

DECADE OF HEALTHY AGEING 2020–2030 (decision WHA73(12) (2020))

REFERENCES to accompany the Progress report to the World Health Assembly (WHA79) in 2026

Paragraph 1 – WHO leading the implementation of the United Nations Decade of Healthy Ageing 2021-2030

In decision WHA73(12) the Health Assembly requested that the proposal for a Decade of Healthy Ageing 2020–2030 be transmitted to the Secretary General of the United Nations. The United Nations General Assembly, through resolution 75/131, declared 2021–2030 the Decade of healthy ageing (see <https://undocs.org/en/A/RES/75/131> that calls on WHO to lead the Decade). Subsequently, all references to the Decade of Healthy Ageing concern the period 2021–2030.

See document WHA73/2020/REC/1, decision WHA73(12).
https://apps.who.int/gb/ebwha/pdf_files/WHA73/A73%2812%29-en.pdf

See document EB146/23.

Decade of healthy ageing: baseline report. Geneva: World Health Organization; 2020
<https://www.who.int/publications/i/item/9789240017900>

Implementation of the United Nations Decade of Healthy Ageing (2021–2030). [Report of the World Health Organization on the implementation of the United Nations Decade of Healthy Ageing \(2021–2030\)](#). A/78/356. Seventy-eighth session, Agenda item 125, Global health and foreign policy.

Progress report on the United Nations Decade of Healthy Ageing, 2021-2023. Geneva: World Health Organization; 2023 <https://www.who.int/publications/i/item/9789240079694>

Progress reports : Decade of Healthy Ageing 2020–2030 (decision WHA73(12) (2020) A76/37 Geneva: World Health Organization; 2023

Implementation of the United Nations Decade of Healthy Ageing (2021–2030) A778/356
<https://docs.un.org/en/A/78/356> United Nations General Assembly 14 September 2023

Ageing is living: a strategy for promoting a lifetime of health and well-being in the WHO European Region 2026–2030. RC75 WHO European Regional Office. 2025

South-East Asia Regional Strategy on Healthy Ageing: 2024–2030. New Delhi: World Health Organization, Regional Office for South-East Asia; 2025. License: CC BY-NC-SA 3.0 IGO

Colombo Declaration on 'Healthy ageing through strengthened primary health care' New Delhi: World Health Organization, Regional Office for South-East Asia; 2025.

Series - The Decade of Healthy Aging in the Americas: situation and challenges - PAHO/WHO | Pan American Health Organization

Progress Report On The Framework For Implementing The Priority Actions Of The Global Plan Of Action Of The Decade Of Healthy Ageing 2021-2030 In The African Region

WHO and The Lancet spotlight social prescribing in new Western Pacific series
Global Congress on Population, Health and Human Development, Cairo, Egypt.
<https://www.globalphdc.com/>

Paragraph 2 – Changing how we think, feel and act towards age and ageing

Connecting Generations: planning and implementing interventions for intergenerational contact.
<https://www.who.int/publications/i/item/9789240070264>

The WHO Ageism Scale. <https://www.aworld4allages.org/who-ageism-scale>

Note the report to be submitted to the Secretary General of the UN in 2026, will elaborate on UN wide progress. For example, relevant to addressing ageism, relevant UN agencies organized the first organizational session of the intergovernmental working group on older persons, with the objective to elaborate a comprehensive, internationally legally binding instrument on the human rights of older persons, with the objective of promoting, protecting, and ensuring the full enjoyment of human rights by older persons. <https://www.ohchr.org/en/events/meetings/2026/organisational-session-intergovernmental-working-group-older-persons>

Paragraph 3 – Ensuring that communities foster the abilities of older people

About the Global Network for Age-friendly Cities and Communities - Age-Friendly World:
<https://extranet.who.int/agefriendlyworld/who-network/>

Age-friendly Environments: <https://www.who.int/teams/social-determinants-of-health/demographic-change-and-healthy-ageing/age-friendly-environments>

Training program: Age-friendly environments: <https://campus.paho.org/en/course/age-friendly-environments>

Age-friendly Environments Mentorship Programme: <https://extranet.who.int/agefriendlyworld/mentor-afe/>

Paragraph 4- Strengthening delivery of person-centred integrated care and primary health services responsive to older people

World Health Organization (2024). Integrated care for older people (ICOPE): guidance for person-centred assessment and pathways in primary care, 2nd ed. World Health Organization.
<https://iris.who.int/handle/10665/380175>.

Cape Verde invests in comprehensive essential services to offer better quality of care to the elderly.
<https://www.who.int/about/accountability/results/who-results-report-2020-mtr/country-story/2022/cape-verde-invests-in-comprehensive-essential-services-to-offer-better-quality-of-care-to-the-elderly>

Botswana to be a better place to grow old. <https://www.afro.who.int/countries/botswana/news/botswana-be-better-place-grow-old>

Paragraph 5 – Providing access to long-term care for older people who need it

WHO. Long-term care for older people: package for universal health coverage.
<https://www.who.int/publications/i/item/9789240086555>

WHO EURO. State of long-term care: conceptual framework for assessment and continuous learning in long-term care systems. <https://www.who.int/europe/publications/i/item/WHO-EURO-2024-10363-50135-75508>

PAHO. CE174/16 - Policy on Long-term Care. <https://www.paho.org/en/documents/ce17416-policy-long-term-care>

Paragraph 6 – Monitoring Progress

Making older persons visible in the sustainable development goals' monitoring framework and indicators. Geneva, WHO. 2024. <https://www.who.int/publications/i/item/9789240090248>

Measuring the progress and impact of the UN Decade of Healthy Ageing (2021-2030): framework and indicators recommended by WHO Technical Advisory Group. WHO, Geneva 2025
<https://www.who.int/publications/i/item/9789240104181>

WHO Ageing Data Portal <https://platform.who.int/data/maternal-newborn-child-adolescent-ageing/ageing-data>

Paragraph 7 – Accelerating Progress

Framework to implement a life course approach in practice. Geneva: World Health Organization. 2025.
<https://www.who.int/publications/i/item/9789240112575>