Your 5 Moments for Hand Hygiene

Haemodialysis in ambulatory care

1. BEFORE TOUCHING A PATIENT
   WHEN? Clean your hands before touching a patient.
   WHY? To protect the patient against harmful germs carried on your hands.

2. BEFORE CLEAN/ASEPTIC PROCEDURE
   WHEN? Clean your hands immediately before performing a clean/aseptic procedure.
   WHY? To protect the patient against harmful germs, including the patient’s own, from entering his/her body.

3. AFTER BODY FLUID EXPOSURE RISK
   WHEN? Clean your hands immediately after a procedure involving exposure risk to body fluids (and after glove removal).
   WHY? To protect yourself and the environment from harmful patient germs.

4. AFTER TOUCHING A PATIENT
   WHEN? Clean your hands after touching the patient at the end of the encounter or when the encounter is interrupted.
   WHY? To protect yourself and the environment from harmful patient germs.

5. AFTER TOUCHING PATIENT SURROUNDINGS
   WHEN? Clean your hands after touching any object or furniture in the patient surroundings when a specific zone is temporarily and exclusively dedicated to a patient - even if the patient has not been touched.
   WHY? To protect yourself and the environment from harmful patient germs.

Save Lives
Clean Your Hands