

Mental Health ATLAS 2017 Member State Profile

Finland

Total population (<i>UN official estimate</i>): ^a	5,481,966	<i>Burden of mental disorders (WHO official estimates)</i>	
WHO Region:	EUR	Disability-adjusted life years (per 100,000 population) ^c	4,092.98
Income group: ^b	High income	Suicide mortality rate (per 100,000 population) ^d	15.9
Total mental health expenditure per person (reported currency)	150.13 EUR		
Availability / status of mental health reporting	Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2009	(Year of law):	2015
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	No	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides regular inspections of facilities and reports at least annually
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	4	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health	No		
(Year of policy / plan):	Not reported		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	23.59
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	0.38
The government's total expenditure on mental health as % of total government health expenditure	5.60%	Other specialist doctors	None or not reported
		Mental health nurses	51.97
		Psychologists	109.49
		Social workers	2.75
		Occupational therapists	None or not reported
		Speech therapists	28.26
		Other paid mental health workers	34.11
Human resources for mental health			
Total number of mental health professionals (gov. and non-gov.)	13,735		
Total mental health workers per 100,000 population	250.55		
Total number of child psychiatrist (gov. and non-gov.)	21		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	47	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	269.3
"Community-based / non-hospital" mental health outpatient facility	326	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	1,244.0
Other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	39	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	961.77
Other outpatient services for children and adolescents (e.g. day care)	None or not reported	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	None or not reported	Mental hospital beds / annual admissions	None or not reported / None or not reported
Psychiatric units in general hospitals	41	General hospital psychiatric unit beds / annual admissions	47.70 / 610.51
Forensic inpatient units	3	Forensic inpatient unit beds / annual admissions	7.97 / 7.31
Residential care facilities	168	Residential care beds / annual admissions	79.13 / 97.90
Inpatient facility specifically for children and adolescents	26	Child and adolescent specific inpatient beds / annual admissions	6.33 / 89.51
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	3,002	Inpatients staying less than 1 year	77%
Admissions that are involuntary	None or not reported	Inpatients staying 1-5 years	14.4%
Follow-up of people with mental disorder discharged from hospital in the last year	51%-75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	8.9%
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	102,993	Treated cases of severe mental disorder	1,878.76

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
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Programme examples	Category of programme	Scope of programme	Programme Management
Time out! Getting Life Back on Track	Suicide prevention	National	Jointly managed
Mental Health First Aid	Mental health awareness/prevention/anti-stigma	National	NGO

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.