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| **Essential Newborn Care  Compilation of videos** | | | A picture containing logo  Description automatically generated   |  | | --- | |  | |
| © World Health Organization 2024. All rights reserved. | | | |
| Note: Review videos and download those you will use if you have poor internet connection. | | | |
|  | **Name of video with hyperlink** | **Content** | **Source and copyright** |
| **Background** | | | |
| 1 | [Respectful care during labour and birth](https://globalhealthmedia.org/portfolio-items/respectful-care-during-labor-and-birth/) | How to communicate respect and kindness to every woman in your care | Global Health Media Project |
| 2 | [Human rights-based approach and standards](https://www.youtube.com/watch?v=DchjpjHOoaE) | An introduction to a human rights-based approach | The Danish Institute for Human Rights |
| 3 | [Equity and Equality](https://www.youtube.com/watch?v=nCS7Rus4_-Y) | Equity and equality: understanding the difference | University of Maine's Rising Tide Center |
| 4 | [WHO how midwives keep mothers and newborns safe](https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&cad=rja&uact=8&ved=2ahUKEwjFwqW3u4XzAhWB4IUKHTxAC5IQuAJ6BAgCEAY&url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Dc1I8zQGVycA&usg=AOvVaw2HKYOG62gb6OY38EhJfDRV) | How midwives keep mothers and babies safe | WHO |
| 5 | [UNICEF What is nurturing care? Why is it important?](https://www.youtube.com/watch?v=kP4YMbBsEFg) | The key early childhood development elements for nurturing care | UNICEF |
| 6 | [Serve and return](https://www.youtube.com/watch?v=m_5u8-QSh6A) | Responsive interactions influence brain circuitry | Harvard Center on the Developing Child |
| 7 | [What is critical reflection?](https://www.youtube.com/watch?v=vGyjF9Ngd8Y) | Introducing the “What, So What, Now What” model | University of Guelph |
| **Communication and respectful care** | | | |
| 1 | [Respectful care during labour and birth](https://globalhealthmedia.org/portfolio-items/respectful-care-during-labor-and-birth/) | How to communicate respect and kindness to every woman in their care | Global Health Media Project |
| 2 | [Understanding baby cues](https://raisingchildren.net.au/newborns/behaviour/crying-colic/baby-cues) | Baby cues (introduction, tired, hungry) | Raising children Australia |
| 3 | [Communicating with newborn through play](https://raisingchildren.net.au/newborns/connecting-communicating/communicating/baby-cues#about-baby-cues-and-body-language-nav-title) | Baby cues (play and break) | Raising children Australia |
| 4 | [Empathy: The Human Connection to Patient Care](https://www.youtube.com/watch?v=cDDWvj_q-o8) | Empathy The human connection to patient care | Vermont Hospital US |
| 5 | [Empathy vs sympathy](https://www.youtube.com/watch?v=1Evwgu369Jw) | Cartoon explaining difference between empathy and sympathy | Royal Society of Arts UK |
| 6 | [Attitudinal barriers to communication](https://www.youtube.com/watch?v=UXuSyIHtCNY&list=PLA7dYQkD0BtrtPhanvKnc1hlk0oeKMCSf&index=4) | Barriers and negative attitudes of healthworkers leading to poor health outcomes | WHO WPRO |
| 7 | [Understanding communication barriers and removing them](https://www.youtube.com/watch?v=XTq9a4VIE_A&list=PLA7dYQkD0BtrtPhanvKnc1hlk0oeKMCSf&index=8) | Communication barriers eg mothers who are deaf , blind or who have other communication impairments | WHO WPRO |
| 8 | [Disability inclusive communication](https://www.youtube.com/watch?v=hnzAyGdGwjQ&list=PLA7dYQkD0BtrtPhanvKnc1hlk0oeKMCSf&index=9) | Strategies to include mothers with any communication impairments | WHO WPRO |
| 9 | [WHO respectful care](https://www.youtube.com/watch?v=lPYnPKaqyt4) | Intrapartum care for a positive childbirth experience | WHO |
| 10 | [UNICEF communication and brain growth](https://www.unicef.org/parenting/inspiration/mollys-ted-talk) | Playing and talking builds neurones and synapses | UNICEF |
| 11 | [Baby Talk for Parents](https://babytalkforparents.org/?utm_campaign=early-moments&utm_medium=referral&utm_source=unicef-parenting) | The importance of communicating with baby and how to do so. | UNICEF |
| 12 | [Building-your-babys-mental-health](https://www.unicef.org/parenting/health/building-your-babys-mental-health) | Communication with newborn | UNICEF |
| 13 | [7-questions-about-communicating with babies-every-new-parent-asks-](https://www.unicef.org/parenting/child-development/7-questions-about-babies-every-new-parent-asks-class) | Communication in pregnancy | UNICEF |
| **Infection prevention for newborns** | | | |
| 1 | [Hand hygiene using fluorescent gel](https://www.youtube.com/watch?v=3SfHdSHK-g0) | Why and how to wash hands properly (UV experiment) | Babylon |
| 2 | [Wash-your-hands timed](https://www.nhs.uk/live-well/best-way-to-wash-your-hands/) | Video shows actions timed in seconds | NHS UK |
| 3 | [WHO handwashing with the tippy tap](https://www.afro.who.int/node/12469) | How to construct a tippy tap | WHO AFRO |
| 4 | [Health workers nurses and midwives wash hands save lives WHO](https://www.youtube.com/watch?v=dK7FNjFDG7A) | Nurses and midwives, clean care is in your hands! | WHO |
| 5 | [Appropriate hand hygiene](https://globalhealthmedia.org/videos/protecting-small-babies-from-infection/) | An overview of basic steps to protect small babies from infection | Global Health Media Project |
| 6 | [The safe hands challenge](https://www.youtube.com/watch?v=y7e8nM0JAz0) | The Safe Hands challenge | WHO |
| 7 | [Overview preventing infection at birth](https://globalhealthmedia.org/portfolio-items/preventing-infection-at-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | Preventing infection at birth | Global Health Media Project |
| 8 | [WHO correct use of PPE](https://www.paho.org/hq/index.php?option=com_content&view=article&id=7917:2012-videos-proper-use-ppe&Itemid=40295&lang=en) | Proper use of PPE | WHO |
| 9 | [WHO correct use of medical mask](https://www.youtube.com/watch?v=adB8RW4I3o4) | How to wear a medical mask | WHO |
| 10 | [Waste segregation and disposal](https://www.youtube.com/watch?v=GaOwR9hy3EQ%20Clinical%20waste) | Biomedical waste segregation and disposal | WHO–CC AIIMS |
| 11 | [How to clean floors, walls and other surfaces](https://www.youtube.com/watch?v=gGWXPC1bsHk) | How to clean floors, walls and other surfaces of NICU | WHO–CC AIIMS |
| 12 | [Importance of handwashing Newborn unit](https://www.youtube.com/watch?v=ZASAe-Y3G_4) | Hand washing | WHO–CC AIIMS |
| **Data collection and use** | | | |
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| 1 | [POCQI example: support mothers to express breastmilk](https://www.youtube.com/watch?v=XOEhoU2DJ6g) | Shows how nursing staff define the problem, find solutions and monitor progress for supporting mothers. | WHO–Collaborating Centre All India Institute of Medical Sciences (AIIMS) |
| 2 | [POCQI process Myanmar essential newborn care](https://www.pocqi.org/uploads/videos/GMT20180803-061228_---Improvi_1344x768.mp4) | Sharing quality improvement experiences across the WHO South East Area Region | WHO–CC AIIMS |
| 3 | [How and why you should collect disability data](https://www.youtube.com/watch?v=FgYcvZGkM-s&list=PLA7dYQkD0BtrtPhanvKnc1hlk0oeKMCSf) | Overview data collection | WHO WPRO |
| 4 | [Birth registration role of healthworkers](https://www.youtube.com/watch?v=iUF2eY-OfMs) | Overview of the importance of birth registration and birth certificates and health worker role | UNICEF |
| **Preparation for delivery** | | | |
| 1 | [Preparing the birth room](https://globalhealthmedia.org/portfolio-items/preparing-the-birth-room/?portfolioCats=191%2C94%2C13%2C23%2C65) | The supplies to have ready to prepare for a birth | Global Health Media Project |
| 2 | [Check equipment](https://globalhealthmedia.org/portfolio-items/helping-babies-breathe-at-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | The basic steps of newborn resuscitation | Global Health Media Project |
| 3 | [Preparing for birth small baby](https://globalhealthmedia.org/portfolio-items/preparing-for-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to prepare for the small baby’s special needs at birth | Global Health Media Project |
| 4 | [Preventing infection at birth](https://globalhealthmedia.org/portfolio-items/preventing-infection-at-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | An overview of basic steps to prevent infection at birth | Global Health Media Project |
| 5 | [Respectful care during labour and birth](https://globalhealthmedia.org/portfolio-items/respectful-care-during-labor-and-birth/) | How to communicate respect and kindness to every woman in your care | Global Health Media Project |
| **Immediate care at birth** | | | |
| 1 | [Immediate care at birth](https://globalhealthmedia.org/portfolio-items/immediate-care-after-birth/?portfolioID=5623) | How to care for both the mother and baby right after birth | Global Health Media Project |
| 2 | [Providing essential care at birth](https://globalhealthmedia.org/portfolio-items/immediate-care-after-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) |
| 3 | [Immediate care of twins](https://globalhealthmedia.org/portfolio-items/assisting-the-birth-of-twins/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to assist in the birth of twins and what additional problems to anticipate | Global Health Media Project |
| 4 | [Immediate newborn care SMALL baby](https://globalhealthmedia.org/portfolio-items/providing-essential-care-at-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | The steps of essential care of the small baby at birth | Global Health Media Project |
| 5 | [Continuous skin-to-skin care](https://globalhealthmedia.org/portfolio-items/continuous-skin-to-skin-care/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to help a mother position her baby, secure him safely in a wrap, and care for the needs of her baby and herself while in continuous skin-to-skin contact | Global Health Media Project |
| 6 | [WHO immediate care at birth caesarian section](https://www.youtube.com/watch?v=wY92JZLTBdI) | The First Embrace on caesarean section: Leave no newborn behind | WHO WPRO |
| 7 | [Immediate newborn care normal baby](https://www.youtube.com/watch?v=aX8RtO3G4f4) | Overview of care of normal baby at birth | WHO-CC AIIMS |
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| 8 | [First Embrace: The universal first act of love](https://www.youtube.com/watch?v=ZWbQTA65tAw) | Immediate care immediate prolonged skin to skin | WHO WPRO |
| 9 | [Implementation of the first embrace](https://www.youtube.com/watch?v=_8T2ePCty4E) | Parents and professional report on impact of implementing first embrace | WHO WPRO |
| **Keeping the newborn warm** | | | |
| 1 | [Thermal protection of newborn](https://www.youtube.com/watch?v=oCRHw9xGDcc) | Thermal protection of the newborn | WHO–CC AIIMS |
| 2 | [Immediate drying the newborn](https://globalhealthmedia.org/portfolio-items/immediate-care-after-birth) | How to care for both the mother and baby right after birth, including drying the newborn | Global Health Media Project |
| 3 | [Taking the temperature](https://globalhealthmedia.org/portfolio-items/newborn-physical-exam/) | Newborn physical exam including observation, vital signs, and the head-to-toe exam. | Global Health Media Project |
| 5 | [Hypothermia: Mild and moderate](https://www.youtube.com/watch?v=6bQdSVd5vRU&list=PLlnCfzj-EjrUfebihLVRJT5MvVOie1niE&index=10&t=5s) | Management of mild and moderate hypothermia | WHO–CC AIIMS |
| 6 | [Severe hypothermia](https://www.youtube.com/watch?v=YzuNeYW9gZs) | Signs and management of neonates with severe hypothermia | WHO–CC AIIMS |
| 6a | [Hypothermia](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EbA4I2SMzMFHvvMR9w2Dl3QBzFb0taWVTsg5avaCuz66hA?e=T3o8UL) | Clip definitions and underlying causes | WHO–CC AIIMS |
| 6b | [Management of Hypothermia](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/Ed4jkjcmBn1Hq1jWXIleZpQBxrUzvnLY5-mvn0K_89IoUA?e=TrdDNG) | Clip prevention and management |  |
| 6c | [Warm Chain](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EYrrkw99vitBoVa29Jnf0TsBPXQziYcJEIkitkc9E_OcVQ?e=cxjzCa) | Clip components of warm chain |  |
| 7 | [Improving thermal care](https://globalhealthmedia.org/portfolio-items/keeping-the-baby-warm/) | Ways to protect the baby from becoming too cold or too hot during the first days of life | Global Health Media Project |
| 8 | [Referring a sick baby](https://globalhealthmedia.org/portfolio-items/referring-a-sick-baby/) | The essential features of a referral process including keeping the newborn warm | Global Health Media Project |
| 9 | [Use radiant warmer safely](https://www.youtube.com/watch?v=T7hhmPiXdX8&list=PLlnCfzj-EjrUfebihLVRJT5MvVOie1niE&index=1) | How to use a radiant warmer | WHO–CC AIIMS |
| 10 | [Use incubator safely](https://www.youtube.com/watch?v=QxDSqAo3wdk&list=PLlnCfzj-EjrUfebihLVRJT5MvVOie1niE&index=2) | How to use an incubator | WHO–CC AIIMS |
| 11 | [Transport incubator](https://www.youtube.com/watch?v=hYXQqA7dGco) | Using a transport incubator | WHO–CC AIIMS |
| 12 | [The cold baby](https://globalhealthmedia.org/portfolio-items/the-cold-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to examine the cold baby, warm the baby and determine if the baby is sick and needs referral | Global Health Media Project |
| **Breastfeeding: Ensuring a good start** | | | |
| 1 | [Breastfeeding healthy newborns](https://www.youtube.com/watch?v=z2Ymu4GfIjw) | Overview of breastfeeding including physiology milk composition positions and attachment | AIIMS WHO CC |
| 2 | [Meeting baby for the first time](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/relationship-building-resources/meeting-baby-for-the-first-time-video/) | Meeting baby for the first time early initiation baby led attachment | UNICEF |
| 3 | [Early initiation of breastfeeding](https://globalhealthmedia.org/portfolio-items/early-initiation-of-breastfeeding/?portfolioCats=191%2C94%2C13%2C23%2C65) | Early breastfeeding initiation and ways to support the practice with mothers and staff Shows cues and behaviours. | Global Health Media Project |
| 4 | [Positioning and attachment](https://www.youtube.com/watch?v=3nbTEG1fOrE&t=109s) | Positioning and attachment home visit of peer lactation supporter | UNICEF BFHI |
| 5 | [Breastfeeding attachment](http://globalhealthmedia.org/portfolio-items/breastfeeding-attachment/?portfolioID=5623) | Importance of good attachment and how to help mothers deeply attach the baby to the breast | Global Health Media Project |
| 6 | [Poor Attachment](https://www.youtube.com/watch?v=PSzbrtIT91s&t=31s) | Animation of poor attachment | UNICEF BFHI and Best beginnings |
| 7 | [Baby-led-attachment](https://raisingchildren.net.au/newborns/breastfeeding-bottle-feeding/how-to-breastfeed/baby-led-attachment) | Attachment by baby preventing difficulties | Raising Children Australia |
| 8 | [Baby led feeding](https://www.youtube.com/watch?v=9I4YrGmWuno&t=93s) | Responsive breastfeeding | UNICEF BFHI and Best beginnings |
| 9 | [Breastfeeding holds](https://raisingchildren.net.au/newborns/breastfeeding-bottle-feeding/breastfeeding-videos/breastfeeding-positions) | Alternative positions. Practical advice for mothers for many situations. | Raising Children Australia |
| 10 | [Breastfeeding positions](http://globalhealthmedia.org/portfolio-items/breastfeeding-positions/?portfolioID=5623) | Basic points important for any position and several common positions that have worked well for many mothers and babies | Global Health Media Project |
| 11 | [Helping a breastfeeding mother](http://globalhealthmedia.org/portfolio-items/helping-a-breastfeeding-mother/?portfolioID=5623) | How to observe and support a breastfeeding mother | Global Health Media Project |
| 12 | [Formula milk marketing and infant feeding](https://www.youtube.com/watch?v=qkCxAM-oopI) | Effects of formula milk marketing on infant feeding | WHO UNICEF |
| 13 | [Optimising breastfeeding](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EV1tobITAzhLuNxRq2IrQLAB75OdL8HQoI--YnvDeu2jAA?e=3xMOtC) | Clip Overview feeding normal babies | AIIMS WHO CC |
| 14 | [UNICEF Practices that effect breastfeeding and giving practical support](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/breastfeeding-resources/maximising-breastmilk-video/) | Supporting mothers and maximizing breast milk. Any breastfeeding is better than none. Dose dependent effects. Always respect mothers decisions | UNICEF |
| 15 | [Maximising-breastmilk production](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/breastfeeding-resources/maximising-breastmilk-video/) |
| 16 | [UNICEF Questions mothers ask](https://www.youtube.com/watch?v=mTm9zvz5-Dc) | Breastfeeding master class clear answers to common questions | UNICEF |
| 17 | [UNICEF best-beginnings](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/breastfeeding-resources/best-beginnings-videos/) | Best Beginnings videos (7 videos) | UNICEF |
| 18 | [Responsive nurturing care](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/breastfeeding-resources/breastfeeding-relationships-early-days-video/) | Breastfeeding and relationships in the early days | UNICEF |
| 19 | [The cost of not breastfeeding](https://www.youtube.com/watch?v=2UBoewj4XZI&t=3s) | The cost of not breastfeeding potential, lives, livelihoods | Alive and Thrive |
| **Examine the newborn** | | | |
| 1 | [Breathing problems](https://globalhealthmedia.org/portfolio-items/breathing-problems/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to evaluate a baby with a breathing problem | Global Health Media Project |
| 2 | [Weigh the baby](https://globalhealthmedia.org/videos/basic-skills/?portfolioCats=191%2C94%2C13%2C23%2C65) |  | Global Health Media Project |
| 3 | [Newborn examination](https://globalhealthmedia.org/portfolio-items/newborn-physical-exam) | Newborn physical exam, including observation, vital signs and the head-to-toe exam | Global Health Media Project |
| 4 | [Normal movements](file:///C:\Users\ACER\Jura%20Eds\AppData\Local\Facilitation\Normal%20movements.mp4) | Normal movements | WHO |
| 5 | [Abnormal movements](file:///C:\Users\ACER\Jura%20Eds\AppData\Local\Facilitation\Abnormal%20movements.mp4) | Abnormal movements | WHO |
| 6 | [Developmental dysplasia of the hip](https://www.rch.org.au/kidsinfo/fact_sheets/Developmental_dysplasia_of_the_hip_DDH_video/) | how do you examine and what are the consequences of not screening and treating. | RCH Melbourne Australia |
| 7 | [Check for jaundice](https://globalhealthmedia.org/portfolio-items/jaundice/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to check for jaundice, help normal jaundice clear and recognize when jaundice needs urgent referral | Global Health Media Project |
| 8 | [Anthropometry Newborn head circumference, weight, length](https://www.youtube.com/watch?v=bWJkDmZ6qPc&feature=youtu.be)  [How to measure head circumference](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/ER8YmdnmCT9GkKGb2oSJANYBgixuC1F-8DVm1xRI7a4xHw?e=aFaEWb)  [How to measure length](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/ESOCTe9l82xNh68byLPUo5MBhkyP-nJVFG3lSMNX4dNHUQ?e=qiTLWN)  [How to weigh accurately](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EbOyzdGBPQhKgeS14j98JV0BhQS5q77exk2TOTSEjZI1UA?e=nfOWMW) | Intergrowth anthropometry complete video  Clips | INTERGROWTH-21st |
| 9 | [ENC2 video collection](https://hmbs.org/course/enc2-facilitator/) | ENC2 Assessment and preventing disease video collection in 4 parts | Global Health Media Project |
| 10 | [Danger signs Newborns](https://www.youtube.com/watch?v=3_jfxXjqFrE&t=234s) | Overview of danger signs (6 minutes) | WHO CC AIIMS |
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| 11 | [Examination of the newborn](https://www.youtube.com/watch?v=nEKdp2g1WIA) | Overview of whole process including content place time (18 minutes ) | WHO CC AIIMS |
| **Basic newborn resuscitation** | | | |
| 1 | [Teaching points for newborn resuscitation](https://globalhealthmedia.org/portfolio-items/teaching-points-for-newborn-resuscitation/?portfolioCats=191%2C94%2C13%2C23%2C65) | Eleven key teaching points to enhance a trainee’s practical knowledge of the steps of basic newborn resuscitation | Global Health Media Project |
| 2 | [Helping babies breathe at birth](https://globalhealthmedia.org/portfolio-items/helping-babies-breathe-at-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | The basic steps of newborn resuscitation | Global Health Media Project |
| 3 | [Neonatal resuscitation](https://www.youtube.com/watch?v=_bcYkXgidss&t=955s) | Overview of all steps | WHO CC AIIMS |
| 4 | [Referring a sick baby](https://globalhealthmedia.org/portfolio-items/referring-a-sick-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | The essential features of a referral process. | Global Health Media Project |
| 5 | [Referring a small baby](https://globalhealthmedia.org/videos/referring-a-small-baby/) | How to stabilize a baby for transport and the key features of a referral for a small or sick baby | Global Health Media Project |
| 6 | [ENC1 video collection](https://hmbs.org/course/enc1-facilitator/) | Immediate care helping babies breathe at birth Video collection | Global Health Media Project |
| 7 | [Helping babies breathe with a training doll](https://globalhealthmedia.org/portfolio-items/helping-babies-breathe-with-a-training-doll/) | Using a training doll, shows the basic steps of newborn resuscitation | Global Health Media Project |
| **Small baby and Kangaroo Mother Care** | | | |
| **1** | [Low birthweight management overview](https://www.youtube.com/watch?v=_0gP3MdS56Q) | Overview epidemiology causes and management |  |
| 2 | [Low birth weight neonates introduction](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/Eb9LEbE7ckJFv-IhkS-qLmwBw8Q6bUnBbKxiO-1QJHbIuw?e=1zcEKA) | Clip Overview epidemiology underlying causes and risks | WHO–CC AIIMS |
| 3 | [Anthropometry Newborn head circumference, weight, length](https://www.youtube.com/watch?v=bWJkDmZ6qPc&feature=youtu.be) | How to measure and weigh | Intergrowth 21st project |
| 4 | [Immediate KMC all newborns](https://youtu.be/IIQB_ylzXmA) | WHO iKMC-study 2021immediate newborn care for all small newborns including babies receiving respiratory support. | WHO and Karolinska University Hospital |
| 5 | [iKMC for lowbirthweight babies](https://www.picturinghealth.org/ikmc-trial/) | WHO iKMC 2022 views from health staff and parents before and after implementing KMC for all small newborns, including babies receiving respiratory support and phototherapy | WHO |
| 6 | [iKMC](https://vimeo.com/picturinghealth/kmc?share=copy) | iKMC overview | WHO |
| **7** | [KMC for preterm and low birthweight newborns](https://www.youtube.com/watch?v=-3sfh1Z_veA) | 5 part instructional video covering all aspects of KMC | WHO WPRO |
| **8** | [Introduction to KMC](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EReeogduaMlEtxjmx7hI-JoBXURaVQo6c7dbhGv3DBdwXg?e=64rdh2) | Clip: Overview from instructional video | WHO WPRO |
| **9** | [Counselling for KMC](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EZMR9EvUWJVDmgSXqpT_W-8Bd_6QrO6l8hx_7uqqwOQV0w?e=7Zldeo) | Clip: What and how to discuss with parents | WHO WPRO |
| **10** | [Preparing for KMC](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EUeH7bBIkDpEp7rktJvNtIgBVZA1PBRxKCOs1U_HXtWEeg?e=tcsEJ5) | Clip Prepare for demonstration to parents | WHO WPRO |
| **11** | [Positioning for KMC](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EVhLpvy3485JpDUhLJ5UlZsByl9K-q_NJqQENoXammwIdw?e=qJ2Wqg) | Clip: Safe positioning without compromising airway and diaphragm | WHO WPRO |
| **12** | [KMC diaper change](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EeohfnYWs-VFuP2Q8i4aCdwBCEaBjyX4V80LT8EHRyYM0A?e=HMx8ZP) | Clip: Demonstration and support of mother for diaper change keeping newborn warm and applying infection prevention | WHO WPRO |
| **13** | [Monitoring in KMC position](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/ETr1x551xhlJtrQ6y2MrDXkBKTSh4092OmhO9USbB-__Xg?e=o3eWbF) | Clip Monitoring to ensure families recognize danger signs | WHO WPRO |
| **14** | [Breastfeeding in KMC position](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/Ed6t39cMYI1OtZsRrCkJvCUB-69XL7KOYbMpMTX86XiAOg?e=3zbVoB) | Clip Demonstration supporting mother to express breast milk in KMC position to breastfeed with head and neck well supported and suitable positions | WHO WPRO |
| 15 | [Discharge Criteria](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/EQeiRomG-n9Kqj7BSXW7BBsBy07WvhWJiz8CLYnT6TA8KQ?e=iPAaf2) | Clip Criteria and discussions with parents | WHO WPRO |
| 16 | [KMC when phototherapy](https://worldhealthorg.sharepoint.com/:v:/s/ws-whormnch/Eb9YU96xTRBDu2fzKD6GLpUBlgySFFBG2uIH_IzVcvP4UA?e=MIfMia) | Clip KMC when newborn having medical interventions | WHO WPRO |
| 17 | [KMC essential care of small newborn](https://www.youtube.com/watch?reload=9&v=sRNsOeHdsCU) | Overview of KMC complete | WHO–CC AIIMS |
| 18 | [Role of family members in KMC](https://www.youtube.com/watch?v=IS9e8gOSu90) | Important role fathers grandparent etc have in KMC | WHO–CC AIIMS |
| 19 | [Monitoring in KMC](https://www.youtube.com/watch?v=Y51ib_HaZks) | Monitoring of the baby by mothers danger signs etc | WHO–CC AIIMS |
| 20 | [Planning for follow up](https://www.youtube.com/watch?v=06cia03afh4) | KMC discharge and follow-up what when and why including developmental follow- up | WHO–CC AIIMS |
| 21 | [KMC activities of daily living](https://www.youtube.com/watch?v=U0yBG59Afds) | Kangaroo mother care overview historical including activities of daily living | WHO–CC AIIMS |
| 22 | [KMC method](https://www.youtube.com/watch?v=D11yu5sMq6w&feature=youtu.be) | Kangaroo mother care method including history and developmental follow up | Fundación Canguro |
| 23 | [Massage in KMC position](https://www.youtube.com/watch?v=2q3IYiLkcDw) | Massage how to massage preterm safely | Kangaroo Foundation |
| 24 | [Family centred care](https://www.youtube.com/watch?v=WMCc2D8Nwkw&list=PLlnCfzj-EjrWVTyuFe4BIjC6u9eOdjTbF&index=3) | Family-centred care | WHO–CC AIIMS |
| 25 | [Wrap designs for skin-to-skin care](https://globalhealthmedia.org/videos/wrap-designs-for-skin-to-skin-care/) | Examples of several wraps used around the world | Global Health Media Project |
| 26 | [Kangaroo care](https://globalhealthmedia.org/portfolio-items/continuous-skin-to-skin-care/?portfolioCats=191%2C94%2C13%2C23%2C65) | Continuous skin-to-skin care | Global Health Media Project |
| 27 | [Requirements for kangaroo mother care](https://www.youtube.com/watch?v=NnA_WaG7sCo) | Requirements for kangaroo mother care | WHO–CC AIIMS |
| 28 | [Protecting small babies from infection](https://globalhealthmedia.org/portfolio-items/protecting-small-babies-from-infection/) | An overview of basic steps to protect small babies from infection | Global Health Media Project |
| 29 | [Preparing for Birth of small baby](https://globalhealthmedia.org/portfolio-items/preparing-for-birth/) | How to prepare for the small baby’s special needs at birth | Global Health Media Project |
| 30 | [Providing essential care at birth](https://globalhealthmedia.org/portfolio-items/providing-essential-care-at-birth/?portfolioCats=191%2C94%2C13%2C23%2C65) | The steps of essential care of the small baby at birth | Global Health Media Project |
| 31 | [Assess and classify the small baby](https://globalhealthmedia.org/portfolio-items/routine-assessment-of-the-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to assess a small baby using the cycle of evaluation, decision-making and taking action | Global Health Media Project |
| 32 | [Classify the small baby](https://globalhealthmedia.org/portfolio-items/routine-assessment-of-the-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) |
| 33 | [Breastfeeding the small baby](https://globalhealthmedia.org/portfolio-items/breastfeeding-the-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | Ways to support and guide a mother to meet the special challenges of breastfeeding her small baby | Global Health Media Project |
| 34 | [Keeping the small baby warm](https://globalhealthmedia.org/portfolio-items/keeping-the-small-baby-warm/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to protect the small baby from getting cold | Global Health Media Project |
| 35 | [A small baby’s feeding journey](https://globalhealthmedia.org/portfolio-items/a-small-babys-feeding-journey/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to assist a small baby’s transition to breastfeeding | Global Health Media Project |
| 36 | [Cup-feeding your small baby](https://globalhealthmedia.org/portfolio-items/cup-feeding-your-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to use a small cup to feed a baby safely | Global Health Media Project |
| 37 | [Caring for your small baby at home](https://globalhealthmedia.org/portfolio-items/caring-for-your-small-baby-at-home/?portfolioCats=191%2C94%2C13%2C23%2C65) | Five important ways to continue to care for the baby at home | Global Health Media Project |
| 38 | [Discharging the small baby](https://globalhealthmedia.org/portfolio-items/discharging-the-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | Five important goals that a small baby should reach to be safely discharged and five ways to prepare the family to care for their small baby at home | Global Health Media Project |
| 39 | [Danger signs in the small baby](https://globalhealthmedia.org/portfolio-items/danger-signs-in-the-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | Examples of small babies with each of the seven danger signs | Global Health Media Project |
| 40 | [Referring a small baby](https://globalhealthmedia.org/portfolio-items/referring-a-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to stabilize a baby for transport and the key features of a referral for a small sick baby | Global Health Media Project |
| 41 | [Breastfeeding your small baby for mothers](https://globalhealthmedia.org/portfolio-items/breastfeeding-your-small-baby-for-mothers/?portfolioCats=191%2C94%2C13%2C23%2C65) | Ways caregivers can meet the special challenges of breastfeeding the small baby | Global Health Media Project |
| 42 | [UNICEF What is nurturing care? Why is it important?](https://www.youtube.com/watch?v=kP4YMbBsEFg) | The key early childhood development elements for nurturing care | UNICEF Bulgaria |
| 22 | [Place the baby in kangaroo mother care position](https://www.youtube.com/watch?v=R3cIcyNqNTk&list=PLlnCfzj-EjrV0Q4KQq5vSReHb5U_gVG5p&index=5) | Placing and supporting baby in KMC position | WHO–CC AIIMS |
| 23 | [Supporting the baby in KMC position](https://globalhealthmedia.org/portfolio-items/wrap-designs-for-skin-to-skin-care/?portfolioCats=191%2C94%2C13%2C23%2C65) |  |
| 24 | [KMC on the postnatal ward Doing KMC in special newborn care Unit and ward](https://www.youtube.com/watch?v=UJRHvwgSV_I&list=PLlnCfzj-EjrV0Q4KQq5vSReHb5U_gVG5p) | Doing kangaroo mother care in the special newborn care unit and ward | WHO–CC AIIMS |
| **Breastfeeding overcoming difficulties** | | | |
| 1 | [Feeding of Healthy Newborn: Overcoming difficulties](https://www.youtube.com/watch?v=ujSAJ-tG4zE&t=266s) | Overview of difficulties and management | WHO–CC AIIMS |
| 2 | [Breastfeeding attachment](http://globalhealthmedia.org/portfolio-items/breastfeeding-attachment/?portfolioID=5623) | Breastfeeding attachment | Global Health Media Project |
| 3 | [Hand expression](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/breastfeeding-resources/hand-expression-video/) | Importance of good attachment and how to help mothers deeply attach the baby to the breast | UNICEF |
| 4 | [How to express breastmilk](http://globalhealthmedia.org/portfolio-items/how-to-express-breastmilk/?portfolioID=5623) | How to hand-express breast milk | Global Health Media Project |
| 5 | [Expressing and storing breastmilk](http://globalhealthmedia.org/portfolio-items/expressing-and-storing-breastmilk/?portfolioID=5623) | How to hand-express breast milk and how to safely store it for later use | Global Health Media Project |
| 6 | [Not enough milk](http://globalhealthmedia.org/portfolio-items/not-enough-milk/?portfolioID=5623) | Signs to tell whether the baby is feeding well and how to increase the baby’s milk intake. | Global Health Media Project |
| 7 | [Helping a breastfeeding mother](http://globalhealthmedia.org/portfolio-items/helping-a-breastfeeding-mother/?portfolioID=5623) | How to observe and support a breastfeeding mother using the breastfeeding observation aid | Global Health Media Project |
| 8 | [Nipple pain](http://globalhealthmedia.org/portfolio-items/nipple-pain/?portfolioID=5623) | How to evaluate and help mothers with nipple pain | Global Health Media Project |
| 9 | [Breast pain](http://globalhealthmedia.org/portfolio-items/breast-pain/?portfolioID=5623) | How to evaluate and treat engorgement, blocked ducts and breast infections | Global Health Media Project |
| 10 | [Breast engorgement](http://globalhealthmedia.org/portfolio-items/breast-engorgement/?portfolioID=5623) | Film shows a mother with engorged breasts and suggests ways she can try to resolve the condition | Global Health Media Project |
| 11 | [Is your baby getting enough Milk?](http://globalhealthmedia.org/portfolio-items/is-your-baby-getting-enough-milk/?portfolioID=5623) | Signs to tell whether the baby is feeding well for mothers | Global Health Media Project |
| 12 | [Increasing Your Milk Supply](http://globalhealthmedia.org/portfolio-items/increasing-your-milk-supply/?portfolioID=5623) | Steps to improve milk supply and the baby’s feeding for mothers | Global Health Media Project |
| 13 | [UNICEF Breastfeeding problems](https://www.youtube.com/watch?v=gtfR1RYfB7k&t=1s) | UNICEF Breastfeeding problems engorgement mastitis etc prevent with good attachment | UNICEF BFHI Best Beginnings |
| 14 | [Breastfeeding master class](https://www.youtube.com/watch?v=mTm9zvz5-Dc) | Answers questions that many parents and healthworkers have. | UNICEF |
| 15 | [POCQI example: support mothers to express breastmilk](https://www.youtube.com/watch?v=XOEhoU2DJ6g) | Staff define and address problem of delayed feeding of mothers own expressed breastmilk to her baby. | WHO–CC AIIMS |
| 16 | [Supporting newborns with low tone](https://www.youtube.com/watch?v=pMESbHJqrss) | See dancer position and massage techniques to help babies with low tone breastfeed better | @Douglas College Breastfeeding for Healthcare Professional Program |
| 17 | [Unilateral cleft](https://who.canto.global/b/N6IA4) | Support the breastfeeding baby with unilateral cleft | @Smile Train |
| 18 | [[Bilateral Cleft](https://who.canto.global/b/UPQRH)](https://who.canto.global/b/UPQRH) | Support the breastfeeding baby with bilateral cleft | @Smile Train |
| 19 | [The costs of not breastfeeding](https://www.youtube.com/watch?v=2UBoewj4XZI&t=3s) | The cost of not breastfeeding: Together we can save lives and livelihoods | Alive & Thrive |
| **Breast milk feeding: Alternative methods** | | | |
| 1 | [Overview alternative methods of feeding low birthweight babies](https://www.youtube.com/watch?v=wGcqnRX6_P4&t=4s) | Overview of all alternative methods | WHO–CC AIIMS |
| 2 | [Expressing the First Milk](https://globalhealthmedia.org/portfolio-items/expressing-the-first-milk/?portfolioCats=191%2C94%2C13%2C23%2C65) | For mothers how to express colostrum (first milk) | Global Health Media Project |
| 3 | [Support a mother to express the first milk](https://globalhealthmedia.org/portfolio-items/expressing-the-first-milk/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to teach a mother to express colostrum (first milk) | Global Health Media Project |
| 4 | [Expressing and storing breastmilk](http://globalhealthmedia.org/portfolio-items/expressing-and-storing-breastmilk/?portfolioID=5623) | How to hand-express breast milk | Global Health Media Project |
| 5 | [Making enough milk](https://globalhealthmedia.org/portfolio-items/making-enough-milk/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to establish and maintain a good supply of milk for the small baby’s growing needs | Global Health Media Project |
| 6 | [Express colostrum and feed by spoon](https://globalhealthmedia.org/portfolio-items/expressing-the-first-milk/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to teach a mother to express colostrum, the first milk, and feed by spoon | Global Health Media Project |
| 7 | [Cup feeding](https://globalhealthmedia.org/portfolio-items/cup-feeding/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to feed a baby safely using a small cup, as well as a spoon, a paladai, and a Nifty cup | Global Health Media Project |
| 8 | [Cup feeding your small baby](https://globalhealthmedia.org/portfolio-items/cup-feeding-your-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to use a small cup to feed a baby safely | Global Health Media Project |
| 9 | [Inserting a gastric tube](https://globalhealthmedia.org/videos/inserting-a-gastric-tube/) | How to insert a gastric tube | Global Health Media Project |
| 10 | [Feeding with a Nasogastric Tube](https://globalhealthmedia.org/portfolio-items/feeding-with-a-nasogastric-tube/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to feed a baby with a nasogastric tube | Global Health Media Project |
| 11 | [Breastfeeding the small baby](https://globalhealthmedia.org/portfolio-items/breastfeeding-the-small-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | Ways to support and guide a mother to meet the special challenges of breastfeeding her small baby | Global Health Media Project |
| 12 | [Breastfeeding your small baby](https://globalhealthmedia.org/portfolio-items/breastfeeding-your-small-baby-for-mothers/?portfolioCats=191%2C94%2C13%2C23%2C65) | For Mothers Ways that caregivers can meet the special challenges of breastfeeding a small baby | Global Health Media Project |
| 13 | [A small baby’s feeding journey](https://globalhealthmedia.org/portfolio-items/a-small-babys-feeding-journey/?portfolioCats=191%2C94%2C13%2C23%2C65) | How to assist a small baby’s transition to breastfeeding | Global Health Media Project |
| 14 | [UNICEF examples neonatal care improvements](https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/neonatal-care-resources/neonatal-care-improvements-video/) | Improvements in neonatal care | UNICEF |
| 15 | [Example of QI project to increase use of expressed breast milk](https://www.youtube.com/watch?v=XOEhoU2DJ6g) | QI project increases use of expressed breast milk | WHO–CC AIIMS |
| 16 | [Human milk banking: Indian experience](https://www.youtube.com/watch?v=p-Qq5GrkvnE) | Human milk banking Lactation management Mothers own milk. Why it is so important. Ranking of milks. Human milk banking a short term life saving alternative. | WHO–CC AIIMS |
| 17 | [Virtual tour of Danang milk bank](https://my.matterport.com/show/?m=j1PpXUShVAU) | See how a milk bank is organised in Danang Vietnam | ©PATH |
| **Discharge and follow-up** | | | |
| 1 | [Postnatal care of mother and baby](https://globalhealthmedia.org/portfolio-items/postnatal-care-of-mother-and-baby/?portfolioCats=191%2C94%2C13%2C23%2C65) | Provide key points to cover with a mother and her family after birth, including rest and good nutrition, family planning, danger signs in mothers and babies and care of the newborn | Global Health Media Project |
| 2 | [Caring-for-yourself-and-your-baby-after-birth](https://globalhealthmedia.org/videos/caring-for-yourself-and-your-baby-after-birth/) |
| 3 | [Warning signs in newborns for mothers and caregivers](https://globalhealthmedia.org/portfolio-items/warning-signs-in-newborns-for-mothers-and-caregivers/?portfolioCats=191%2C94%2C13%2C23%2C65) | 10 major warning signs that will help families recognze serious newborn problems early | Global Health Media Project |
| 4 | [Home visit for the newborn](https://globalhealthmedia.org/portfolio-items/home-visit-for-the-newborn/) | Important features of a home visit for a newborn in the week after birth, focusing on care and assessment | Global Health Media Project |
| 5 | [Home visit for mother and newborn](https://globalhealthmedia.org/portfolio-items/the-home-visit) | Important features of a home visit during the first week of life, integrating care of the baby and mother | Global Health Media Project |
| 6 | [Nurturing care and brain architecture](https://www.youtube.com/watch?v=VNNsN9IJkws) | The effects of nurturung care and experiences on brain architecture and future development | Center on the Developing Child at Harvard University |
| 7 | [Massage in KMC position](https://www.youtube.com/watch?v=2q3IYiLkcDw) | Early stimulation and responsive nurturing care | Fundación Canguro |
| 8 | [UNICEF every day is fathers day](https://www.youtube.com/watch?v=nsmTHwcZDTU) | The important role of fathers in nurturing care | UNICEF |
| 9 | [Red reflex using arc light](https://www.youtube.com/watch?v=ZbtuDEbNGKM) | Red reflex examination for IMCI | MoH Tanzania |
| 10 | [Red reflex screening](https://starship.org.nz/guidelines/red-reflex-screening-assessment-in-newborns-and-infants/) | Red reflex using ophthalmoscope normal and abnorm findings and management | New Zealand Child and Youth Clinical Networks Newborn Clinical Network Starship Org |
| 11 | [Developmental dysplasia of the hip](https://www.rch.org.au/kidsinfo/fact_sheets/Developmental_dysplasia_of_the_hip_DDH_video/) | How do you examine and what are the consequences of not screening and treating. | RCH Melbourne Australia |