

Mental Health ATLAS 2017 Member State Profile

India

Total population (<i>UN official estimate</i>) : ^a	1,309,053,980	Burden of mental disorders (<i>WHO official estimates</i>)	
WHO Region:	SEAR	Disability-adjusted life years (per 100,000 population) ^c	2,443.41
Income group: ^b	Lower middle-income	Suicide mortality rate (per 100,000 population) ^d	16.3
Total mental health expenditure per person (reported currency)	4 INR		
Availability / status of mental health reporting	A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2014	(Year of law):	2017
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides irregular inspections of facilities and partial enforcement of mental health legislation
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Plan or strategy for child and/or adolescent mental health	Yes		
(Year of policy / plan):	2014		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	Yes
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	0.29
How the majority of persons with mental disorders pay for mental health services	Persons pay mostly or entirely out of pocket for services and medicines	Child psychiatrists	0.00
The government's total expenditure on mental health as % of total government health expenditure	1.30%	Other specialist doctors	0.15
		Mental health nurses	0.80
		Psychologists	0.07
		Social workers	0.06
		Occupational therapists	0.03
		Speech therapists	0.17
		Other paid mental health workers	0.36
Human resources for mental health			
Total number of mental health professionals (gov. and non-gov.)	25,312		
Total mental health workers per 100,000 population	1.93		
Total number of child psychiatrist (gov. and non-gov.)	49		

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	952	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	369.0
"Community-based / non-hospital" mental health outpatient facility	1,217	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	11.1
Other outpatient facility (e.g. Mental health day care or treatment facility)	240	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	1.82
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	139	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	5.01
Other outpatient services for children and adolescents (e.g. day care)	67	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	0.33
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	136	Mental hospital beds / annual admissions	1.43 / 6.95
Psychiatric units in general hospitals	389	General hospital psychiatric unit beds / annual admissions	0.56 / 4.38
Forensic inpatient units	15	Forensic inpatient unit beds / annual admissions	0.02 / 0.05
Residential care facilities	223	Residential care beds / annual admissions	5.18 / 0.69
Inpatient facility specifically for children and adolescents	45	Child and adolescent specific inpatient beds / annual admissions	0.03 / 0.22
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	56,177	Inpatients staying less than 1 year	68%
Admissions that are involuntary	15890	Inpatients staying 1-5 years	25.7%
Follow-up of people with mental disorder discharged from hospital in the last year	More than 75% of discharged inpatients received a follow-up outpatient visit within one month	Inpatients staying more than 5 years	6.1%
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	None or not reported	Treated cases of severe mental disorder	None or not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	No
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Programme examples	Category of programme	Scope of programme	Programme Management
National Mental Health Program	Mental health awareness/prevention/anti-stigma	National	Government
District Mental Health Program	School-based mental health promotion	National	Government

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^c World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.