

BREAST MILK FEEDING: ALTERNATIVE METHODS

Select the objective:

1. Observe a health worker supporting a mother to give her newborn a cup or nasogastric feed.
2. Support a mother to feed her newborn by cup or nasogastric tube.

Name of observer:..... Date:.....

Support mother to safely feed her newborn by cup

	Yes	No
Performed hand hygiene.....	<input type="checkbox"/>	<input type="checkbox"/>
Measured the correct volume of breast milk	<input type="checkbox"/>	<input type="checkbox"/>
Noted baby's feeding cues (readiness to feed).....	<input type="checkbox"/>	<input type="checkbox"/>
Held the baby in a semi-upright, sitting position on her lap.....	<input type="checkbox"/>	<input type="checkbox"/>
Rested the cup lightly on the lower lip	<input type="checkbox"/>	<input type="checkbox"/>
Tipped the cup so that milk just reached the baby's lips.....	<input type="checkbox"/>	<input type="checkbox"/>
Controlled the flow of milk (did not pour milk into the baby's mouth)	<input type="checkbox"/>	<input type="checkbox"/>
Noted baby's feeding cues (stopping cues)	<input type="checkbox"/>	<input type="checkbox"/>
Brought up wind after the feed.....	<input type="checkbox"/>	<input type="checkbox"/>
Any other observations		

Support a mother to safely feed her newborn by nasogastric tube:

Performed hand hygiene.....	<input type="checkbox"/>	<input type="checkbox"/>
Measured the correct volume of milk	<input type="checkbox"/>	<input type="checkbox"/>
Held baby in semi upright sitting position.	<input type="checkbox"/>	<input type="checkbox"/>
Attached a syringe (without plunger) to the end of the tube	<input type="checkbox"/>	<input type="checkbox"/>
Pinched the tube closed next to the syringe while adding milk.	<input type="checkbox"/>	<input type="checkbox"/>
Adjusted the flow of milk by raising or lowering the syringe	<input type="checkbox"/>	<input type="checkbox"/>
Brought up wind after the feed.....	<input type="checkbox"/>	<input type="checkbox"/>
Any other observations:		

Discuss together

What did you observe?
 What was done well?
 Problems identified?
 Change needed?

Complete QI template