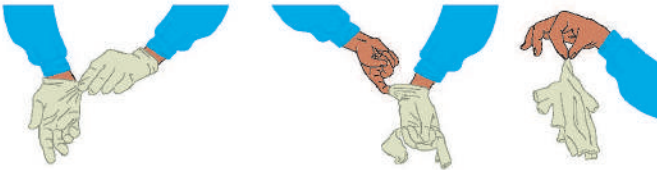


# Steps to remove personal protective equipment (PPE) for mpox

Ensure that infectious waste containers are available for safe disposal of PPE. Separate containers should be available for reusable items.

It is important to follow the steps in order

## 1 Take off gloves



## 2 Take off the gown

Ensure gown is pulled away from the body during removal and that clothing does not become contaminated and dispose of it safely.



## 3 Perform hand hygiene

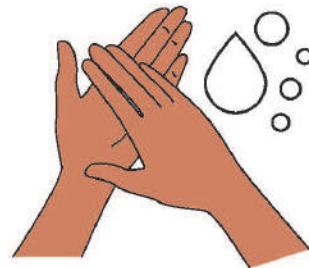
### Alcohol based handrub

Rub hands for 20–30 seconds.

or

### Water and soap

Wash hands for 40–60 seconds.



## 4 Take off eye protection

Remove eye protection by lifting the strap from behind the head and dispose of safely in waste bin. If reusable eye protection is used, place safely in bucket for decontamination.



## 5 Take off the medical mask

using the loops/ straps lifting away from the face. Dispose into waste container.

If ventilation unknown or based upon a risk assessment, take off the respirator (N95, FFP2 or equivalent).



## 6 Perform hand hygiene

### Alcohol based handrub

Rub hands for 20–30 seconds.

or

### Water and soap

Wash hands for 40–60 seconds.

