## **BASIC RESUSCITATION OF THE NEWBORN**

Observe interventions to help a newborn breathe at birth.

| Name of observer:  | Date: |          |
|--|-------|----------|
|  | Yes   | No       |
| Called out time of birth   |       |          |
| Dried the baby thoroughly  |       |          |
| Removed the wet cloth  |       |          |
| Placed baby in direct skin-to-skin contact with mother                 |       |          |
| Recognized not crying/not breathing well                               |       |          |
| Covered baby's body and head   |       |          |
| Stimulated to breathe  |       |          |
| Cleared airway only if needed  |       |          |
| Recognized not breathing   |       |          |
| Called for help  |       |          |
| Clamped or tied and cut the umbilical cord                             |       |          |
| Communicated with mother ("I am going to help your baby breathe.")     |       |          |
| Moved baby to ventilation area and quickly covered                     |       |          |
| Positioned baby's head slightly extended and confirmed mask size       |       |          |
| Ventilated (by 1 minute)   |       |          |
| - Positioned mask to cover chin, mouth and nose                        |       |          |
| - Achieved good mask seal  |       |          |
| - Gave ventilations at 40 breaths/min (30-50)                          |       |          |
| - Maintained good chest movement with each breath                      |       |          |
| - Recognized if chest not moving and took steps to improve ventilation |       |          |
| - Reapplied mask, repositioned head                                    |       |          |
| - Cleared the airway and opened the mouth slightly                     |       |          |
| - Squeezed the bag harder  |       |          |
| Recognized breathing   |       |          |
| - Recognized breathing   |       |          |
| - Assessed breathing rate and adequacy                                 |       |          |
| - Stopped ventilation if more than 30 breaths per minute and no severe |       |          |
| chest in-drawing   |       | $\vdash$ |
| - Monitored breathing, colour, temperature with mother skin-to-skin    |       |          |
| Recognized NOT breathing   |       |          |
| - Checked heart rate after 1 minute of ventilation                     |       | $\vdash$ |
| - Continued or improved ventilation                                    |       | $\vdash$ |
| Communicated with mother and family                                    |       | $\vdash$ |
| Decided on advanced care (if needed)                                   |       | $\vdash$ |
| Placed identity label  |       |          |
| If baby did not survive gave culturally appropriate compassionate care |       |          |
| Completed appropriate registers and forms                              |       |          |

## **Discuss together**

What did you observe? What was done well? Problems identified? Change needed?

**Complete QI template** 

<sup>\*</sup> In situations away from a health facility you may need to kneel at newborn's head.