Mental Health Atlas 2024

Country profile

ta	ly

Population (in millions; UN estimate 2023) ¹ :	59.5	WHO Region ² :	EUR			
MENTAL HEALTH INFORMATION						
National mental health survey in last 10 years:	No	Nation-wide digital health records system:	Yes			
Mental health report published in last 2 years:	Yes	Unique service user identifiers in place	No			
MENTAL HEALTH SYSTEM GOVERN	ANCE AND	FINANCING				
Mental health policies and plans		Mental health legislation and standards				
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes			
(Year of policy / plan):	2013	(Year of law):	1978			
Compliance of policy / plan with human rights (5-point checklist; 5 = fully in line) ³ :	5	Compliance of law with human rights (5-point checklist; 5 = fully in line) ⁴ :	5			
Financial resources estimated and allocated for implementation of the policy/plan:	Partially	A functioning authority exists to assess compliance of mental health legislation with human rights standards:	No			
Human resources estimated and allocated for implementation of the policy/plan:	Partially	Redress mechanism to address grievances and other issues related to quality standards or human rights:	Yes			
Specified indicators or targets against which its implementation can be monitored:	Yes	A registry exists to record incidents of seclusion and restraints:	Yes			
Mental health policy/plans across the life-course						
Stand-alone or integrated mental health policy or plan for children / adolescents:	Yes	Stand-alone or integrated mental health policy or plan for older adults:	No			
Policies and plans to prevent suicide and address sti	gma					
Specific suicide prevention strategy:	No	Specific anti-stigma strategy:	No			
Mental health and psychosocial support (MHPSS) in	emergencies					
MHPSS system exists for emergency preparedness and/or disaster risk management:	No	If yes, dedicated financial & human resources allocated for MHPSS components of emergency preparedness / disaster risk management	-			
Financial protection policies for mental health						
Mental health care and treatment included in		What do majority of people with mental health				
publicly-funded financial protection schemes: • Psychosis and biploar disorder Yes		conditions pay towards the cost of: • Mental health inpatient services 0-5%				
Depression and anxiety	Yes	Mental health outpatient services	0-5%			
	103	Psychotropic medicines	0-5%			
Dedidcated budget line for mental health?	Yes	Psychological therapies	51-100%			
Mental health expenditure						
Government mental health expenditure per capita (reported currency):	60.3 [EUR]	Government expenditure on mental health (% of total government health expenditure)	2.0%			

¹ **Population**: UN, 2023. World Population Prospects. https://population.un.org/wpp/

² **WHO Regions**: AFR – African; AMR – Americas; EMR – Eastern Mediterranean; EUR – European; SEAR – South-East Asia; WPR – Western Pacific.

³ **Policy/plan compliance with human rights instruments** includes 5 self-reported checklist items [5 = fully in line]: 1) community-based care; 2) protection of rights of users & at-risk groups; 3) full range of supports for independent living; 4) recovery & user-driven plans; 5) user participation in decision-making

⁴ Law compliance with human rights instruments includes 5 self-reported checklist items [5 = fully in line]: 1) community-based care; 2) protection of human rights & legal capacity; 3) Informed consent; 4) ≥2 of: voluntary admission protections / prevention of seclusion-restraint / complaints procedures; 5) Regular human rights inspections

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Country profile

persons seen within a month)

Mental health workers Psychiatrists Psychologists Social workers	Country profile				
Psychiatrists Psychiatrists Psychiatrists Psychologists Psychiologists Psychologists Psychologistic Psychologists Psychologists Psychologists Psychologists Psychologists Psychologists Psychologists Psychologists Psychologists	MENTAL HEALTH WORKFORCE				
 Psychiatrists Mental health nurses 1,24,7 Psychologists Social workers Cother mental health workers Other mental health workers 1,27 Other mental health workers 1,27 Other mental health workers 1,27 Social workers (5,5%) Other mental health workers (child and adolescent) No. per 100 000 population Child and/or adolescent psychiatrists 2,5 Training of primary care workers in mental health workers (19,0%) Mental health workers (child and adolescent) Primary care workers receive training on management of mental health conditions: Mental health psecialists undertake training / supervision of primary care workers: No MENTAL HEALTH PROGRAMMES AND SERVICES Mental health promotion and protection programmes School-based mental health programme Yes At least two functioning programmes School-based mental health programme Yes At least two functioning programmes Work-related mental health into primary health care Essential medications for mental health conditions available in primary care facilities Social workers (2,10%) At least two functioning programmes Yes At least two functioning programmes Yes Yes At least two functioning programmes Yes At least two functioning programmes Yes Yes Yes Yes <				Psychiatrists (13.6%)	
 Mental health nurses Psychologists Social workers Other mental health workers 1.7 Other mental health workers Other mental health workers Total mental health workers (child and adolescent) No. per 100 000 population Frimary care workers receive training on management of mental health workers (child and/or adolescent psychiatrists 2.5 Primary care workers receive training on management of mental health productions: Mental health specialists undertake training / supervision of primary care workers: Mental health specialists undertake training / supervision of primary care workers: Mental health production and protection programmes School-based mental health programme Yes At least two functioning programmes School-based mental health programme Yes (3 point checklist score; ≥ 2 = Yes)⁵ Yes Yes Psychosocial interventions for mental health conditions available in primary care facilities A = functional integration of mental health into primary care (5 self-reported checklist items; available in primary care facilities Outpatient care (total facilities) Outpatient care (total facilities) Visits in last year to mental health outpatient facilities Outpatient facilities and adolescents Inpatient care (total facilities) Inpatient care (total facilities) Psychiatric hospital beds / admissions Inpatient care (total facilities) Psychiatric units in general hospitals O psychiatric unit in general hospitals 	Psychiatrists				
Psychologists Social workers Other mental health workers Other mental health workers Other mental health workers Other mental health workers A7.9 Mental health workers (child and adolescent) Mon. per 100 000 population Training of primary care workers in mental health workers (19.0%) Child and/or adolescent psychiatrists 2.5 Primary care workers receive training on management of mental health conditions: Mental health workers Workers (adolescent mental health workers #VALUE! Mental health specialists undertake training / supervision of primary care workers: Mental health promotion and protection programmes School-based mental health programme Yes At least two functioning programmes Work-related mental health programme Yes (3 point checklist score; 2 2 = Yes) ⁵ Yes Integration of mental health into primary health care Essential medications for mental health conditions available in primary care facilities Psychosocial interventions for mental health conditions available in primary care facilities Outpatient care (total facilities) Outpatient care (total facilities) Outpatient facilities specifically for children and adolescents Inpatient care (total facilities) Outpatient facilities specifically For children and adolescents Inpatient care (total facilities) Outpatient facilities specifically For children and adolescents Inpatient care (total facilities) Outpatient facilities of psychiatric units beds / admissions For children and adolescents Inpatient care (total facilities) Outpatient facilities and adolescents Outpatient facilities beds / admissions For children and adolescents For children a	Mental health nurses	24.7			
* Other mental health workers Total mental health workers 47.9 **Social workers (5.6%) **Other mental health workers 47.9 **No. per 100 000 population **Primary care workers in mental health workers (19.0%) **Child and/or adolescent psychiatrists 2.5 **Total child / adolescent mental health workers **WALUEI **Mental health specialists undertake training / supervision of primary care workers: **WALUEI **Mental health specialists undertake training / supervision of primary care workers: **WALUEI **Mental health specialists undertake training / supervision of primary care workers: **WALUEI **Mental health specialists undertake training / supervision of primary care workers: **WALUEI **Mental health promotion and protection programmes **School-based mental health programme **Yes** **A t least two functioning programmes **Yes** **Was at least two functioning programmes **Yes** **Yes** **Was at least two functioning programmes **Yes** **Yes** **Yes** **A t least two functioning programmes **Yes** *	 Psychologists 	4.9			
* Other mental health workers 47.9 Mental health workers (child and adolescent) * Other mental health workers (child and adolescent) * Child and/or adolescent psychiatrists * Child and/or adolescent psychiatrists * Child and/or adolescent psychiatrists * Child and/or adolescent mental health workers * WALUEI * Mental health conditions: * Mental health specialists undertake training / supervision of primary care workers: * Mental health specialists undertake training / supervision of primary care workers: * Mental health promotion and protection programmes * School-based mental health programme * Yes * At least two functioning programmes * Yes * Work-related mental health into primary health care * Essential medications for mental health conditions available in primary care facilities * Psychosocial interventions for mental health conditions available in primary care facilities * Outpatient care (total facilities) * Mental health outpatient facilities * Outpatient care (total facilities) * Outpatient care (total facilities) * Outpatient facilities attached to a hospital * Outpatient facilities specifically for children and adolescents * Inpatient care (total facilities) * Outpatient facilities specifically for children and adolescents * Inpatient care (total facilities) * Outpatient care (total facilities) * Psychiatric hospitals * O Psychiatric hospital psychiatric unit beds / admissions * Outpatient beds / annual admissions * Outpatient beds /	Social workers	2.7			
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• Child and/or adolescent psychiatrists • Child and/or adolescent psychiatrists 2.5 Primary care workers receive training on management of mental health workers #VALUE! Mental health specialists undertake training / supervision of primary care workers: No MENTAL HEALTH PROGRAMMES AND SERVICES Mental health promotion and protection programmes School-based mental health programme Yes At least two functioning programmes Yes At least two functioning programmes Yes Integration of mental health into primary health care Essential medications for mental health conditions available in primary care facilities Psychosocial interventions for mental health conditions available in primary care facilities Outpatient care (total facilities) Outpatient care (total facilities) Outpatient facilities outpatient facilities Outpatient facilities specifically Outpatient facilities specifically Outpatient facilities specifically Outpatient facilities specifically Outpatient care (total facilities) Inpatient care (total facilities) Psychiatric hospitals O Psychiatric hospital psychiatric unit beds / admissions 6.4 / 159.6	Total mental health workers	47.9			
Total child / adolescent psychiatrists 2.5 of mental health conditions: Mental health specialists undertake training / supervision of primary care workers: Mental health promotion and protection programmes School-based mental health programme Yes At least two functioning programmes School-based mental health programme Yes (3 point checklist score; ≥ 2 = Yes) ⁵ Functional integration of mental health into primary health care Essential medications for mental health conditions available in primary care facilities Psychosocial interventions for mental health conditions available in primary care facilities Outpatient care (total facilities) Outpatient care (total facilities) Outpatient facilities attached to a hospital Community-based mental health outpatient facilities Outpatient facilities specifically for children and adolescents Inpatient care (total facilities) specifically for children and adolescents Inpatient care (total facilities) Psychiatric hospitals O Psychiatric hospital beds / admissions - /- Psychiatric units in general hospitals O General hospital psychiatric unit beds / admissions 6.4 / 159.6	Mental health workers (child and adolescent)		Training of primary care workers in mental health	ı	
Supervision of primary care workers: No	Child and/or adolescent psychiatrists	2.5		Yes	
MENTAL HEALTH PROGRAMMES AND SERVICES Mental health promotion and protection programmes School-based mental health programme Yes At least two functioning programmes Work-related mental health programme Yes (3 point checklist score; ≥ 2 = Yes) ⁵ Integration of mental health into primary health care Essential medications for mental health conditions available in primary care facilities Psychosocial interventions for mental health conditions available in primary care facilities Outpatient care (total facilities) Mental health outpatient facilities Outpatient care (total facilities) Mental health outpatient facilities Outpatient facilities attached to a hospital Community-based mental health outpatient facilities attached to a hospital Community-based mental health outpatient facilities apecifically for children and adolescents Inpatient care (total facilities) Psychiatric hospitals O Psychiatric hospital beds / admissions O Psychiatric units in general hospitals General hospital psychiatric unit beds / admissions 6.4 / 159.6	Total child / adolescent mental health workers	#VALLIFI	-	No	
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Psychiatric hospitals 0 Psychiatric hospital beds / admissions -/- Psychiatric units in general hospitals 315 General hospital psychiatric unit beds / admissions 6.4 / 159.6					
		0			
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	Community residential facilities	1 912	Community residential beds / admissions	65.0 / 52.4	
Inpatient facilities specifically for children and adolescents 64 Child and adolescent inpatient beds / admissions 1.0 / -	Inpatient facilities specifically for children and adolescents	64	Child and adolescent inpatient beds / admissions	1.0 / -	
Psychiatric hospitals Psychiatric hospitals (length of stay)	Psychiatric hospitals		Psychiatric hospitals (length of stay)		
Total number of admissions - Inpatients staying less than 1 year ccording to the I	Total number of admissions	-	Inpatients staying less than 1 year	ccording to the Ita	
Involuntary admissions - Inpatients staying 1-5 years 0	Involuntary admissions	-	Inpatients staying 1-5 years	0	
Follow-up of people with mental health condition Inpatients staying more than 5 years 0				0	
discharged from hospital in the last year (discharged 26%-50% Percentage of inpatients staying less than 1 year out of 0%	discharged from hospital in the last year (discharged	26%-50%	Percentage of inpatients staying less than 1 year out of	00/	

⁵ **Functional mental health promotion and prevention programmes** includes 3 self-reported checklist items [≥ 2 = functioning programme]: 1) dedicated financial & human resources; 2) defined plan for implementation; 3) documented evidence of progress and/or impact.

total number of inpatients

⁶ Integration of mental health in primary care includes 5 self-reported checklist items [≥4 = functional integration]: 1) national guidelines adopted; 2) psychoactive medications available in primary care; 3) psychosocial care available in primary care; 4) primary care workers trained; 5) specialists support training/supervision.