

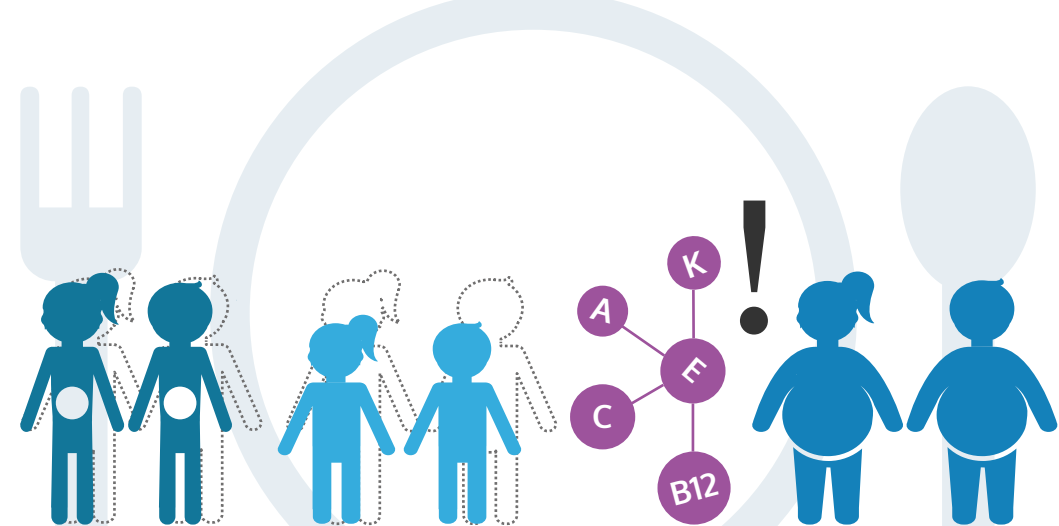


## WHAT

THE DOUBLE BURDEN OF MALNUTRITION IS CHARACTERISED BY THE COEXISTENCE OF:

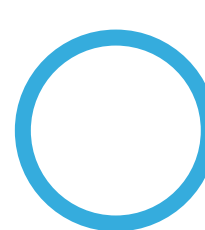


1



Undernutrition (wasting, stunting & micronutrient deficiencies) along with overweight and obesity

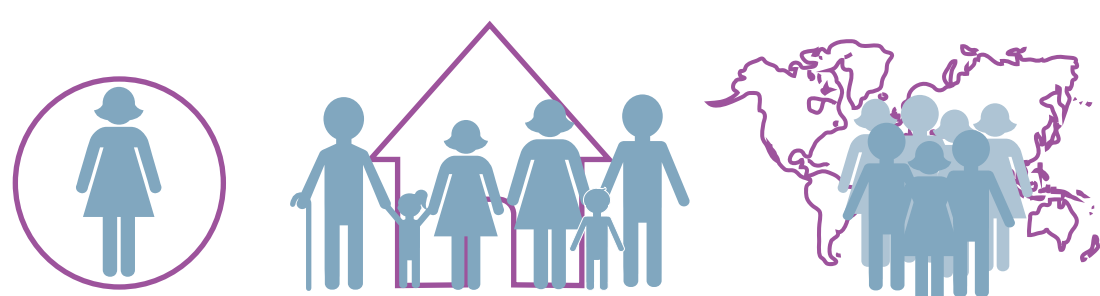
2



and diet-related noncommunicable diseases

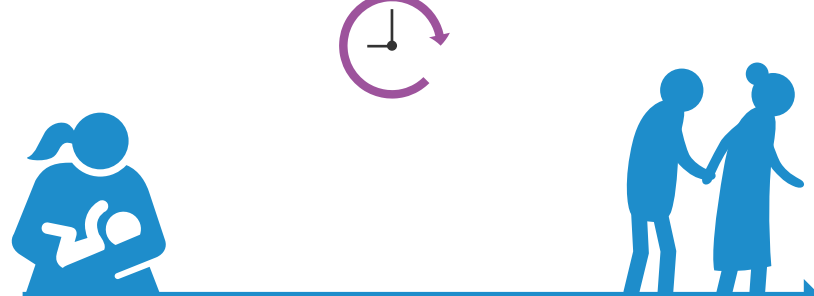
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within individuals, households and populations



4

throughout life



## WHERE



MALNUTRITION AFFECTS ALL REGIONS WORLDWIDE

ACROSS THE GLOBE

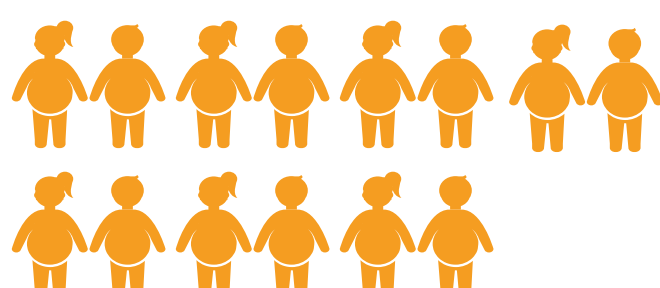
**1.9** BILLION  
ADULTS, 18 years and older, are overweight

**264** MILLION  
WOMEN of reproductive age are affected by iron-amenable anaemia

**>600** MILLION  
of these are OBESE

**462** MILLION  
ADULTS are underweight

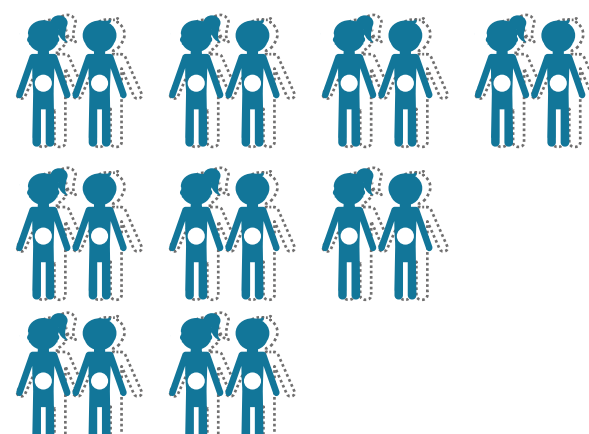
**42** MILLION  
children under the age of 5 years are **overweight or obese**



**156** MILLION  
children are **stunted** (too short for age)



**50** MILLION  
children are **wasted** (too thin for height)

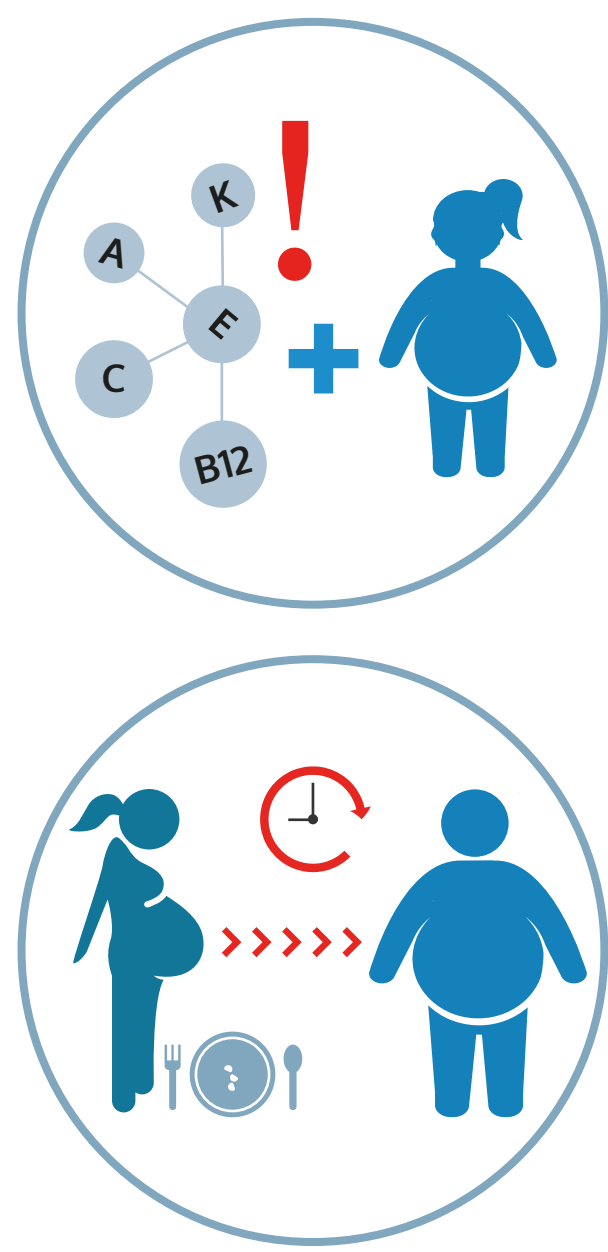


## WHO



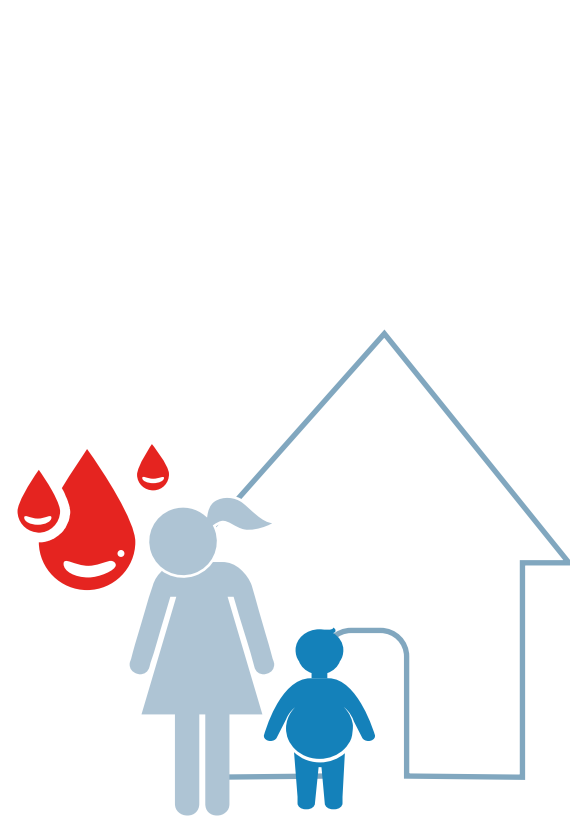
### INDIVIDUALS

with the simultaneous presence of two or more types of malnutrition, or development of multiple types over a lifetime



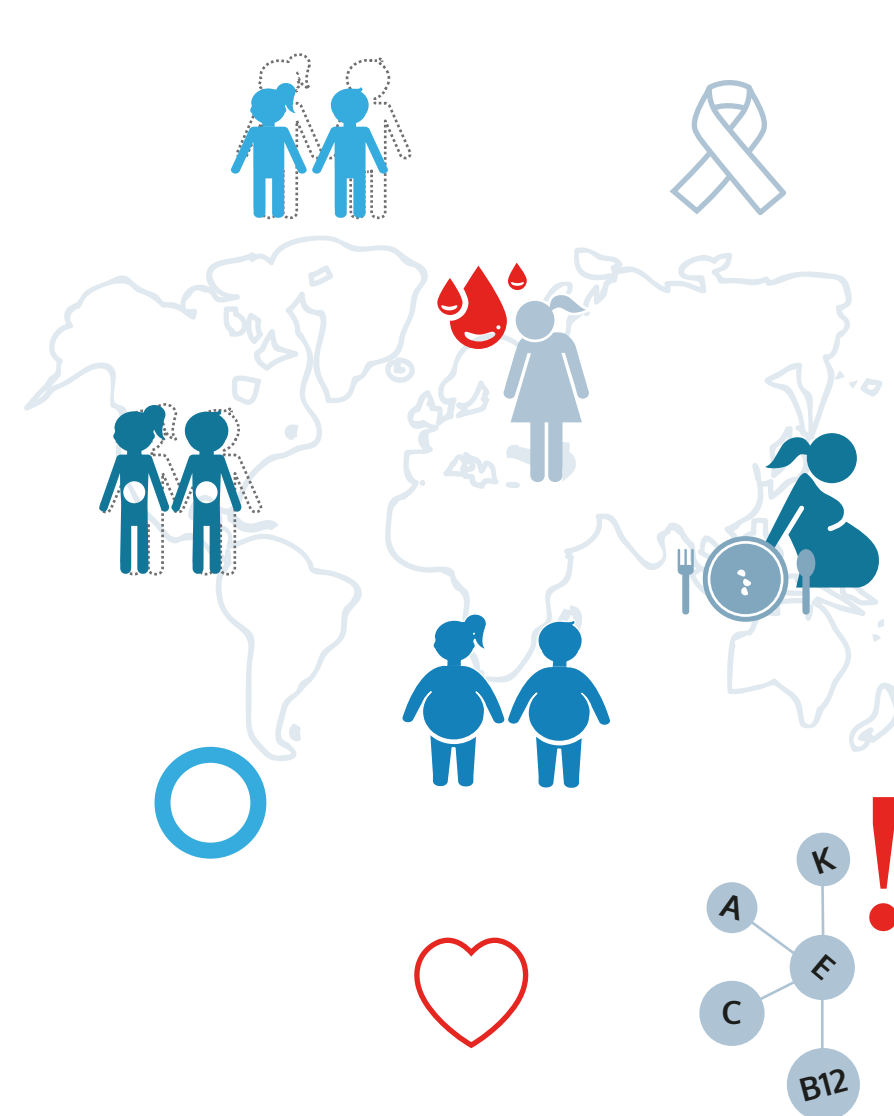
### HOUSEHOLDS

with multiple family members affected by different forms of malnutrition



### POPULATIONS

with both undernutrition and overweight prevalent in the same community, region or nation

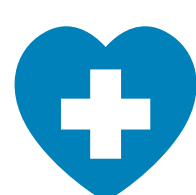


## WHY ACT

THE DOUBLE BURDEN IS AN IMPORTANT OPPORTUNITY FOR ACTION ON MALNUTRITION IN ALL ITS FORMS



Addressing malnutrition is essential to achieve the Sustainable Development Goals



Nutrition is critical to both health and economic development



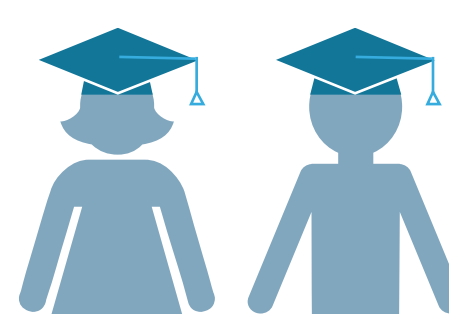
Focus and investment for integrated solutions will tackle malnutrition in all its forms

### GOOD NUTRITION



PROMOTES MATERNAL, INFANT AND CHILD HEALTH

IMPROVES SCHOOL & EDUCATION PERFORMANCE



SUPPORTS STRONGER IMMUNE SYSTEMS

REDUCES THE RISK OF DISEASE

