from health emergencies.

Self-care interventions play an important role in the context of the COVID-19 pandemic. Since the start of the COVID-19 outbreak, there has been an unprecedented demand on

individuals and communities to contribute to reduce the transmission of the virus, reduce mortality and morbidities, and protect their own health through a range of actions from washing hands, physical distancing, and managing mild symptoms (for COVID-19 and other conditions), which has placed self-care interventions at the forefront of essential measures to be implemented.

WHO Regional Office for Africa, WHO Headquarters, and HRP, coordinated efforts on adopting the 2019 WHO *Consolidated Guideline on Self-Care Interventions for Health: Sexual and Reproductive Health and Rights* in the Region during several regional and national workshops (Cotonou, November 2019; Grand-Bassam, December 2019; Senegal and Nigeria, January–March 2020).

A series of virtual consultations are planned to convene national and regional stakeholders in the African Region to discuss the opportunities and challenges of implementing the WHO *Consolidated Guideline on Self-Care Interventions for Health: Sexual and Reproductive Health and Rights* for both the current COVID-19 context and post-pandemic. Additionally, these consultations will facilitate the development of a series of case studies to inform WHO's global implementation guidance on self-care interventions.

This report summarizes the proceedings, key outcomes and recommendations of the first phase of the virtual consultations.

II. OBJECTIVES AND EXPECTED RESULTS

Overall objective

To promote self-care interventions for SRHR to respond to immediate needs during and post the COVID-19 pandemic and promote sustainable universal health coverage in the African Region.

Specific Objectives

1. Share the key messages and recommendations of the 2019 WHO *Consolidated Guideline on Self-Care Interventions for Health: Sexual and Reproductive Health and Rights* and need for rapid implementation to respond to COVID-19;
2. Discuss approaches and tools to influence timely policy and regulatory change to support rapid introduction and scale-up of self-care interventions for sexual and reproductive health and rights at country level;
3. Engage stakeholders regarding advocacy, legislation, accountability and budget allocation to promote rapid implementation of self-care interventions for sexual and reproductive health and rights;
4. Agree on developing country case studies to document and inform development of WHO's global implementation guidance.

III. PARTICIPANTS

A total of 294 unique participants from 52 countries (36 countries in the WHO African Region) participated. As some groups were connected in the same location, the actual number of participants is estimated to be 320+ representing

Ministries of Health, UN agencies (UNFPA, UNECA, UNICEF, UNITAR, IOM), key national, regional and global stakeholders. The full list of participants can be found in Annex 3.

IV. METHODOLOGY

The meeting was carried out virtually as a webinar using Zoom video webinar platform. The meeting was conducted in English. Simultaneous interpretation was available for English, French, and Portuguese.

V. PROCEEDINGS

SESSION 1: Opening session

Opening remarks

*Dr Assumpta Muriithi (Team Lead, RMH, WHO/AFRO),
Dr Lale Say (Unit Head, SRH, WHO/HQ)*

Both welcomed the participants, highlighted the importance of the self-care interventions, particularly during the COVID-19 pandemic, as an approach to maintain the continuity of essential SRHR services. They called for active engagement in the discussions.

Objectives

Dr Léopold Ouédraogo (Regional Advisor, SRH, WHO/AFRO)

Dr Ouédraogo presented the overall objective and specific objectives of the meeting.

SESSION 2: Brief overview of the WHO guideline on self-care interventions Dr Manjulaa Narasimhan (Scientist, SRH, WHO/HQ)

- Definitions of self care and self-care interventions
- Relevance to WHO's strategic objectives towards reaching the Triple Billion goals
 - Supports current global initiatives to advance PHC and UHC
- Framework and key principles
 - The framework puts people at the centre – taking a people-centred approach, with key principles of human rights, gender equality, as well as a life-course, ethical and holistic approach to health.
 - It is about meeting the needs and rights of individuals in an integrated manner versus taking a disease perspective.
 - Accessing self-care interventions occurs in many spaces outside of the formal health sector, e.g. through digital technologies and pharmacies.
- There are many more ways now that people are accessing these services.
- It is about providing people with additional choices and services to meet their needs.
- Characteristics of an enabling environment
 - Providing a safe and supportive enabling environment is essential, particularly for vulnerable populations who may face stigma, discrimination or violence when accessing formal health care.
 - Self-care interventions should not place further burden on individuals, and the accountability of, and linkages with the health sector needs to be maintained.
- Guidelines include 24 recommendations for sexual and reproductive health and rights (SRHR): <https://www.who.int/reproductivehealth/self-care-interventions/en/>



*Narasimhan Manjulaa,
Allotey Pascale,
Hardon Anita. Self care
interventions to advance
health and wellbeing: a
conceptual framework to
inform normative guidance
BMJ 2019; 365: I688*



*PowerPoint
presentation
on self-care
interventions
for health*

SESSION 3: Self-care interventions for sexual and reproductive health and rights

Overview of selected WHO recommendations

Dr Léopold Ouédraogo (Regional Advisor, SRH, WHO/AFRO)

- Self-administration of DMPA-SC
 - Self-administration of DMPA-SC flyer: <https://apps.who.int/iris/bitstream/handle/10665/332332/WHO-SRH-20.9-eng.pdf>
- Over the counter (OTC) oral contraceptive pills
- HPV self-sampling
 - HPV self-sampling flyer: <https://apps.who.int/iris/bitstream/handle/10665/332333/WHO-SRH-20.12-eng.pdf>
- Self-management of medical abortion
 - Self-management of medical abortion flyer: <https://apps.who.int/iris/bitstream/handle/10665/332334/WHO-SRH-20.11-eng.pdf>
- HIV self-testing
 - Self-collection of samples for STIs flyer: <https://apps.who.int/iris/bitstream/handle/10665/332335/WHO-SRH-20.10-eng.pdf>
- Self-care interventions social media tiles: <https://www.who.int/reproductivehealth/publications/self-care-infographics/en/>
- Good practice statement: self care in humanitarian settings
 - Provision of tailored and timely support for self-care interventions, including for SRHR, in humanitarian settings should be in accordance with international guidance, form part of emergency preparedness plans and be provided as part of ongoing responses.

Country presentations

Nigeria

Dr Muyiwa Ojo (NPO MSRH, WHO Nigeria)

- Background
 - Need for scale-up of FP in Nigeria
 - Contraceptive prevalence rate is 17% (in 2018)
 - Total fertility rate: 5.3
 - Private sector is the first point of call for most people seeking care in Nigeria
- Source of modern contraceptive methods (2018)
 - Public sector: female sterilization, IUDs, and injectables
 - Private sector: male condoms, emergency contraception and pills
 - Most male condoms and emergency contraception (EC) are sourced from Proprietary Patent Medicine Vendors (not pharmacies, not run by pharmacists).
- Community provision of FP services, approaches include:
 - Social marketing: using marketing techniques to achieve behavioural change coupled with marketing contraceptives available through private sector outlets
 - Social franchising: the provision of contraceptives in “branded” private facilities designed to expand the market for contraceptives with high-quality, cost-effective and equitable services that reach a range of population groups
 - Drug shops and pharmacies: community pharmacies and drug stores owned by Proprietary Patent Medicine Vendors (PPMVs)
 - Online sale of condoms and other contraceptives

Flyers on SRHR self-care interventions



- Regulation of OTC contraceptives
 - o Institutions: National Agency for Food and Drugs Administration and Control, Department of Food and Drugs – FMOH, Pharmacy Council of Nigeria
 - o Policies and regulations
 - o Essential medicine list
 - o National drug policy
 - o National standard treatment guidelines: drugs and those who can prescribe or dispense
 - o Task shifting/sharing policies
 - PPMVs role in contraceptives and other services was highlighted
 - Community health workers provide contraceptives
 - o Trainings and capacity building
- Challenges
 - o Not well regulated, a new law awaiting assent to correct this
 - o No clear M&E for availability of contraceptives through PPMVs and community pharmacies
 - o No structured framework for monitoring quality of FP services on these platforms
- Self-care interventions in Nigeria
 - o A lot of interest in self-care interventions in Nigeria, which has been made even more important with COVID-19
 - o In Jan 2020 the FMOH set up a sub-working group on self care
 - o Policy dialogue meeting held on 30 January 2020 with key stakeholders
 - Advocacy roadmap developed for implementation of self-care interventions
 - Decision to adapt WHO guideline on self care
 - o Landscape analysis, some new self-care interventions in Nigeria
 - HIV self-testing: guideline developed and implemented
 - DMPA-SC self-injection: guideline developed and being implemented
 - HPV self-sample collection: pilot studies
 - Other existing: pregnancy test kits, oral contraceptives, EC pills
 - o Adaptation of WHO recommendations on self-care interventions for SRHR interventions, efforts ongoing
- Extension of the intervention – DMPA-SC
 - o Capacity strengthening
 - o Recruitment of women from several districts
 - o Still under implementation process
 - o Strong political commitment – 2016–2020
 - o Implementation of special family planning days
- Activities to support implementation
 - o Commitment to family planning
 - o Implementation of DMPA-SC at a private level
 - o Review of policies
 - o Acknowledgement of the frontline healthcare workers
- Lessons
 - o Community-based health workers
 - o Self-injection will help empower women
 - o Involvement of several organizations
- Challenges and perspectives
 - o Family planning is free in Burkina Faso
 - o New FP plan 2021–2025
- Opportunities
 - o FP is a priority
 - o Strengthen advocacy for funding, the intervention and for frontline and community-based health workers

South Africa

Dr Thato Chidarikire (Director of HIV Prevention Strategies, National Department of Health)

- Country progress on 90-90-90 – population, males, females, and children under 15
- HIVST – refer to it in HIV self-testing as it does not provide a definitive diagnosis and that patients may need to go to a health provider to confirm a diagnosis
- Goals and objectives
 - o Target population – males, young women and adolescent girls
 - o The overall goal of HIVST is to improve HIV testing among the historically HIV under-tested, test-adverse and hard-to-reach groups, such as men and adolescent girls and young women (AGYW)
 - o Objectives include:
 - To improve couples testing among pregnant women and lactating mothers, in order to reach untested male partners
 - To provide an enabling environment for index testing
 - To provide an option for regular and repeat HIV

Burkina Faso

Dr Mathieu Bougma (Head of Family Planning Unit/ Ministry of Health)

- Introduction
 - o Use of modern contraception: 30.7%

testing in key populations such as sex workers, MSM, transgender people, people who inject drugs and mobile populations (truck drivers, miners, and farm workers)

- Distribution models – four main models
 - o Community-based platforms – targeted platforms including Higher Health
 - o Facilities-based channels – complements facility testing and not replacing primary HTS, in STI services, CTOP, FP/SRHR services provider-initiated approach
 - o Workplace programmes – targeted high-risk population such as truck drivers, miners, and SMME: each of the channels are geared towards reaching specific populations
 - o Other outlets in consideration due to COVID-19 (online, pharmacy, private doctors, external pick-up points (CCMDD), communities at screening sites and during contract tracing
- HIVST progress to date (October 2017 – April 2020)
 - o To date – over two million HIVSS test kits have been distributed through the STAR initiative and Global Fund
 - o 0.5% of distributed kits were blood-based test kits
 - o Coverage in six of the eight provinces that bear the highest HIV burden – 55% of the kits have been distributed in Gauteng followed by Mpumalanga at 17%
 - o 59.9% of males and 39.7% of females reached, respectively
 - o 48.5% of females reached are AGYW
- Lessons learned
 - o Leadership, coordination and communication crucial
 - o Multisectoral approach including Public-Private Partnership
 - o Innovation for cascades/outcomes
- Way forward/next steps
 - o Domestic tender approved – includes procurement of HIVST
 - o STAR programme will be ending soon and looking to a scale-up plan for all provinces
 - o Full integration with SRH services
 - o Training and targeting underway
 - o To prioritize high burden facilities
 - o Innovations considering COVID-19 regulations
 - o Open to other countries experiences to see what is working – to adapt and adopt

Discussion

Burkina Faso:

- Do you have a profile of clients using self-injection of DMPA-SC?

The women targeted for the DMPA-SC are diverse women of reproductive age. The first phase of implementation was orientation of the health workers in different cadres. The second phase was counselling and sensitization of women to educate them about it. Training is conducted at the health facility for prospective clients and the women who can self-inject are allowed to go home with ampoules. Every six months the women will come back to the health facility for a discussion with the health provider.
- With the positive experience of the DMPA-SC, is Burkina Faso considering embarking on other self-care interventions?

With WHO support, Burkina Faso plans to prepare guidelines for self care and define other areas as described by the WHO guideline.
- Have you noticed an increase in self-injection of DMPA-SC since the beginning of the COVID-19 pandemic?

We believe that women who are already using DMPA-SC are continuing to do so during COVID-19, but have not done an analysis of whether the use of DMPA-SC has increased.

South Africa:

- Do we have an idea of the unused tests among the distributed tests?

At the pilot stage, only a small population were followed at the beginning to look at unused tests. For now, there is insufficient data to generalize. In addition, it is difficult currently to say at what point to assume a test has not been used.
- Are HIVST kits co-packaged with instructions on what to do if positive, or linked to a helpline - how does the cycle work?

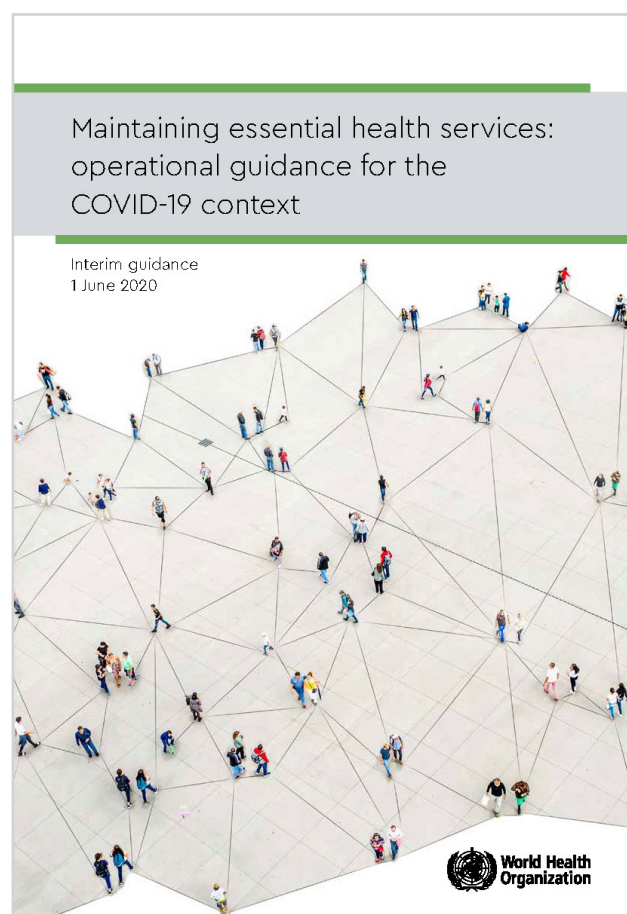
Using innovations, we started distributing during COVID-19 by setting up an online website where people can buy online. Employees of national AIDS helpline (toll-free hotline) were trained to be able to provide instructions to those who buy online on how to use the kits and referral for further management. The kits also have instructions on where to go for further management.

SESSION 4: Essential services for sexual and reproductive health and rights in humanitarian, emergency and pandemic situations

Overview of the COVID-19 situation in the African Region

Dr George Williams (EPR, WHO/AFRO)

- The pandemic is still continuing in the African Region and doubling time in the region has been found to be approximately 11 days.
- Most cases are being reported by the Southern African region, with West African region right behind.
- Ten high-burden countries account for 82% of reported cases in the Region.
- Four high-burden countries account for >70% of reported deaths in the Region.
- Each country in the Region is at a very different stage of the pandemic.



Maintaining essential health services: operational guidance for the COVID-19 context

- Key regional COVID-19 epidemiological features
 - In most of the highest burden countries, the cases are still evolving and being reported.
 - Most of the deaths are happening in people 50 years of age or above and people with comorbidities.
 - Most of the initial cases were sporadic transmission from other parts of the world.
 - More than half of the countries in the Region are now experiencing community transmission.
 - Over 5,000 cases of health worker infection.
 - Currently investigating where these health workers are picking up the infection, but highlighting the need to strengthen infection prevention and control practices.

Three key mechanisms for service delivery during COVID-19

Dr Manjulaa Narasimhan (Scientist, SRH, WHO/HQ)

- Leverage digital technologies and platforms
- Ensure over the counter (OTC) availability through pharmacies, drugs, devices, information and diagnostics
- Provide access to referrals and health facilities for non-COVID-19 related SRH conditions
- Self-care interventions are particularly relevant during the COVID-19 pandemic as health systems are overstretched and access to essential health services may be more difficult. WHO has published guidance on maintaining priority SRH services during COVID-19 and many of these are self-care interventions.
- Maintaining essential health services: operational guidance for the COVID-19 context: <https://www.who.int/publications/i/item/10665-332240>

Discussion – Strengthening SRHR in the Region

- What are the benefits of self-care interventions in emergency situations?
 - South Africa: self-care interventions provide an additional outlet for people to access care and services and promote equity; limit health facility visits and reduce nosocomial infections; and empower the patients.

- How are these strategies helpful to reach universal health coverage (UHC)?
 - Burkina Faso: self care interventions have certain advantages and at a country level, self care is a new approach that helps to provide quality health care and helps to lower the cost because there is limited direct contact. Self care can support providing UHC, increasing accessibility, decreases costs, makes it possible to save financially, direct and indirect.
 - Nigeria: self-care interventions help to break through some barriers of care including gender equality and for adolescents, including stigma. Now adolescents can go into pharmacies and have access to contraceptives. Self care brings the interventions to the people.

SESSION 5: Strategies for rapid introduction, implementation and scale-up of priority self-care interventions for SRHR in response to and post COVID-19

The role of policy makers, programme managers, healthcare professionals and NGOs in evidence-based communication, governance, planning and management for implementation and scale-up

Dr Manjulaa Narasimhan (Scientist, SRH, WHO/HQ)

- Integrate self-care interventions into practice:
 - Advocate, acceptability, adoption, build, appropriateness, cost, feasibility, penetration, sustainability
- Policy, regulatory, health systems opportunities and challenges for implementation and scale-up of self-care interventions for sexual and reproductive health and rights.

Country presentations

Ethiopia

Dr Mulat Adefirs (Maternal/CAC Advisor, Ministry of Health)

- The COVID-19 pandemic has had a huge impact on RMNCAYH-N services: In the past three months, key performance indicators, such as contraceptive prevalence rates, antenatal care visits, births attended by skilled personnel, and women receiving safe abortion care services, have declined.
- A guideline has been developed for how to maintain essential services for SRH during the pandemic.
- A self-care intervention guideline has been planned, using WHO consolidated guideline and other key resources.
- Objective: to provide guidance and evidence-based recommendations on implementation of self-care

interventions during the period of COVID-19 response in Ethiopia

- Following almost all of the interventions included in the self-care guideline
 - Health education and relaxation training programmes during ANC
 - Recommendation on ANC for a positive pregnancy experience intervention
 - Eliminating unsafe abortion
 - Self-management of abortion
 - Post-abortion contraception
 - HPV self-sampling
- Policy actions or changes to support implementation
 - Essential services package
 - Existing national guidelines
 - Example abortion laws of the country
 - Drugs and product procurement policy
 - Policy dialogue
- Anticipated Challenges
 - Implementation – coordination, leadership, finance, technical
 - One size does not fit all
 - Training of health-care workers
 - Commodity security
 - Expanding the existing digital technology
 - Few self-care interventions during delivery and PNC
- Opportunities
 - Self-care interventions can help achieve UHC
 - Availability of donors and partners to support
 - Increased digital health expansion and utilization
- Way Forward
 - Develop context-specific training
 - Mobilize resources

- o Promote adequate arrangements for storage
- o Create a strong link between PHC
- o Leverage task shifting
- o Monitor supplies and commodities
- o Take a phased-based approach to implementation, prioritize which interventions to implement

Uganda

Dr Livingstone Makanga (Commissioner of Maternal and Newborn Health, MOH)

- Background and progress on implementation
 - o March 2020: Inaugural National SC Discourse outcomes
- Opportunity: advancing SC in Uganda in the context of COVID-19
 - o Functionalize multi-sectoral SC working group
 - o Pilot SC programme in two districts
- Questions to be addressed by the SC Pilot
 - o What are the opportunities and barriers to scaling up innovative maternal and SRH SC programmes and policies during the COVID-19 crisis in Uganda?
 - o How feasible is it to package/bundle a set of Maternal and SRH SC interventions at different channels?
 - Maternal package includes ANC, urine dipstick, Fe and folic acid, anti-malarial, HIVST, clean delivery

kit including misoprostol, post-partum FP and post-abortion FP

- SRH package includes pregnancy testing, contraception – EC, oral contraceptives, DMPA-SC for self-injection, self-administering drugs to manage incomplete abortion

- In 6-8 months, hope to have enough information from the pilot to create a larger implementation plan

Open discussion on what is required practically to institutionalize self-care interventions (policy, programmatic, practice) and proposed future activities at national and regional levels

- Burkina Faso: Given the situation of the pandemic, we are seeing less and less women going to the health facilities. How should we address this? COVID-19 care needs to be part of routine care. We need to ensure that no one is left behind.
- Benin: Self-care interventions contribute to UHC and other health strategies, including well-being. The challenge of the implementation of self care in the context of COVID-19 is to maintain the essential services.

SESSION 6: Recommendations and next steps

Next steps and recommendations

Amaka Onyiah (Data Manager, SRHR, WHO/AFRO)

Next steps

- Share information and conduct advocacy to raise awareness and facilitate the implementation and uptake of self-care interventions.
- Disseminate guidelines and conduct advocacy at the global, regional, and national levels.
- Plan orientation workshops for national stakeholders.
- Support countries to identify self-care interventions to be implemented in the short-term period with regard to the particular pandemic context.
- Support countries to develop a plan for implementation of these self-care interventions.

Recommendations

- Identify key stakeholders, including implementing partners, that can support the implementation.
- Develop training package on SRH self-care interventions.
- Build capacity for implementation.
- Monitor and evaluate the implementation.
- Document and share best practices and lessons learned.
- Develop and disseminate case studies.

Conclusions and closing remarks

Dr Ian Askew (Director SRH, WHO/HQ), Dr Assumpta Muriithi (Team Lead RMH, WHO/AFRO)

Dr Ian reiterated the importance of the self-care interventions for SRHR and offered the support of WHO in the implementation. He thanked the organizers and participants for a successful webinar. Dr Assumpta also thanked organizers and participants on behalf of WHO/AFRO for active engagement in discussions and sharing experiences, calling for sustained efforts in implementation of the next steps and recommendations.

Annex 1: Agenda

VIRTUAL CONSULTATION IN RESPONSE TO THE COVID-19 PANDEMIC:

Planning for rapid dissemination and implementation of the WHO Consolidated Guideline on Self-Care Interventions to strengthen sexual and reproductive health and rights in the African Region.

18 June 2020: 09:00-12:00 GMT

PROVISIONAL PROGRAMME

SESSION 1: Opening session	
09:00 – 09:15	- Opening remarks <i>Dr Assumpta Muriithi (Team Lead, RMH, WHO/AFRO)</i> <i>Dr Lale Say (Unit Head, SRH, WHO/HQ)</i> - Objectives and expected outcomes <i>Dr Léopold Ouédraogo (Regional Advisor, SRH, WHO/AFRO)</i>
SESSION 2: Brief overview of the WHO guideline on self-care interventions	
09:15 – 09:30	- Definitions of self care and self-care interventions - Relevance to WHO's strategic objectives – Triple Billion goals - Framework and key principles - Characteristics of an enabling environment <i>Dr Manjulaa Narasimhan (Scientist, SRH, WHO/HQ)</i>
SESSION 3: Self-care interventions for sexual and reproductive health and rights	
09:30 – 10:20	- Overview of selected WHO recommendations - Self-administration of DMPA-SC - Self-management of medical abortion - HPV self-sampling - HIV self-testing - Over the counter availability of oral contraception <i>Dr Léopold Ouédraogo (Regional Advisor, SRH, WHO/AFRO)</i> - Country presentations - Nigeria – <i>Dr Muyiwa Ojo (NPO MSRH, WHO Nigeria)</i> - Burkina Faso – <i>Dr Bougma Mathieu (Head of Family Planning Unit/ Ministry of Health)</i> - South Africa – <i>Dr Thato Chidarikire (Director of HIV Prevention Strategies, National Department of Health)</i> - Discussion <i>Dr Assumpta Muriithi (Team Lead, RMH, WHO/AFRO)</i>

Annex 1 (continued)

SESSION 4: Essential services for sexual and reproductive health and rights in humanitarian, emergency and pandemic situations	
10:20 – 11:00	- Overview of the COVID-19 situation in the African Region <i>Dr George Williams (EPR, WHO/AFRO)</i> - Three key mechanisms for service delivery during COVID-19 - Self-care interventions; - Digital health interventions; and - Over the counter (OTC) availability through pharmacies. <i>Dr Manjulaa Narasimhan (Scientist, SRH, WHO/HQ)</i> - Discussion – Strengthening SRHR in the Region - Role of self-care interventions during COVID-19 - What is the benefit of self-care interventions in emergency situations; and - How are these strategies helpful to reach universal health coverage (UHC) <i>Dr Léopold Ouédraogo (Regional Advisor, SRH, WHO/AFRO)</i>
SESSION 5: Strategies for rapid introduction, implementation and scale-up of priority self-care interventions for SRHR in response to and post COVID-19	
11:00 – 11:35	- The role of policy makers, programme managers, healthcare professionals and NGOs in evidence-based communication, governance, planning and management for implementation and scale-up <i>Dr Manjulaa Narasimhan (Scientist, SRH, WHO/HQ)</i> - Policy, regulatory, health systems opportunities and challenges for implementation and scale-up of self-care interventions for sexual and reproductive health Country presentations: - Ethiopia – <i>Dr Mulat Adefirs (Maternal/CAC Advisor, Ministry of Health)</i> - Uganda – <i>Dr Livingstone Makanga (Commissioner of Maternal and Newborn Health, MOH)</i> - Open discussion on what is required practically to institutionalize self-care interventions (policy, programmatic, practice) and proposed future activities at national and regional levels <i>Dr Léopold Ouédraogo (Regional Advisor, SRH, WHO/AFRO)</i>
SESSION 6: Recommendations and next steps	
11:35 – 12:00	- Next steps and recommendations – <i>Amaka Onyiah (Data Manager, SRHR, WHO/AFRO)</i> - Development of selected case studies - Planning of orientation workshops for national stakeholders - Dissemination of country case studies and advocacy at the global, regional, and national levels - Conclusions and closing remarks <i>Dr Ian Askew (Director SRH, WHO/HQ)</i> <i>Dr Assumpta Muriithi (Team Lead, RMH, WHO/AFRO)</i>

Annex 2: Questions & Answers

#	QUESTION	ASKER NAME	ANSWER(S)
1	Justement quelles sont les mesures préconisées pour éviter que les populations ne franchissent les limites vers l'automédication?	Fatou Bintou Mbow	Focus on information, advocacy, regulatory measures, with engagement of key stakeholders
2	Will the injectable contraceptives available over the counter for women to access easily?	Abeba Ayele	Depends on country contexts, but too early to put this in place in the African Region
3	Par rapport au rec 11 que faire des contre-indications des contraceptifs oraux	Arona Coulibaly	The recommendations related to COC users, so without contra-indication
4	I expect to hear how legal barriers are addressed in the implementation of some of those recommendations in the country presentations.	Kasahun Mormu Bedasso	–
5	Hi there, just a concern about self-administered MD abortion, how can a user determine the gestation period; I mean the weeks of pregnancy?	Adinew Mohammed	Pelvic exam + Ultrasound
6	Some providers even request ultrasound test....	Adinew Mohammed	Agreed
7	These guidelines are an excellent tool, and can really empower women to take charge and drive aspects of their SRH. However, the potential gains from these tools will still be held hostage by the fact that the context in which we are looking to apply them have less advanced health systems. For optimal use, health-care workers would have to be familiar with, and actively promote them; the system will have to be capable of confirming self-testing results, and providing treatment; the institutions in charge of ordering and procuring essential commodities will have to prioritize and procure them, and so on and so forth.	Janet Kayita	Agree; self-care interventions should be implemented with a health system approach and should be supported by Health Care Workers
8	To Nigeria are the online sales via Nigeria-based online platforms or are they external online platforms?	Chilanga Asmani	They are based in Nigeria; the organizations doing social marketing for contraceptives use the online platforms to provide the pills.
9	No IPPFAR in Nigeria?	Adinew Mohammed	We have IPPF in Nigeria.
10	I think Nigeria is a Member Association of IPPF Africa Region	Adinew Mohammed	We have IPPF in Nigeria
11	Concernant cette expérience du Nigéria, comment a été gérée la collecte des données relative à l'utilisation des méthodes de contraception?	Fatou Bintou Mbow	Contraceptive use is usually estimated by population-based survey - the Demographic Health survey that happens every 5 years. Data on family planning services are available from the Public Health facilities than from Community pharmacies or Patent Medicine stores.

Annex 2 (continued)

#	QUESTION	ASKER NAME	ANSWER(S)
12	Hello Everyone, could you explain more the role of ASCQ/Qualified CHWs (Agents de sante communautaires qualifiés) and CHWs (relais) in promotion of self-care specific interventions (DMPA-SC, HIV self-testing, HPV self-sample collection and so on)? What are their relations with clients in this context of COVID-19?	Ghislaine Alinsato	Key role in providing adequate information, advice and support to clients, and for advocacy and monitoring
13	Thank you Dr Ojo for your response	Chilanga Asmani	–
14	Pour le Nigéria: La disponibilité libre vente des contraceptifs semble concernée tous les contraceptifs. Cela dure depuis combien de temps et est ce que la pharmaco vigilance de ces produit a été renforcée et comment et quels sont les résultats de cette pharmaco vigilance?	Souleymane Zan	Government has been improving on Pharmacovigilance in Public and Private sector. Most states in Nigeria have a network through the State Ministry of Health and representatives of the Food and Drug Administration agency. There is a lot that still needs to be done to strengthen this; I do not have the data on the pharmacovigilance.
15	May I have the email address of Dr Bougma from Burkina Faso? Thank you very much.	Regina Silva	Dr Bougma Mathieu from Burkina Faso: email bougma95@gmail.com
16	To Burkina Faso: Avec l'expérience positive de la DMPA-SC, le Burkina Faso envisage-t-il de se lancer dans d'autres interventions d'autosoins ?	Chilanga Asmani	Yes
17	The Country presentations illustrate this interdependence with health systems very well, and provide some excellent insights on where/how we can start - much appreciated.	Janet Kayita	Thanks!
18	Thank you very much, for the email address.	Regina Silva	–
19	La distribution des tests pour le dépistage du VIH a été suivi d'un retour de 7518 tests de confirmation; est ce surtout pour confirmer le résultat positif ou le résultat négatif? a t on une idée des tests non utilisés parmi les tests distribués?	Souleymane Zan	–
20	Question to South Africa: are HIV self-test kits co-packaged with instructions on what to do if positive, or linked to a helpline - how does the cycle work?	Janet Kayita	–
21	To Burkina Faso: Do you have a profile of clients using self-injection of DMPA-SC?	Norbert Coulibaly	–
22	To Burkina Faso: Avez-vous observé une augmentation de l'auto-injection du DMPA-SC depuis le début de la pandémie de COVID-19?	Norbert Coulibaly	–
23	How is gestational age assessed for the self-management of medical abortion?	Rebecca Makau	Pelvic exam + Ultrasound

Annex 2 (continued)

#	QUESTION	ASKER NAME	ANSWER(S)
24	To all the presenters...what are the gender issues encountered in self care and how did you overcome them?	Taiwo Oyelade	–
25	What is the status of the implementation of self-management of medical abortion in Kenya and whether there are Pharmacists involved in the use of misoprostol and mifepristone?	Nyambura Wanjiru-Korir	–
26	Bonjour à tous, Merci pour l'Afrique du Sud pour ce partage d'expérience. Comment se fait le suivi des personnes qui utilisent les tests d'auto-dépistage VIH?	Madeleine Tchandana	–
27	To WHO: Thanks so much for this webinar that is really helpful for all. Do you plan other initiatives to support the implementation of guidelines in the countries?	Norbert Coulibaly	Live answered: We will discuss some of the next steps in the last session today. WHO will continue to learn from country examples to develop the implementation guidelines, as well as support.
28	Would be really great to have implementation guidelines for these self-care interventions - is WHO planning to do this? Great that Ethiopia has done, would be great if they can share their guidelines.	Janet Kayita	Yes, WHO has started process for development of implementation guidance on self-care interventions for SRHR.
29	To Ethiopia: to what extent was the national COVID-19 response team involved with the SRHR self-care interventions definition and did the process of self-care identification benefit from overall COVID-19 funding?	Chilanga Asmani	
30	Due to Coronavirus, developing countries are under heavy pressure on the supply and service provision. SRH and GBV is extensively higher in the case of staying at home, there is a need of support to curb the severe problems.	Mohammed Hussen	Agree!
31	We have not really heard anything about the plans to expand access to the supplies?	Janet Kayita	This should be discussed within the country teams as part of the next steps for implementation.
32	Can we have the WHO guideline, recording and slides in our box?	Elizabeth Abimbola	Yes, will be shared ASAP.

Annex 3: Participant details

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Abdou	Mandiang	ENDA SANTE	Chargé de Projet	None	France
Abdoulaye	Diouf	COUS	Responsable Logistique	None	Senegal
Abdoulaye	Siddeye	Marie Stopes Mali	Coordinateur Régional de Tombouctou	Avant le déclenchement de l'épidémie à Wohan, y'a t il des pays qui ont constaté un phénomène anormal rappelant le COVID-19?	Mali
Abeba	Ayele	Jhpiego	Project Director	To understand new updates and guidance on self care	Ethiopia
Abram Amétépé	Agossou	Ministère de la santé	Direction Santé Mère Enfant	Quelles stratégies pour assurer la continuité des services en cette période de COVID-19?	United States of America
Adah	Allotey-Pappoe	Food and Drugs Authority Ghana	Regulatory Officer	None	Ghana
Adedamola Amos	Ogundeji	US Dept of Defense, US Embassy Abuja	Asso Dir. Lab Field Services	None	Nigeria
Adela	Ashie	Food and Drugs Authority	Senior Regulatory Officer	None	Ghana
Adelaide	Liquidao	IPPF	Technical Advisor - Programme	Can self-care approach be used for treatment of STIs?	Mozambique
Adewole	Adefalu	John Snow Inc.	Country Coordinator	Are there plans for support for country-level dissemination of the self-care guideline?	Nigeria
Adinew	Mohammed	Family Guidance Association of Ethiopia	Team Leader - Plan and Program	Youth ARH programme advocacy	Ethiopia
Aikumys	Sarmanova	IOM	Nurse	None	Kazakhstan
Aissata	Fall	PRB	Conseillère Régionale	None	Senegal
Akinkunmi	Akinbajo	UNFPA	Maternal health/Family Planning Analyst	None	Nigeria

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Alberto	Zamberletti	PIME-GB	Coordenador de Saude da Caritas Bafata	Protocolo de triagem e tratamento COVID-19 em Africa	Italy
Albino	Nanadje	UNDP/ UN Joint Medical Services	Medical Officer	None	Guinea-Bissau
Alicia	Soler Carbonell	WHO	Doctor	None	Mozambique
Aline	Mukundwa	WHO	Consultant	None	Chad
Alren	Vandy	National HIV/ AIDS Control Programme	National ART Coordinator	How can health-care workers monitor/follow up self-management? Is there a set eligibility criteria?	Sierra Leone
Aly	Camara	AGBEF	Coordinateur d'un projet	A quelle heure commence ce webinaire?	France
Anaëlle	Roucous	WHO	Chargée de Suivi SRMNI	None	Senegal
Angela	Tatua	IPPF-Africa Region	Officer	What are self-care interventions that have been approved by WHO?	Kenya
Ani	Etokidem	University of Calabar Teaching Hospital & University of Calabar, Calabar, Nigeria	Chief Consultant Community Physician & Associate Professor	None	Nigeria
Anita E.	Asamoah	Nil	Public Health Epidemiologist	Clearly OTC contraceptives are not available to most so can't there be a push to normalize abortion in LMIC.	Ghana
Anthony	Nwala	Society for Family Health	FP/RH Program Area Lead	None	United States of America
Antonella	Lavelanet	WHO	medical officer	None	United States of America
Appalla	Manasa	Sun International Institute of Hotel Management	Nutrition faculty	How do we maintain a positive attitude in this pandemic situation?	India
Arona	Coulibaly	OMS	Consultant	Bilan actuel de la réponse en Afrique et exemples à suivre	Senegal

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Assouman Alphonse	Konan	No	Consultant	None	Côte d'Ivoire
Aster	Berhe	UNFPA	Program Analyst, Midwifery	None	Ethiopia
Avis Anya	Nowbuth	Pan African Organization of Health Education and Research	POHER Scholar	None	South Africa
Bachir	Wilane	COUS	Planification	None	France
Balidawa	Hudson	Govt	Doctor	None	Uganda
Balla	Jatta	Epidemiology and Disease Control Unit	Epidemiology and Disease Surveillance Officer	What are the main reproductive health issues related to COVID-19?	Gambia
Ballah	Denue	University	Consultant	Any targeted intervention on the observed increase in rape and sexual assaults in developing countries?	Nigeria
Beatrice	Muraguri	WHO	Health Cluster Coordinator	None	Mozambique
Belete	Mihretu	WHO	SRH Technical Officer	None	United States of America
Berhane	Assefa	IntraHealth International Ethiopia	FP/RH Advisor	None	Ethiopia
Bernadette	Dramou	OMS	FRH	Les ressources sont elles disponibles pour la mise en oeuvre de ces intervention?	United States of America
Bertrand	Bamuleke	WHO	IPC Consultant	Challenges in surveillance in Africa	Congo
Binyam	Hailu	WHO	Medical Officer	Just to learn the self-care initiative	United States of America
Birahim Pierre	Ndiaye	IRESSEF	MD Head of clinical research platform	None	Senegal

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Blami	Dao	Jhpiego	Technical Director, WCA	Does WHO/AFRO have funding to pilot self care beyond DMPA-SC in selected countries?	Burkina Faso
Bonita	Kilama	Elizabeth Glaser Pediatric AIDS Foundation	Associate Director Strategic Information	None	Tanzania, United Republic of
Bosedede	Ezekwe	WHO	TO/RH	None	Nigeria
Boubacar	Abdel Aziz	WHO	RMN Health Officer	None	Togo
Boubacar	Drame	Africa Resource Centre (ARC)	PO	None	Senegal
Brigitte	Ndelema	WHO	Point Focal chargée de santé de la reproduction, maternelle, néonatale et du genre	None	Burundi
Byaruhanga	Gerald	MSDHL	MLA	None	Uganda
Camara	Siriman	OMS	Administrateur National/ATM Prévention et lutte contre le Sida, La Tuberculose, le Paludisme et les Hépatites	None	Guinea
Carole	Catharia	Ministère de la Santé	C/CPMS/ PNLMT	Que faire face à la résistance des communautés à la croyance de l'existence de la maladie?	Benin
Caroline	Downes	EQUIP HIV Management Consulting	Pharmacist	None	South Africa
Charles	Mukwewa	WHO	Procurement Focal Person	Can't we treat COVID-19 as another virus?	Zimbabwe
Cheick Tidiane	Sidibé	OMS	Administration national / Surveillance COVID-19	Immunization post	Guinea

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Chilanga	Asmani	WHO/AFRO	Technical Officer SRHR	Eager to learn from country experiences and brainstorm how to scale up	Burkina Faso
Chimeziri Joy	Ufere	WHO	Cluster Lead FRH/ NPO CAH	None	Nigeria
Christian, MD	Yamtobaye	IRC	Manager Santé	Les nouvelles stratégies pour assurer les services de SSR de qualité aux clientes pendant ce temps de COVID-19	Chad
Christiana	Ayine	USAID	Project Management Assistant	None	Ghana
Christy	Asala	White Ribbon Alliance Nigeria	National Coordinator	What are the opportunities to marry self care and digital health as a strategy to access health services and achieving UHCes?	Nigeria
Clémence	Doumenc-Aidara	Solthis / projet ATLAS (autodépistage VIH)	Directrice Projet	Intérêt pour les adaptations d'approches sur l'auto soin en contexte VIH sur et partage d'expérience sur le projet ATLAS	Senegal
Clotaire	Hien	OMS	SSA/SRHR	None	United States of America
Coudy	Ly-Wane	Helen Keller International	Senior Nutrition Advisor	Is Nutrition care included in the self-care interventions?	Burkina Faso
Dagnachew	Mersha	DKT Ethiopia	National Key Account Manager	None	Ethiopia
Damian	Bai	Nigerian Television Authority	Medical Officer	None	Nigeria
Danielle	Belemsaga/ Yugbaré	IRSS	Assistante de recherche	None	Burkina Faso
Deborah	Samaila	JHUCCP/TCI	POSD	None	Nigeria
Delese Mimi	Darko	Food and Drugs Authority	CEO	None	Ghana

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Delphin	Aidewou	Agence Nationale pour Transfusion Sanguine	Chef Antenne	Est ce que le COVID-19 est transmissible par le sang?	Benin
Denis	Ssenyondwa	Ds public health solutions	Director	None	United States of America
Derusha	Frank	Clinton Health Access Initiative	Associate - Congenital Syphilis	None	South Africa
Desire	Habonimana	University of Burundi	Lecturer and Researcher	None	Burundi
Desiree	Schouw	TB HIV Care	Training coordinator	What new innovatives do other African countries have?	South Africa
Dieynaba	Ndao	OMS	NPO/FRH	Quelles sont les avancées de l'auto-soin en Afrique?	Senegal
Difabachew Setegn	Hailegiorgis	Family Guidance Association of Ethiopia	Team Leader, AYSRH Programme	None	Ethiopia
Dina	Gbenou	WHO	TO/SRHR	Pas de question	Burkina Faso
Dinah	Ramaabya	Ministry of Health	Chief Health Officer/ Head of HIV treatment care and support	None	Botswana
Djabada	Koalga	IntraHealth International	CLA	Qu'est que l'auto-soin?	Burkina Faso
Djénéba	Sanon/ Ouedraogo	UNFPA	Chargé de Programme SR/PF	None	France
Doc	Bouaziz	Ministère de la Santé Dgpps	Chargé de Programme	None	Algeria
Doofan	Udendeh	Planned Parenthood Federation of Nigeria	Youth Focal Officer	Will the recording and slides be available for dissemination?	The United Kingdom
Dr	Isd	Ministère de la Santé	Medecin	Vaccination de l'adolescente et hygiène des jeunes filles pendant les menstrues	Guinea

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Dr Bhupinder	Kaur	Self-employed	Doctor	What are the future activities required for the prevention of COVID-19?	India
Dr Ndoungou Salla	Ba	WHO	Medical Officer	Impact of COVID-19 on PLHIV	Burkina Faso
Dr Ugochi	Ezenwelu	FHI360/GF	Senior Technical Advisor	None	United States of America
Edidiong	John	University of Uyo Teaching Hospital	Physician	How will virtual consultation affect community diagnosis of HIV?	Nigeria
Edmund	Pacutho	Private	MO	What are the current available guidelines on self care?	Uganda
Edwin	Swai	WHO	NPO	None	Tanzania, United Republic of
Elhadji	Diop	AIMS Thienaba	Président	Ras	Senegal
Elisabeth	Szumilin	MSF	HIV referent	None	France
Elizabeth	Ouma	Kenyatta University	Legal Officer	None	Kenya
Elizabeth	Abimbola	PPFN	SW/Regional Coordinator	What are the benefit of self-care services?	Nigeria
Ernest	Jabbie	Ministry of Health and Sanitation	National Quality Assurance Officer	When would the guidelines be shared for use?	Sierra Leone
Eucharia	Nwafor	Achieving Health Nigeria Initiative (AHNi)	Senior Programme Officer (SPO)	Do we have data on number of PLHIV in Nigeria that are co-infected with COVID-19?	United States of America
Eugene	Mahlehla	WHO	HPR	None	South Africa
Eugène	Beni	DMP (Diaspora Médicale Plus-RDC)	Chef des Programmes	None	Congo, Democratic Republic of the
Eugenia	Ofondu	FMC	ART Coordinator	Diagnosis of COVID-19 in patients with AHD where COVID-19 testing capacity is poor	Nigeria

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Eugénie Siga	Niane	WHO	Reproductive, Maternal and Newborn Health Officer	None	France
Evelyn	Serima	Self-employed	Independent health and development consultant	None	Zimbabwe
Everlesse	Taylor	Hospital	RN	Does this guide cover all sexual preferences?	Saint Kitts and Nevis
Eyob		WHO	MNH QoC consultant	None	Ethiopia
Eyob	Gebretsadik	WHO	National consultant	How do the recommendations for the evidences for the guideline we're developed?	Ethiopia
Eyob	Getachew	Ministry of Health	Adolescents and youth health, TA	How can we exercise self-care interventions in weak health systems?	Ethiopia
Fanny	Mujingila	MSF	Prosante	None	Congo, Democratic Republic of the
Fatiha	Mellouk	UM6SS	Red formation continue	AAAAAA	United States of America
Fatim	Tall	WHO	Medical Officer RMH	None	United States of America
Fatima	Lawal-Lah	Kwara State Ministry of Health	Occupational Health Coordinator	None	Nigeria
Fatou Bintou	Mbow	Population Council	Représentante Pays	Quels sont les défis liés à la mise en oeuvre des interventions d'autosoins en DSSR en période de crise, notamment de COVID-19?	Senegal
Fatoumata	Tessougue	OMS	MPS	Auto soins SSRD	France
Fatoumata Binta Tidaine	Diallo	WHO	WR	None	Togo
Finda	Mayah Toto	WHO	Doctor	Tools for self-care assessment	Rwanda

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Franck David Noel	Abouna	Minsante	Directeur Hopital	IPC	Cameroon
Freddy	Essimbi	GFF	Country Liaison Officer - Guinea	None	Guinea
Fredrick	Mayeku	Sciencescope Limited	Field Application Specialist	What is the state of uptake of antibody screening tests for epidemiological survey of COVID-19?	Kenya
Funmilayo	Adams	Federal Ministry of Health	Nursing	More updates on COVID-19	Nigeria
Funmilola	Olaolorun	College of Medicine, University of Ibadan	Senior Lecturer	None	Nigeria
Gbolahan	Ajibola	Botswana Harvard AIDS Research Institute	Investigator	None	Botswana
Georges	Coulibaly	IPAS FA	Programme Manager	How can we integrate self-care data into the health information systems for decision-making?	Côte d'Ivoire
Ghislaine	Alinsato	WHO	NPO/SRH	Rapid implementation of the who consolidated guideline on self-care interventions in covid-19 context	Benin
Gisèle	Kasungi	WHO	Consultant Epidémiologiste	None	Burundi
Gloria	Davies Wayne	WHO	Epidemiologist	What is the most challenging issue most countries face in their response to COVID-19?	United States of America
Grace	Fombad	UNECA	Chief Medical Officer	None	Ethiopia
Grace Savel	Decker	International Committee of the Red Cross	Flying Midwife Team leader Reproductive health	How do we deal with SRH during this COVID-19 especially in the rural areas?	Algeria

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Haimanot	Ambelu	WHO	NPO/MPS	Would like to hear country experiences on successful implementation approaches and challenges.	Ethiopia
Hajar	Ouahid	CHU	Sage femme	What is the principle elements of the maternity's response for COVID 19?	Morocco
Hannah	Yankson	WHO	NPO Nutrition	None	United States of America
Hawa	Lebbie	Ministry of Health and Sanitation	Quality of care officer	When are the self-care guidelines developed?	Sierra Leone
Hayfa	Elamin	WHO	Technical Officer UHC/ LC	How can implement self-care interventions in the context of COVID-19?	Zimbabwe
Honorat	Zoure	WHO	Database administrator	None	Congo
Ida	Ndione	PATH	Senior Programme Officer	How can who support countries in adapting the self-care guideline?	Senegal
Ida-Marie	Ameda	UNICEF ESARO	Specialist - Public Health Emergencies	How does one safely manage home-based care when you have a crowded home?	The United Kingdom
Ifuk-Ibot	John Ala	INTERSOS Humanitarian Organization	Nutrition Supervisor	None	Nigeria
Ignatius	Ahula	Tarhe Community Health Centre Makurdi	CEO	None	Nigeria
Innocent	Nuwagira	WHO	MO	None	United States of America
Isidore	Sinkondo	IntraHealth International	Program officer	Pas de question pour le moment	Burkina Faso
J.M.	Tucker	Clinton Health Access Initiative	Senior Technical Advisor, Health Financing	None	South Africa
Jacinth	Amory	Health	RN	None	Saint Kitts and Nevis

Annex 3 (continued)

FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
James	Bunn	WHO	Lead Child Health	None	Sierra Leone
Janet	Kayita	WHO	Coordinator Basic Package of Essential Health Services Cluster	None	Sierra Leone
Jessica	Clavier	JNF	Assistant Manager	Ventilated patients	Saint Kitts and Nevis
Jessica	Okomze	WHO	Assistante Logistique	None	Gabon
Jinan	Usta	AUB	Prof	None	Lebanon
Jomah Z.	Kollie	THE ALLIANCE FOR INTERNATIONAL MEDICAL ACTION	Project Coordinator	What are the cultural strategies in strengthening reproductive health?	South Sudan
Joseph	Biey	WHO	Immunization officer	None	Burkina Faso
Joseph	Essombo	EGPAF	Country Director	What will be the immediate next step after this meeting?	Côte d'Ivoire
Josephine	Namboze	WHO	WR	None	United States of America
Joyce	Lavussa	WHO	NPO/FRH	None	Kenya
Juliet Evelyn	Bataringaya	WHO	Health Systems Advisor	None	Rwanda
Juliette	Bastin	Solthis	Responsable Communication et Plaidoyer Projet ATLAS	None	France
Julius	Mutagubya	EGPAF	Lab Advisor	None	United States of America
Jyoti	Tewari	UNFPA	Regional Health Systems Adviser	None	South Africa
Kanyesigye	Dianah	Kisiizi	Nursing Officer	None	Uganda

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Karome	Battice	JNF	RN	None	Saint Kitts and Nevis
Kasahun Mormu	Bedasso	The david and lucile Packard Foundation	Programme Specialist	How do we address legal barriers in implementing some of the recommendations of the self-care guideline? Any experience on this?	Ethiopia
Katelyn	Galloway	CDC	PMS	None	United States of America
Kathy	Hageman	CDC	Health Scientist	None	United States of America
Kemi	Oluwagbohun	JHCCP/NURHI 2 project	Program Officer, Service Delivery	None	Nigeria
Keneilwe	Motimele	Clinton Health Access Initiative	Associate	Yes	South Africa
Kenisha	Mills	JNF General Hospital	Staff Nurse	None	Saint Kitts and Nevis
Kidest	Lulu	PSI	Deputy Country Representative	None	Ethiopia
Kodjo	Fiagnon	Ministère de la Santé	Assistant Médical	Comment si prendre pour respecter la distanciation au cours de l'insertion d'implant?	United States of America
Kwala Adline	Katty-Okorafor	Ministry of Health	Senior Program Officer	None	Nigeria
Lamine	Thiam	Options	Regional Lead	I expect WHO to share its operational guidelines on maintaining the continuity of essential SRH.	Nigeria
Laurence	Codjia	WHO	Technical Officer	How to strengthen SRHR services access during the pandemic	Switzerland
Lena	Landsmann	Rki	Medical Doctor	What is the effect of COVID-19 on access to sexual/reproductive health counselling in LMIC?	Germany
Linus	Ndegwa	CDC	Epidemiologist	None	Kenya

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Lizzy	Igbine	Nigerian Women Agro Allied Farmers Association	National President	None	Nigeria
Lorraine	Molepo	UNFPA	QA Associate	None	South Africa
Lutfiyya	Khan	CHAI	Programme Manager - SRH	None	South Africa
Macali	John Bosco	Rwanda Paediatric Association / Royal College of Paediatrics and Child Health	Programme Manager	Do we have any new additional studies on COVID-19?	Rwanda
Madeleine	Tchandana	Ministère de la Santé	Chef Division Santé Maternelle et Infantile et PF	None	Togo
Mahamadou Fabrice	Hebie	Ministère Santé	Agent	Mesures à prendre lors l'offre de services	Burkina Faso
Mahamoud	Said	UNFPA	NPO/SR	Connaitre les nouvelles instructions sur la PF	Comoros
Mahbub	Abdukie	UNFPA	Programme Analyst	None	Ethiopia
Majda	Aqazouz	Independent	SRH	What are the practical steps to integrate self care regarding SRH in humanitarian action?	United States of America
Makan	Soumare	Santé	Phar	None	Mali
Makgoale	Magwentshu	Ipas	Ipas Senior Health System Advisor	How is HIV self care conducted?	United States of America
Mamadou Moustapha	Diallo	Independent	WHO consultant waiting for deployment	SO	Canada
Mareme	Ndiaye	DSME	Chef division PF	Quels sont les domaines clés d'application de l'autosoin? Stratégies de mise en oeuvre rapide? Questions de réglementation?	Senegal

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Margaret Titty	Mannah	Ministry of Health and Sanitation	Programme Manager	What are the quality implications for self care?	Sierra Leone
Marguerite	Ndour	IntraHealth International	Director	None	France
Maria	Gouem	Jhpiego	M&E	ok	United States of America
Maria	Gomes Dos Anjos	OMS	Point Focal de santé de la reproduction	Planning familiale et COVID-19 (les modalités pour la distribution des methodes)	Angola
Maria	Gouem	Jhpiego	ME	None	United States of America
Maria Da Luz Velho	Vaz	ThinkWell	Directora Técnica	None	Mozambique
Maribe	Lucy Sejo	WHO	NPO	None	Botswana
Marie-Ange	Bouwem	ATBEF	Coordinatrice de projet	What is the current status of the pandemic in Africa?	Togo
Marjorie	Volege	UNICEF	Nutrition Specialist	None	Kenya
Mary	Marle	UNFPA	Programme Analyst	The challenge increasing cases of teenage pregnancy.	South Sudan
Mastewal Kerebih	Desta	Federal Ministry of Health	National EPI Senior officer	The scope of the self-care guideline is not including immunization services	Ethiopia
Matokgo	Makutoane	Ipas SA	Health Systems Advisor	Guidelines on self care	United States of America
Metsehate	Ayesew	PSI/Ethiopia	Program Director	What requirements a country should fulfill to start self care; is there a country that launched DMPA-SC self injection at scale?	Ethiopia
Miriam	Muriithi	Ministry of Health	Chief Dentist	None	Kenya
Mj254		MZRH	Laboratory Quality Assurance Officer	Hepatitis panel	Tanzania, United Republic of

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Mohammed	Hussen	Family Guidance Association of Ethiopia	Communication and Public Relations Team Leader	How COVID-19 affects family planning services in Ethiopia as well as the world	Ethiopia
Mohammed	Lardi	Freelance	Consultant	Les personnes âgées mortalité morbidité	Morocco
Mojisola	Odeku	JHUCCP	Portfolio Director	None	Nigeria
Moriam Olaide	Jagun	MSPACE	Director	None	Nigeria
Moussa	Dadjoari	Direction de la santé de la famille	Service de santé de la femme, de l'homme et des personnes âgées	Les Directives consolidées sur les interventions d'autosoins pour la Santé Sexuelle et Génésique sont-elles en français?	Burkina Faso
Moustafa	Abdelnasser	Al-Azhar University	Professor	What are the guidelines of reproductive health in the COVID-19 era?	Egypt
Mpona	Manthe	WHO	NPO Reproductive Health	Should SRH accept walk-in patients during the time of extreme social distancing?	Botswana
Mr	Fall	ISE	Etudiant	Y'a t il des moyens pour nos pays de faire des tests rapides avec d'autres strategies moins couteuses?	Senegal
Muna	Abdullah Ali	UNFPA	Health System	How can the context of COVID-19 help expand access to SRH through self care?	United States of America
Muthoni	Wachira	IPPF Africa Region	Programmes	None	Kenya
Muzi	Biranga	WHO	Consultant	None	Algeria
Nancy	Kidula	Harare	MO RWH	At what point can one decide that Delivery can take place at home?	Zimbabwe
Natalia	Bull	Freelance	Interpreter	Interested in listening.	Senegal
N'dri Joachin	Yao	ENDA santé Côte d'Ivoire	Chef Bureau	Quels sont les enjeux de la santé sexuelle reproductive?	Côte d'Ivoire

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Nebreed	Zemicheal	JSI/L10K	Technical Lead	Self care and role of individuals and support groups	Ethiopia
Nega Tesfaw	Wassie	MSI	Director of clinical quality	None	Ethiopia
Nélia	Mutisse	WHO	NPO	None	Mozambique
Nina	Koné	CS4FP	Coordinatrice Pays	Sexual and reproductive health of teens and young people in times of COVID-19, challenges and prospects	Burkina Faso
Nkosi	Mpala	WHO	IHMO	How do we build resilience and sexual and reproductive health?	United States of America
Noel	Ouaimane	IRC	MSR	None	Chad
Norbert	Coulibaly	UCPO/ IntraHealth International	Senior Programme Manager	How many countries in Africa are implementing self-care services in Family Planning?	Senegal
Nouari	Nadia	Ministère de la Santé	Doctorante	merci	Morocco
Nyambura	Wanjiru-Korir	Ministry of Health	Clinical Pharmacist	Tips for LMIC resource-limited settings	Kenya
Olaide	Edet	WACN	Professor	Which self-care interventions are available for rural communities?	Nigeria
Olga	Sankara	UNFPA	Assistant Representative	None	Burkina Faso
Olive	Sentumbwe	WHO	Doctor	None	United States of America
Olubunmi	Lawal-Aiyedun	SBH Foundation	CEO	Do we have COVID-19 presentation on school health nurses?	Nigeria
Oluwafunmito	Adeyanju	PharmAccess	Snr. Health Syst. Strengthening Specialist	None	Nigeria
Omega	Chituwo	CDC	PHS	None	United States of America

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Omer	Dermesha	WHO	MNCAH Consultant	What is the best strategy to address RH need of adolescent during COVID-19 in LMI countries?	Ethiopia
Omoniyi	Sule	Centre for Integrated Health Programme	Clinical Services Associate	How to do HPV self-sampling and self-testing and from what age?	Nigeria
Oumar	Dao	Marie Stopes Mali	Coordinateur Regional	Are the strategic guidelines shared with all the countries of WHO?	Mali
Patience	Samson-Akpan	University of Calabar	Professor	In resource constraints areas with no access to Internet, what their fate?	Nigeria
Patricia	Kafoe	Caritas Sierra Leone	Program Development Manager	Are funds available for West African countries to respond to COVID-19 pandemic?	Sierra Leone
Patricia	Bah	Ministry of Health and Sanitation	Programme Manager	How to access to SRH services?	Sierra Leone
Patrick	Makelele	FHI360	Tech Advisor	Is COVID-19 STI?	Zambia
Peter	Ngugi	FHOK	M&E Manager	How will the interventions be monitored and assessed especially in low resource settings?	Kenya
Pierre	Kwizera	UNHCR	Associate HIV/ RH Officer	None	South Sudan
Primous	Godjedo	OMS	Consultant	None	Algeria
Primrose	Magala	Eye Health Uganda	Nurse Practitioner	Guidance	Uganda
Ramatu	Daroda	UNFPA	FP Adviser	None	South Africa
Rami	Habash	UNRWA	CPP	PCC	Jordan
Ramses	Kalumbi	WHO	Consultant	None	Congo, Democratic Republic of the
Raveena	Chowdhury	Marie Stopes International	Head of Integrated Service Delivery	None	The United Kingdom

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Rebecca	Carl-Spencer	IPPF	SRHR Programme Technical Advisor	How often will the webinar be organised	Ghana
Rebecca	Makau	Tshwane District Health	Programme Manager	Self-care interventions in SRHR	South Africa
Regina	Silva	Independent Consultant	International Health Consultant	What's the last update on COVID-19?	Brazil
Rickver Jaye	Diez, Rmt	UERM	RMT	None	Philippines
Rodrigue	Ngouana	Jhpiego	Director	None	France
Roger	Ciza	ISPG	Enseignant et Chercheur	Would be pleased to join	Burundi
Rousseau	Fabienne	Action Against Hunger	Nutrition and Health Advisor	None	France
Rumbidzayi	Chingwende	Ipas	PM	None	South Africa
Saliyou	Sanni	WHO/AFRO	Medical Officer RMH	None	United States of America
Samia	Hashim	Options Consultancy Services Ltd UK	Country Lead	None	Pakistan
Sanata	Diallo	ONG Solthis	Cheffe de projet HIV Self Testing	Je voudrais avoir plus d'information sur le Sayana Press.	Senegal
Sanni	Salifou Issaka	Direction Départementale de la Santé de la Donga	Chef division épidémiologie et surveillance sanitaire	comprendre le thème	Benin
Sehenolalao	Andrianasolo	OMS	NPO FHP	None	Madagascar
Sharew	Niguse	UNICEF	Health Specialist	None	Ethiopia
Sibdou Ghislaine	Conombo Kafando	WHO	MO/RMNH ISTCA	None	Gabon
Sidi Oumar	Touré	IntraHealth International	Directeur de Projet SRJA/ Wash	None	Mali

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Sidy Mokhtar	Ndiaye	ENDA SANTE	Chargé de Projet/ Recherche	Existent-il des outils de communication sur la santé adaptés aux adolescents en période de crise sanitaire comme la COVID-19?	Senegal
Simiyu	Werunga	UNITAR	Team Leader	None	Switzerland
Sirak	H	WHO	Programme Officer	None	The United Kingdom
Siré	Camara	Ministère de la santé	Direction Nationale de la santé familiale et de la Nutrition	Est ce en français?	Guinea
Solange	Ouédraogo	DGOS	Chef service SAT/AQ	None	Burkina Faso
Sondouwaga Ramatou	Sawadogo Windsouri	OMS	NPO, maternal and child health	Comment réussir la promotion de l'auto-soins dans un contexte où plus de la moitié de la population est illetrée?	Burkina Faso
Souleymane	Zan	WHO	TO/SRH	None	Benin
Stella	Akinso	NURHI	State Program officer	Available services for the physically challenged	Nigeria
Sujan Babu	Marahatta	MMIHS	Professor	How are African countries responding against COVID-19?	Nepal
Taiwo	Oyelade	WHO	Medical Officer	What are the gender considerations in self care?	Congo
Tamirat	Shiferaw	Ethiopian Midwives Association	Project Coordinator	One of the challenges in injectable contraceptive is waste disposal management especially for syringe and needle.	Ethiopia
Theopista John	Kabuteni	WHO	Technical Officer, RMNH	None	Rwanda
Theresa	Okwuashi	Life Heritage Maternity Centre	Nurse/Midwife	What is the relationship between COVID-19 and reproductive health?	Nigeria
Thierry	Tossou Boco	OMS	NPO/FHP	None	Benin

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Timothy	Yakubu	DuaLab Biomedical Diagnostics Services	Chief Executive	What are the requirements for quality improvement for these services?	Nigeria
Tizirai	Gwata	ECSACOP	Physician	None	Zimbabwe
Tope	Megbuwawon	AANI-PACFaH@ Scale	Technical Officer	What are the emerging issues in family planning at this time?	The United Kingdom
Trevor	Kanyowa	WHO	NPO FRH	To come	Zimbabwe
Tshino	Ramaite	Ipas	Community Advocacy and Policy Advisor	None	South Africa
Tsitsi	Siwela	WHO	Epidemiologist	None	Zimbabwe
Tunde	Adegboyega	WHO	Medical Officer	None	Zimbabwe
Ulrika	Rehnstrom Loi	WHO	Technical Officer	None	United States of America
Victoria		CHAI	Associate - SRHR	Country experiences on DMPA-SC - countries that have implemented the self-injectable	South Africa
Virginie	Ouedraogo	Jhpiego	Chargé de programme planification familiale du postpartum	None	Burkina Faso
Vivian	Bampoh	IOM	Chief Nurse	What self-care intervention will prevent pulmonary embolism?	Ethiopia
Wegen	Shirka	WHO	CAH_SRH	How to operationalize self care on injectable contraceptive & HPV self-sampling?	Ethiopia
Wendy	Smithen	Health	Nurse	None	Saint Kitts and Nevis
William	Dauda	Caritas Sierra Leone	National Director	Will the guidelines be available to all organizations?	Sierra Leone
Yalew	Gebeyehu	ABH/UNICEF	Nutrition Programme Analyst	How to sustain essential nutrition services in the context of COVID-19?	United States of America

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FIRST NAME	LAST NAME	ORGANIZATION	JOB TITLE	YOUR QUESTIONS ON THE WEBINAR TOPICS	COUNTRY/ REGION NAME
Yameogo	Nadia Sita	Direction de la santé de la famille / Ministère de la santé	Chargée de programme PTME/VIH	Les tests combinés Syphilis, hépatites, VIH sont ils préqualifiés par l'OMS?	Burkina Faso
Yolland	Ky	MS	DSF	None	Burkina Faso
Yves	Mongbo	OOAS	PO Santé Mère Enfant	Sans objet	Burkina Faso
Yves-Lyre	Marcellus	WHO	Operational Support and Logistics	None	Zambia
Zahra	El Amine	WHO	Intern	None	United States of America
Zampaligre	Fatimata	WHO	MPN	None	Burkina Faso
Zebideru	Abebe	MoH	MNCh TA	How to conduct HIV self-testing for pregnant women	Ethiopia
Zenebe	Akale	MOH	Maternal Health Team Coordinator	How to assess gestational age for CAC for self care?	Ethiopia
Zeouma Philippe	Sanou	IntraHealth International	Coordonnateur National	None	Burkina Faso
Zilpha	Samoei	Christian Health Association of Kenya	Public Health Technical Specialist	None	Kenya
Zione	Dembo	WHO Malawi	COVID-19 Surveillance Officer	None	Malawi
Zozo	Nene	University of Pretoria	Specialist and Senior Lecturer	None	South Africa

For more information, please contact:

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Health and Research
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https://www.who.int/reproductivehealth/about_us/en/