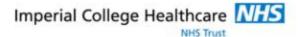
INFANT AND FAMILY CENTERED DEVELOPMENTAL CARE (IFCDC)

Standards for infant- and family-centred developmental care

Education and training for IFCDC	IFCDC competence is ensured by providing formal education and recurrent training for hospital and unit leadership, health care professionals and other staff working or visiting the neonatal unit.
Supportive sensory environment	The hospital sensory environment is adjusted to the infant's sensory expectancies and perceptual competencies.
Family support services	The family receives care in an environment where its socioeconomic, mental health and spiritual needs are supported.
Management of the acoustic environment	A managed acoustic environment reduces stress and discomfort for infants.
Family access	Parents (and substitutes designated by the parents) have continuous access and are able to remain with the infant throughout the 24 hours.
Support for parental- infant bonding	The fostering of early bonding between parents and their newborn infant is pursued through strategies which promote early contact for the parental-infant dyad.
Clinical consultation and supervision for health care professionals on supporting families	Health care professionals receive counselling and regular clinical supervision in communicating with and providing emotional support for parents.
Very early and continuous skinto-skin contact	Skin-to-skin contact between mother or father and newborn infant is initiated as early as possible and maintained continuously.
Parental involvement	Parents are membersof the caregiving team and, with individualized support, assume the primary role in the provision of care of their infant, and are active partners in decision• making processes.
Case management and transition to home	An individual case management plan for each newborn infant is established, in collaboration with the parents, to plan and coordinate needed investigations and procedures, ensure the acquisition of needed parental competencies prior to discharge and to plan follow-up and continuing care.

EXAMPLE NEWBORN CARE PLAN: PARENTS AS PARTNERS





My Daily Care Plan My Name is My Parents names are __ Neonatal Care My Nurse today is _ When my parent(s) come, they are able to: □ Sing and read to me Give me a top and tail Measure and warm my wash ☐ Do my mouth care ☐ Give me a wrapped Breastfeed me bath □ Change my nappy □ Take my temperature □ Bottle feed me ☐ Take me out and ☐ Check my tube pH ☐ Give me medications/vitamins hold me Do skin to skin ☐ Hold my tube feed My parent(s) are coming in at _ About me: I really like ... My feeding plan is ... Next steps to home are ... ☐ My local hospital is I have had BLS/safe sleep training ☐ My birth/GP registration is done I am in a cot, on my back, no rolls

Thank you for helping to take care of me.

STEPS TO HOME

You and Your Baby's Journey through the Neonatal Unit from Birth to Home









Parents as Partners in the Neonatal Journey

Baby's Name: NHS number: Hospital of birth:

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