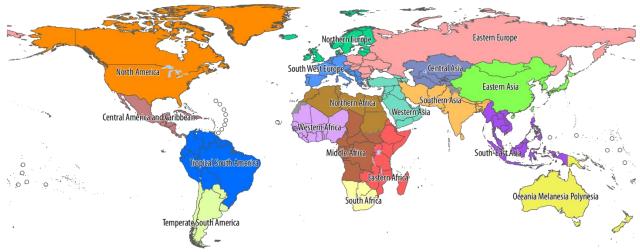


## **Influenza Transmission Zones**

The Influenza Transmission Zones are geographical groups of countries, areas or territories with similar influenza transmission patterns. Below is a map showing the borders of the Influenza Transmission Zones as well as the list of countries, areas or territories by zone.



The boundaries and name shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Influenza Transmission Zone	Country, area or territory <sup>1</sup>
North America	
	Bermuda (the United Kingdom)
	Canada
	Greenland (Denmark)
	Saint Pierre and Miquelon (France)
	United States of America
Central America Caribbean	
	Anguilla (the United Kingdom)
	Antigua and Barbuda
	Aruba (the Netherlands)
	Bahamas
	Barbados
	Belize
	British Virgin Islands (the United Kingdom)
	Cayman Islands (the United Kingdom)
	Costa Rica
	Cuba
	Dominica
	Dominican Republic
	El Salvador

<sup>&</sup>lt;sup>1</sup> If an area or territory is listed, the sovereign country is given in parentheses.

Influenza transmission zones © WHO 2025

Last updated: 2025-09-24



	Grenada
	Guadeloupe (France)
	Guatemala
	Haiti
	Honduras
	Jamaica (7
	Martinique (France)
	Mexico
	Montserrat (the United Kingdom)
	Netherlands Antilles (the Netherlands)
	Nicaragua
	Panama
	Puerto Rico
	Saint Barthélemy (France)
	Saint Kitts and Nevis
	Saint Lucia
	Saint Martin (France)
	Sint Maarten
	Saint Vincent and the Grenadines
	Trinidad and Tobago
	Turks and Caicos Islands (the United Kingdom)
	United States Virgin Islands (the United States of
	America)
Temperate South America	
	Argentina
	Chile
	Falkland Islands (Malvinas) (the United Kingdom)
	Paraguay
	Uruguay
Tropical South America	
	Bolivia (Plurinational State of)
	Brazil
	Colombia
	Ecuador
	French Guiana (France)
	Guyana
	Peru
	Suriname
	Venezuela (Bolivarian Republic of)
Northern Europe	
	Denmark
	Estonia
	Faroe Islands (Denmark)
	Influenza transmission zones



Finland

Guernsey (the United Kingdom)

Iceland Ireland

Isle of Man (the United Kingdom)

Jersey (the United Kingdom)

Latvia Lithuania Norway

Svalbard and Jan Mayen Islands (Norway)

Sweden

United Kingdom of Great Britain and Northern Ireland

South West Europe

Albania

Andorra Austria Belgium

Bosnia and Herzegovina

Croatia France Germany

Gibraltar (the United Kingdom)

Greece Italy

Liechtenstein Luxembourg

Malta Monaco Montenegro

Netherlands (Kingdom of the)

North Macedonia

Portugal San Marino Serbia Slovenia Spain Switzerland

\_\_\_\_\_

Eastern Europe

Belarus

Bulgaria Czechia

Hungary



	Kosovo (in accordance with UN Security Council
	resolution 1244 (1999))
	Poland
	Republic of Moldova
	Romania
	Russian Federation
	Slovakia
	Ukraine
Northern Africa	OKIAIIIE
Northern Arrica	Algeria
	Egypt
	Libya
	Morocco
	Sudan
	Tunisia
Eastern Africa	Turnsia
Edstern Arrica	Durundi
	Burundi
	Comoros
	Djibouti
	Eritrea
	Ethiopia
	Kenya
	Madagascar
	Malawi
	Mauritius
	Mayotte (France)
	Mozambique
	Réunion (France)
	Rwanda
	Seychelles
	Somalia
	Uganda
	United Republic of Tanzania
	Zambia
	Zimbabwe



Middle Africa	
	Angola
	Cameroon
	Central African Republic
	Chad
	Congo
	Democratic Republic of the Congo
	Equatorial Guinea
	Gabon
	Sao Tome and Principe
	South Sudan
Western Africa	
	Benin
	Burkina Faso
	Cabo Verde
	Côte d'Ivoire
	Gambia
	Ghana
	Guinea
	Guinea-Bissau
	Liberia
	Mali
	Mauritania
	Niger
	Nigeria
	Saint Helena (the United Kingdom)
	Senegal
	Sierra Leone
Carrella and Africa	Togo
Southern Africa	Datawara
	Botswana
	Eswatini
	Lesotho
	Namibia
	South Africa
Western Asia	
	Armenia
	Azerbaijan
	Bahrain
	Cyprus
	Georgia
	Iraq
	Israel
	Influenza transmission zones



	Jordan
	Kuwait
	Lebanon
	occupied Palestinian territory, including east
	Jerusalem
	Oman
	Qatar
	Saudi Arabia
	Syrian Arab Republic
	Türkiye
	United Arab Emirates
	Yemen
Central Asia	remen
	Kazakhstan
	Kyrgyzstan
	Tajikistan
	Turkmenistan
	Uzbekistan
Eastern Asia	
	China
	Democratic People's Republic of Korea
	Japan
	Mongolia
	Republic of Korea
Southern Asia	
	Afghanistan
	Bangladesh
	Bhutan
	India
	Iran (Islamic Republic of)
	Maldives
	Nepal
	Pakistan
	Sri Lanka
South East Asia	
	Brunei Darussalam
	Cambodia
	Indonesia
	Lao People's Democratic Republic
	Malaysia
	Myanmar
	Philippines
	Singapore
	Influenza transmission zones



Thailand Timor-Leste Viet Nam

Oceania Melanesia and Polynesia

American Samoa (the United States of America)

Australia Cook Islands

Fiji

French Polynesia (France)

Guam (the United States of America)

Kiribati

Marshall Islands

Micronesia (Federated States of)

Nauru

New Caledonia (France)

**New Zealand** 

Niue

Norfolk Island (Australia)

Northern Mariana Islands (the United States of

America)

Palau

Papua New Guinea

Pitcairn (the United Kingdom)

Samoa

Solomon Islands

Tokelau Tonga

Tuvalu

Vanuatu

Wallis and Futuna (France)