

# KEEPING THE NEWBORN WARM

## Select the objective:

1. Observe a health worker measuring temperature of a newborn, explaining and applying measures to maintain temperature.
2. Measure temperature of a newborn, explain and apply measures to maintain temperature.

Name of observer:..... Date:.....

	Yes	No
Introduced self .....	<input type="checkbox"/>	<input type="checkbox"/>
Explained procedure and gained consent .....	<input type="checkbox"/>	<input type="checkbox"/>
Cleaned the thermometer .....	<input type="checkbox"/>	<input type="checkbox"/>
Practiced correct hand hygiene .....	<input type="checkbox"/>	<input type="checkbox"/>
Continued skin-to-skin contact .....	<input type="checkbox"/>	<input type="checkbox"/>
If not in skin-to-skin contact, did not remove clothing .....	<input type="checkbox"/>	<input type="checkbox"/>
Put the tip of the thermometer high in the armpit (axilla) and held the arm against the chest while taking temperature .....	<input type="checkbox"/>	<input type="checkbox"/>
- 3–5 minutes for a mercury thermometer.....	<input type="checkbox"/>	<input type="checkbox"/>
- Until audible signal for a digital thermometer .....	<input type="checkbox"/>	<input type="checkbox"/>
Read the temperature and explained the findings to the mother .....	<input type="checkbox"/>	<input type="checkbox"/>
If temperature not normal, immediately informed the responsible person/s and took appropriate actions to improve thermal control .....	<input type="checkbox"/>	<input type="checkbox"/>
Recorded the temperature in the newborn's notes .....	<input type="checkbox"/>	<input type="checkbox"/>
Showed the mother how to check the baby's temperature .....	<input type="checkbox"/>	<input type="checkbox"/>
Showed the mother how to keep newborn warm and explained the importance of maintaining warmth .....	<input type="checkbox"/>	<input type="checkbox"/>
Used effective and respectful communication .....	<input type="checkbox"/>	<input type="checkbox"/>
Checked mother's understanding .....	<input type="checkbox"/>	<input type="checkbox"/>
Handled the baby gently .....	<input type="checkbox"/>	<input type="checkbox"/>

*In case of temperature values out of the normal range (36.5–37.5 °C), inform the responsible health personnel and your facilitator and take appropriate corrective actions.*

## Discuss together

What did you observe?  
 What was done well?  
 Problems identified?  
 Change needed?

Complete QI template