

# Mental Health ATLAS 2017 Member State Profile

## Philippines

|                                                                |                                                                                                                                                                                             |                                                                      |          |
|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|----------|
| Total population ( <i>UN official estimate</i> ): <sup>a</sup> | 101,716,359                                                                                                                                                                                 | <i>Burden of mental disorders (WHO official estimates)</i>           |          |
| WHO Region:                                                    | WPR                                                                                                                                                                                         | Disability-adjusted life years (per 100,000 population) <sup>c</sup> | 2,762.88 |
| Income group: <sup>b</sup>                                     | Lower middle-income                                                                                                                                                                         | Suicide mortality rate (per 100,000 population) <sup>d</sup>         | 3.2      |
| Total mental health expenditure per person (reported currency) | 12.19 PHP                                                                                                                                                                                   |                                                                      |          |
| Availability / status of mental health reporting               | Mental health data (either in the public system, private system or both) have been compiled for general health statistics in the last two years, but not in a specific mental health report |                                                                      |          |

### MENTAL HEALTH SYSTEM GOVERNANCE

|                                                                                                                            |                    |                                                                                                                                              |                      |
|----------------------------------------------------------------------------------------------------------------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| <b>Mental health policy / plan</b>                                                                                         |                    | <b>Mental health legislation</b>                                                                                                             |                      |
| Stand-alone policy or plan for mental health:                                                                              | Yes                | Stand-alone law for mental health:                                                                                                           | Yes                  |
| (Year of policy / plan):                                                                                                   | 2016               | (Year of law):                                                                                                                               | 2018                 |
| The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored | No or not reported | The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights | No or not reported   |
| Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)               | 5                  | Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)                                           | None or not reported |
| Plan or strategy for child and/or adolescent mental health                                                                 | Yes                |                                                                                                                                              |                      |
| (Year of policy / plan):                                                                                                   | 2016               |                                                                                                                                              |                      |

### Multisectoral Collaboration

|                                                                                                                        |     |
|------------------------------------------------------------------------------------------------------------------------|-----|
| There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups | Yes |
|------------------------------------------------------------------------------------------------------------------------|-----|

### RESOURCES FOR MENTAL HEALTH

|                                                                                                                                                                                        |                                                                         |                                                              |                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------|----------------------|
| <b>Mental health financing</b>                                                                                                                                                         |                                                                         | <b>Mental health workforce (rate per 100'000 population)</b> |                      |
| The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country | Yes                                                                     | Psychiatrists                                                | 0.52                 |
| How the majority of persons with mental disorders pay for mental health services                                                                                                       | Persons pay mostly or entirely out of pocket for services and medicines | Child psychiatrists                                          | 0.06                 |
| The government's total expenditure on mental health as % of total government health expenditure                                                                                        | 0.22%                                                                   | Other specialist doctors                                     | None or not reported |
|                                                                                                                                                                                        |                                                                         | Mental health nurses                                         | None or not reported |
| <b>Human resources for mental health</b>                                                                                                                                               |                                                                         | Psychologists                                                | 0.88                 |
| Total number of mental health professionals (gov. and non-gov.)                                                                                                                        | 2,051                                                                   | Social workers                                               | None or not reported |
| Total mental health workers per 100,000 population                                                                                                                                     | 2.02                                                                    | Occupational therapists                                      | 0.30                 |
| Total number of child psychiatrist (gov. and non-gov.)                                                                                                                                 | 60                                                                      | Speech therapists                                            | 0.26                 |
|                                                                                                                                                                                        |                                                                         | Other paid mental health workers                             | None or not reported |

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

|                                                                                                                |                                                                                               |                                                                                                                                                                           |                                             |
|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| <b>Outpatient care (total facilities)</b>                                                                      |                                                                                               | <b>Outpatient care (per 100,000 population)</b>                                                                                                                           |                                             |
| Mental health outpatient facilities attached to a hospital                                                     | 85                                                                                            | Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital                                                     | 70.8                                        |
| "Community-based / non-hospital" mental health outpatient facility                                             | 119                                                                                           | Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility                                             | None or not reported                        |
| Other outpatient facility (e.g. Mental health day care or treatment facility)                                  | 1                                                                                             | Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)                                  | None or not reported                        |
| Outpatient facility specifically for children and adolescents (including services for developmental disorders) | 11                                                                                            | Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders) | None or not reported                        |
| Other outpatient services for children and adolescents (e.g. day care)                                         | 1                                                                                             | Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)                            | None or not reported                        |
| <b>Inpatient care (total facilities)</b>                                                                       |                                                                                               | <b>Inpatient care (per 100,000 population)</b>                                                                                                                            |                                             |
| Mental hospitals                                                                                               | 1                                                                                             | Mental hospital beds / annual admissions                                                                                                                                  | 4.13 / 11.42                                |
| Psychiatric units in general hospitals                                                                         | 84                                                                                            | General hospital psychiatric unit beds / annual admissions                                                                                                                | 1.32 / 3.66                                 |
| Forensic inpatient units                                                                                       | None or not reported                                                                          | Forensic inpatient unit beds / annual admissions                                                                                                                          | None or not reported / None or not reported |
| Residential care facilities                                                                                    | 59                                                                                            | Residential care beds / annual admissions                                                                                                                                 | 2.04 / None or not reported                 |
| Inpatient facility specifically for children and adolescents                                                   | 11                                                                                            | Child and adolescent specific inpatient beds / annual admission                                                                                                           | 0.10 / 0.28                                 |
| <b>Mental hospitals</b>                                                                                        |                                                                                               | <b>Mental hospitals (length of stay)</b>                                                                                                                                  |                                             |
| Total number of inpatients                                                                                     | 3,365                                                                                         | Inpatients staying less than 1 year                                                                                                                                       | 40%                                         |
| Admissions that are involuntary                                                                                | None or not reported                                                                          | Inpatients staying 1-5 years                                                                                                                                              | 34.8%                                       |
| Follow-up of people with mental disorder discharged from hospital in the last year                             | More than 75% of discharged inpatients received a follow-up outpatient visit within one month | Inpatients staying more than 5 years                                                                                                                                      | 25.5%                                       |
| <b>Treated prevalence (total cases)</b>                                                                        |                                                                                               | <b>Treated prevalence (per 100,000 population)</b>                                                                                                                        |                                             |
| Treated cases of severe mental disorder                                                                        | 82,277                                                                                        | Treated cases of severe mental disorder                                                                                                                                   | 80.89                                       |

### MENTAL HEALTH PROMOTION AND PREVENTION

|                                                  |     |                                                                                                                                                           |     |
|--------------------------------------------------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Existence of at least two functioning programmes | Yes | Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government] | Yes |
|--------------------------------------------------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----|

| Programme examples                                    | Category of programme                          | Scope of programme | Programme Management |
|-------------------------------------------------------|------------------------------------------------|--------------------|----------------------|
| National Mental Health Program                        | Mental health awareness/prevention/anti-stigma | National           | Government           |
| Dangerous Drug Abuse Prevention and Treatment Program | Other (e.g. refugees)                          | National           | Government           |

<sup>a</sup> UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

<sup>c</sup> WHO Global Health Estimates; [http://www.who.int/healthinfo/global\\_burden\\_disease/en/](http://www.who.int/healthinfo/global_burden_disease/en/)

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

<sup>b</sup> World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

<sup>d</sup> WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>