Your Moments for Hand Hygiene

Health care in a residential home

1. **BEFORE TOUCHING A PATIENT**
   - **WHEN?** Clean your hands before touching a patient.
   - **WHY?** To protect the patient against harmful germs carried on your hands.

2. **BEFORE CLEAN/ASEPTIC PROCEDURE**
   - **WHEN?** Clean your hands immediately before performing a clean/aseptic procedure.
   - **WHY?** To protect the patient against harmful germs, including the patient’s own, from entering his/her body.

3. **AFTER BODY FLUID EXPOSURE RISK**
   - **WHEN?** Clean your hands immediately after a procedure involving exposure risk to body fluids (and after glove removal).
   - **WHY?** To protect yourself and the environment from harmful patient germs.

4. **AFTER TOUCHING A PATIENT**
   - **WHEN?** Clean your hands after touching the patient at the end of the encounter or when the encounter is interrupted.
   - **WHY?** To protect yourself and the environment from harmful patient germs.

**World Health Organization**

**SAVE LIVES**
Clean Your Hands

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