

Estonia

Total population (as of Aug 2017)	1,309,630	Estimated dementia prevalence in GBD region	4,6%
% population over the age of 60	26%		
WHO region	European	Disability-adjusted life years due to dementia	Update in 2020
World Bank income group	High-income	Total deaths due to Alzheimer's and other dementias	Update in 2020
Ministry with responsibility for dementia	Social services		
Neurologists (per 100K population)	10,31	Long-term care facilities (per 100K population)	12,06
Psycho-/Geriatricians (per 100K population)	1,15	Adult day centres (per 100K population)	8,09
Availability of dementia NGO	Yes	Outpatient social care centres (per 100K population)	Figure not available

Implementing dementia actions: current status

Action Area: Dementia as a public health priority



• Existence of a dementia representative within the ministry	Yes	
• Existence of stand-alone or integrated dementia plan*	No	
• Dedicated financial resources to implement the dementia plan	N/A	
• Existence of legislation pertaining to the rights of people with dementia	Yes	
• Existence of approved guidelines and standards for dementia care/support	Yes	

Action Area: Dementia awareness & friendliness



• Existence of a public awareness-raising campaign for dementia (stigma and risk reduction)*	No	
• Existence of dementia-friendly social and physical environments*	Yes	
• Existence of dementia education/training for non-health care population groups*	Yes	

Action Area: Dementia risk reduction



• Dementia risk reduction specifically mentioned in policies (either dementia-specific or NCD)	N/A	
• Available guidance for health and social care staff to manage dementia risk	Yes	
• Voluntary timebound targets outlined in the NCD action plan [¶] have been set*	Yes	

Action Area: Dementia diagnosis, treatment, care and support



• Diagnostic rate for dementia (in %)*	Figure not available	
• Availability of community-based services for dementia	Yes	
• Overall access to community-based services	Capitol, main cities and rural areas	
• Available mechanisms for dementia care coordination across sectors	Yes	
• Basic dementia competencies included in curricula for health/social workforce [§]	Some	

Action Area: Support for carers of people with dementia



• Existence of dementia carer support services*	Yes	
• Available guidance for health/social care staff to identify and reduce carer stress	No	
• Existence of financial benefits/social protection for dementia carers	Yes	

Action Area: Health information systems for dementia



• Number of people with dementia is routinely monitored	No	
• Availability and scope of dementia reporting	Some dementia data included in general health statistics	

Action Area: Dementia research and innovation



• Existence of stand-alone or integrated research agenda for dementia	No	
• Government research investment per year (in million local currency)	N/A	
• Dementia research output (% of all publications in PubMed in 2017)*	0,0%	
• Involvement of people with dementia in the research process [^]	Rarely	
• Availability of investigational pharmacological trials for dementia	Yes	

Legend: *: Indicator used to measure country's contribution towards reaching global targets of the Global Action Plan on the Public Health Response to Dementia 2017-2025.

#: Global Action Plan for the Prevention and Control of Noncommunicable Diseases 2013-2020; §: included for none / some / most / all; ^: not at all / rarely / sometimes / frequently