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Practical guidance on glove use



- Use a pair of well-fitting, clean, disposable latex or latex-free gloves per patient or per procedure.
- Glove use reduces the health care worker's potential exposure to blood and reduces the patient's risk of cross contamination between patients.

WHEN?

Wear non-sterile, disposable, single-use gloves.

- For direct contact with patient's mucous membranes, blood, body fluids, moist body substances, non-intact skin.
- For handling potentially infectious materials or in contact with contaminated items and surfaces.
- For performing venepuncture.
- If the integrity of skin on the health care workers' hands is compromised.
- When there is a probability of contact with blood or other potentially infectious materials (saliva in dental procedures), mucous membrane, or non-intact skin.





Source: WHO (2006). Secretariat of the World Alliance for Patient Safety. HAND HYGIENE. When and How. WHO: Geneva.

WHO guidelines on drawing blood: **Best practices in phlebotomy**

WHEN? Change gloves.

- Between tasks and procedures on the same patient, and after contact with material that may contain a high concentration of microorganisms.
- During a procedure if visibly soiled, torn or punctured.
- After contact with each patient.

WHAT TO DO? After use.

- Remove gloves promptly and discard.
- Perform hand hygiene immediately after removing and discarding gloves. Gloves DO NOT replace the need for hand hygiene.
- Discard gloves on completion of treatment and before leaving areas of patient care activities.

WEAR sterile gloves **ONLY** for:

- Any procedure where aseptic technique is required (e.g., intra-vascular infusion and devices).
- DO NOT wash or decontaminate gloves for reuse.
- DO NOT wear gloves away from the bedside or laboratory bench; at nursing stations to handle phones, charts; to handle clean linen, clean equipment or patient care supplies; in hallways or elevators.
- Provide protection from needlesticks or other puncture wounds caused by sharp objects. Use extreme caution when handling needles, scalpels, etc.
- Health care workers with a latex allergy should be provided with gloves made from synthetic material.