

Tajikistan

Total population (UN official estimates): ^a	8,408,946	Burden of mental disorders (WHO official estimates)	
WHO Region:	EUR	Disability-adjusted life years (per 100,000 population) ^c	2,531
Income group:	Low income	Suicide (age-standardized rate per 100,000 population) ^d	4.2
Total health expenditure per person (US\$, 2013) ^b	\$70		
Availability / status of mental health reporting	Not reported		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy		Mental health legislation	
Stand-alone policy or plan for mental health:	No	Stand-alone law for mental health:	Yes
(Year of policy / plan):	Not applicable	(Year of policy / plan):	2012
Implementation status:	Not reported	Implementation status:	Available and fully implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	Not reported	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4
Involvement of service users and families (as reported by MoH focal point)			
a. INFORMATION gathered / disseminated by MoH	Partially implemented	d. PARTICIPATION in MoH planning, policy, service development and evaluation	Partially implemented
b. POLICY on participation developed / published by MoH	Partially implemented	e. RESOURCES available for participation and reimbursement	Partially implemented
c. EARLY INVOLVEMENT in mental health policy and law	Partially implemented		

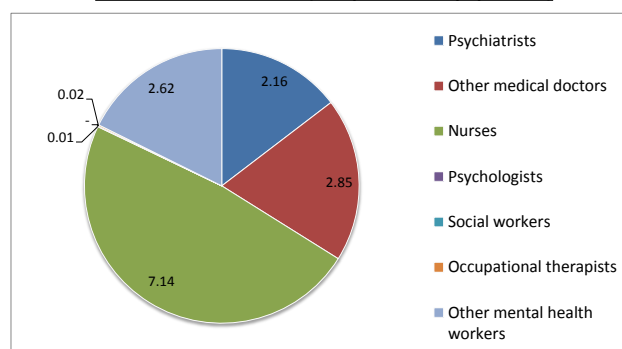
RESOURCES FOR MENTAL HEALTH

Mental health financing	
Main source of funds for care of severe mental disorders	Not reported
Inpatient / outpatient budget breakdown reported	Yes
If yes, estimated mental health spending per capita (US\$)	

Human resources for mental health

Total reported staff (mental health inpatient care)	1,067
Total reported staff (mental health outpatient care)	133
Total mental health workers per 100,000 population	14.8

Mental health workforce (rate per 100,000 population)



MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facility	53	Mental health outpatient visits	1,237
Mental health day treatment facility	6	Mental health day treatment sessions	27
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	2	Mental hospital beds / annual admissions	9.8 / 42.8
Psychiatric units in general hospitals	15	General hospital psychiatric unit beds / annual admissions	7.4 / 39.2
Residential care facilities	Not reported	Residential care beds / annual admissions	Not reported / Not reported
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	12,387	Inpatients staying less than 1 year	Not reported
Admissions that are involuntary	Not reported	Inpatients staying 1-5 years	Not reported
Discharged inpatients followed up within one month	Not reported	Inpatients staying more than 5 years	Not reported
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	6,819	Treated cases of severe mental disorder	81.1

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	No (or not reported)	Existence of a suicide prevention strategy	Not reported
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Programme examples	Category of programme	Target group	Scope
Not reported	Not reported		
Not reported	Not reported		

^a UN World Population Prospects, 2013; <http://esa.un.org/unpd/wpp/>

^b WHO Global Health Expenditure Database; <http://apps.who.int/nha/database>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2013: *Preventing suicide; a global imperative*; http://www.who.int/mental_health/suicide-prevention

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.