

Mental Health ATLAS 2017 Member State Profile

Ghana

Total population (UN official estimate) : ^a	27,582,821	Burden of mental disorders (WHO official estimates)	
WHO Region:	AFR	Disability-adjusted life years (per 100,000 population) ^c	2,323.69
Income group: ^b	Lower middle-income	Suicide mortality rate (per 100,000 population) ^d	5.4
Total mental health expenditure per person (reported currency)	1.27 GHS		
Availability / status of mental health reporting	A specific report focusing mental health activities in both the public and private sector has been published by the Health Department or any other responsible government unit in the last two years		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2013	(Year of law):	2012
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides regular inspections of facilities and reports at least annually
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health	No		
(Year of policy / plan):	Not reported		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	No	Psychiatrists	0.06
How the majority of persons with mental disorders pay for mental health services	Persons pay nothing at the point of service use (fully insured)	Child psychiatrists	None or not reported
The government's total expenditure on mental health as % of total government health expenditure	1.10%	Other specialist doctors	None or not reported
		Mental health nurses	7.73
		Psychologists	0.07
		Social workers	None or not reported
		Occupational therapists	None or not reported
		Speech therapists	None or not reported
		Other paid mental health workers	1.47
Human resources for mental health			
Total number of mental health professionals (gov. and non-gov.)	2,572		
Total mental health workers per 100,000 population	9.32		
Total number of child psychiatrist (gov. and non-gov.)	None or not reported		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	3	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	203.7
"Community-based / non-hospital" mental health outpatient facility	648	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	912.7
Other outpatient facility (e.g. Mental health day care or treatment facility)	2	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	3.42
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	5	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	3.01
Other outpatient services for children and adolescents (e.g. day care)	3	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	0.54
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	3	Mental hospital beds / annual admissions	2.90 / 8.38
Psychiatric units in general hospitals	302	General hospital psychiatric unit beds / annual admissions	3.28 / 10.44
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	4	Residential care beds / annual admissions	0.15 / 0.37
Inpatient facility specifically for children and adolescents	1	Child and adolescent specific inpatient beds / annual admissions	0.09 / 0.46
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	3,023	Inpatients staying less than 1 year	76%
Admissions that are involuntary	345	Inpatients staying 1-5 years	14.5%
Follow-up of people with mental disorder discharged from hospital in the last year	More than 75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	9.1%
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	17,371	Treated cases of severe mental disorder	62.98

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
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Programme examples	Category of programme	Scope of programme	Programme Management
Routine Mental health awareness creation	Mental health awareness/prevention/anti-stigma	Community	Jointly managed
Routine Activities	Suicide prevention	Community	Jointly managed

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.