

Nigeria

Total population (UN official estimates): ^a	178,516,906	Burden of mental disorders (WHO official estimates)	
WHO Region:	AFR	Disability-adjusted life years (per 100,000 population) ^c	1,987
Income group:	Lower middle-income	Suicide (age-standardized rate per 100,000 population) ^d	6.5
Total health expenditure per person (US\$, 2013) ^b	\$115		
Availability / status of mental health reporting	Mental health specific data compiled in last two years for public sector only		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	No
(Year of policy / plan):	2013	(Year of policy / plan):	Not applicable
Implementation status:	Available but not implemented	Implementation status:	Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	Not reported
Involvement of service users and families (as reported by MoH focal point)			
a. INFORMATION gathered / disseminated by MoH	Partially implemented	d. PARTICIPATION in MoH planning, policy, service development and evaluation	Not implemented
b. POLICY on participation developed / published by MoH	Not implemented	e. RESOURCES available for participation and reimbursement	Not implemented
c. EARLY INVOLVEMENT in mental health policy and law	Partially implemented		

RESOURCES FOR MENTAL HEALTH

<u>Mental health financing</u>		<u>Mental health workforce (rate per 100,000 population)</u>								
Main source of funds for care of severe mental disorders	Households	<table><tr><td>Psychiatrists</td></tr><tr><td>Other medical doctors</td></tr><tr><td>Nurses</td></tr><tr><td>Psychologists</td></tr><tr><td>Social workers</td></tr><tr><td>Occupational therapists</td></tr><tr><td>Other mental health workers</td></tr></table>		Psychiatrists	Other medical doctors	Nurses	Psychologists	Social workers	Occupational therapists	Other mental health workers
Psychiatrists										
Other medical doctors										
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Psychologists										
Social workers										
Occupational therapists										
Other mental health workers										
Inpatient / outpatient budget breakdown reported	No									
If yes, estimated mental health spending per capita (US\$)	Not applicable									
<u>Human resources for mental health</u>										
Total reported staff (mental health inpatient care)	1,437									
Total reported staff (mental health outpatient care)	95									
Total mental health workers per 100,000 population	0.9									

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facility	Not reported	Mental health outpatient visits	Not reported
Mental health day treatment facility	Not reported	Mental health day treatment sessions	0
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	8	Mental hospital beds / annual admissions	1.3 / 4.8
Psychiatric units in general hospitals	36	General hospital psychiatric unit beds / annual admissions	0.2 / 2.2
Residential care facilities	Not reported	Residential care beds / annual admissions	Not reported / Not reported
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	8,640	Inpatients staying less than 1 year	100%
Admissions that are involuntary	100%	Inpatients staying 1-5 years	Not reported
Discharged inpatients followed up within one month	41%	Inpatients staying more than 5 years	Not reported
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	5,946	Treated cases of severe mental disorder	3.3

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	No (or not reported)	Existence of a suicide prevention strategy	No
Programme examples	Category of programme	Target group	Scope
Not reported	Not reported		
Not reported	Not reported		

^a UN World Population Prospects, 2013; <http://esa.un.org/unpd/wpp/>

^b WHO Global Health Expenditure Database; <http://apps.who.int/nha/database>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2013: *Preventing suicide: a global imperative*; http://www.who.int/mental_health/suicide-prevention

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.