Nigeria

Total population (UN official estimates):

178.516.906

Burden of mental disorders (WHO official estimates)

WHO Region:

ΔFR

Disability-adjusted life years (per 100,000 population) c

1.987

Income group:

Lower middle-income

Suicide (age-standardized rate per 100,000 population) $^{\rm d}$

6.5

Total health expenditure per person (US\$, 2013) b Availability / status of mental health reporting

\$115

Mental health specific data compiled in last two years for public sector only

Mental health legislation

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2013

Implementation status:

Available but not implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)

Stand-alone law for mental health: (Year of policy / plan):

Implementation status:

Not applicable Available and partially implemented

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) Not reported

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH

Partially implemented

5

b. POLICY on participation developed / published by MoH

Not implemented

d. PARTICIPATION in MoH planning, policy, service development and evaluation

Not implemented

e. RESOURCES available for participation and reimbursement

Not implemented

c. EARLY INVOLVEMENT in mental health policy and law

Partially implemented

RESOURCES FOR MENTAL HEALTH

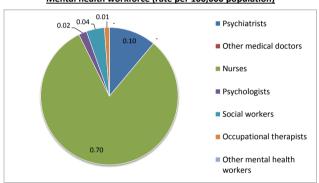
Mental health financing

Main source of funds for care of severe mental disorders Households Inpatient / outpatient budget breakdown reported No If yes, estimated mental health spending per capita (US\$) Not applicable

Human resources for mental health

Total reported staff (mental health inpatient care) 1.437 Total reported staff (mental health outpatient care) 95 Total mental health workers per 100,000 population 0.9

Mental health workforce (rate per 100,000 population)



MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Inpatient care (total facilities)

Psychiatric units in general hospitals

Mental health outpatient facility Not reported Mental health day treatment facility Not reported

Mental health day treatment sessions Inpatient care (per 100,000 population)

Outpatient care (per 100,000 population)

Mental health outpatient visits

Mental hospital beds / annual admissions General hospital psychiatric unit beds / annual admissions

1.3 4.8

Not reported

0

Not reported

Residential care beds / annual admissions Not reported / Not reported

Mental hospitals Total number of inpatients

Residential care facilities

Mental hospitals

Admissions that are involuntary 100% Discharged inpatients followed up within one month 41%

Mental hospitals (length of stay) Inpatients staying less than 1 year

100% Inpatients staying 1-5 years Not reported Inpatients staying more than 5 years Not reported

Treated prevalence (total cases)

Treated cases of severe mental disorder 5,946

Treeated prevalence (per 100,000 population)

Treated cases of severe mental disorder 3.3

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes

No (or not reported)

2

36

8.640

Existence of a suicide prevention strategy

Programme examples	Category of programme	Target group	Scope
Not reported	Not reported		
Not reported	Not reported		

^a UN World Population Prospects, 2013; http://esa.un.org/unpd/wpp/

WHO Global Health Expenditure Database; http://apps.who.int/nha/database

CWHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2013: *Preventing suicide; a global imperative;* http://www.who.int/mental_health/suicide-prevention

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.