### Saudi Arabia

**Total population (UN official estimate):** 31,557,146

**WHO Region:** EMN

**Income group:** High income

**Total mental health expenditure per person (reported currency):** Not reported

**Availability / status of mental health reporting:**

A specific report focusing on mental health activities in the public sector only, has been published by the Health Department or any other responsible government unit in the last two years.

### MENTAL HEALTH SYSTEM GOVERNANCE

#### Mental health policy / plan

- **Stand-alone policy or plan for mental health:** Yes
- **Stand-alone policy or plan for mental health:** 2011
- **The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored:** Yes
- **Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** 4
- **Plan or strategy for child and/or adolescent mental health (year of policy / plan):** Not reported

#### Mental health legislation

- **Stand-alone law for mental health:** Yes
- **(Year of law):** 2016
- **The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights law:** Yes
- **Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** 4

### RESOURCES FOR MENTAL HEALTH

#### Mental health financing

- **The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country:** No
- **How the majority of persons with mental disorders pay for mental health services:** Persons pay at least 20% towards the cost of mental health services / psychotropic medicines
- **The government’s total expenditure on mental health as % of total government health expenditure:** 6.06%

#### Human resources for mental health

- **Total number of mental health professionals (gov. and non-gov.):** 6,101
- **Total mental health workers per 100,000 population:** 19.23
- **Total number of child psychiatrists (gov. and non-gov.):** None or not reported

#### Mental health workforce (rate per 100,000 population)

- **Psychiatrists:** 1.32
- **Child psychiatrists:** None or not reported
- **Other specialist doctors:** 1.36
- **Mental health nurses:** 10.06
- **Psychologists:** 3.16
- **Social workers:** 3.16
- **Occupational therapists:** None or not reported
- **Speech therapists:** None or not reported
- **Other paid mental health workers:** None or not reported

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

#### Outpatient care (total facilities)

- **Mental health outpatient facilities attached to a hospital:** 25
- **“Community-based / non-hospital” mental health outpatient facility:** 116
- **Other outpatient facility (e.g. Mental health day care or treatment facility):** None or not reported
- **Outpatient facility specifically for children and adolescents (including services for developmental disorders):** 19
- **Other outpatient services for children and adolescents (e.g. day care):** None or not reported

#### Inpatient care (total facilities)

- **Mental hospitals:** 25
- **Psychiatric units in general hospitals:** 32
- **Forensic inpatient units:** 116
- **Residential care facilities:** 19

#### Mental health workforce

- **Mental health workforce (rate per 100,000 population):** Psychiatrists: 1.32
- **Child psychiatrists:** None or not reported
- **Other specialist doctors:** 1.36
- **Mental health nurses:** 10.06
- **Psychologists:** 3.16
- **Social workers:** 3.16
- **Occupational therapists:** None or not reported
- **Speech therapists:** None or not reported
- **Other paid mental health workers:** None or not reported

### MENTAL HEALTH PROMOTION AND PREVENTION

#### Treated prevalence (total cases)

- **Treated cases of severe mental disorder:** 106,918

### Mental Health ATLAS 2017 Member State Profile

- **Programme examples:**
  - Early childhood program
  - School-based mental health promotion

- **Scope of programmes:**
  - National
  - Government

- **Programme Management:**
  - National
  - Government

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**World Bank Income Groups**: http://databank.worldbank.org

**GDP per capita by purchasing power parity**: http://data.worldbank.org/indicator/NY.GDP.PP.KD.ZS


Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.