Mental Health Atlas 2024

Country profile

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Population (in millions; UN estimate 2023)¹:	37.7	WHO Region ² :	EMR
MENTAL HEALTH INFORMATION			
National mental health survey in last 10 years:	No	Nation-wide digital health records system:	Yes
Mental health report published in last 2 years:	Yes	Unique service user identifiers in place	No
MENTAL HEALTH SYSTEM GOVERNA	ANCE AND	FINANCING	
Mental health policies and plans		Mental health legislation and standards	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
Year of policy / plan):	2023	(Year of law):	1959
Compliance of policy / plan with human rights 5-point checklist; 5 = fully in line) ³ :	5	Compliance of law with human rights (5-point checklist; 5 = fully in line) ⁴ :	5
Financial resources estimated and allocated for mplementation of the policy/plan:	Partially	A functioning authority exists to assess compliance of mental health legislation with human rights standards:	Yes
Human resources estimated and allocated for mplementation of the policy/plan:	Partially	Redress mechanism to address grievances and other issues related to quality standards or human rights:	Yes
Specified indicators or targets against which its mplementation can be monitored:	Yes	A registry exists to record incidents of seclusion and restraints:	Yes
Mental health policy/plans across the life-course			
stand-alone or integrated mental health policy or plan for shildren / adolescents:	Yes	Stand-alone or integrated mental health policy or plan for older adults:	Yes
Policies and plans to prevent suicide and address stig	ma		
pecific suicide prevention strategy:	Yes	Specific anti-stigma strategy:	Yes
Mental health and psychosocial support (MHPSS) in e	emergencies		
MHPSS system exists for emergency preparedness and/or disaster risk management:	Yes	If yes, dedicated financial & human resources allocated for MHPSS components of emergency preparedness / disaster risk management	No
inancial protection policies for mental health			
Mental health care and treatment included in publicly-funded financial protection schemes:		What do majority of people with mental health conditions pay towards the cost of:	
Psychosis and biploar disorder	Yes	Mental health inpatient services	0-5%
Depression and anxiety	Yes	 Mental health outpatient services 	0-5%
Dedidcated budget line for mental health?	No	Psychotropic medicines	6-20%
	140	Psychological therapies	51-100%
Mental health expenditure			
Government mental health expenditure per capita reported currency):	0.98 [USD]	Government expenditure on mental health (% of total government health expenditure)	1.2%

¹ **Population**: UN, 2023. World Population Prospects. https://population.un.org/wpp/

² **WHO Regions**: AFR – African; AMR – Americas; EMR – Eastern Mediterranean; EUR – European; SEAR – South-East Asia; WPR – Western Pacific.

³ **Policy/plan compliance with human rights instruments** includes 5 self-reported checklist items [5 = fully in line]: 1) community-based care; 2) protection of rights of users & at-risk groups; 3) full range of supports for independent living; 4) recovery & user-driven plans; 5) user participation in decision-making

⁴ Law compliance with human rights instruments includes 5 self-reported checklist items [5 = fully in line]: 1) community-based care; 2) protection of human rights & legal capacity; 3) Informed consent; 4) ≥2 of: voluntary admission protections / prevention of seclusion-restraint / complaints procedures; 5) Regular human rights inspections

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Country profile			8					
MENTAL HEALTH WORKFORCE								
Mental health workers	No. per 100 000 population	Distribution of mental health workforce	Psychiatrists (9.3%)					
Psychiatrists	1.5							
Mental health nurses	4.5		Mental health nurses (27.8%)					
 Psychologists 	0.6		Psychologists (3.7%)					
Social workers	0.2		Social workers (1.2%)					
Other mental health workers	9.4							
Total mental health workers	16.2		 Other mental health workers (58.0%) 					
Mental health workers (child and adolescent)	No. per 100 000 population	Training of primary care workers in mental health						
Child and/or adolescent psychiatrists	0.2	Primary care workers receive training on management of mental health conditions:	Yes					
Total child / adolescent mental health workers	1.7	Mental health specialists undertake training / supervision of primary care workers:	No					
MENTAL HEALTH PROGRAMMES A	ND SERVICE	S						
Mental health promotion and protection programmo	es							
School-based mental health programme	Yes	At least two functioning programmes	Yes					
Work-related mental health programme	No	(3 point checklist score; ≥ 2 = Yes) ⁵	. 65					
Integration of mental health into primary health care	е							
Essential medications for mental health conditions available in primary care facilities	50-75%	Functional integration of mental health into primary						
Psychosocial interventions for mental health conditions available in primary care facilities	< 10%	care (5 self-reported checklist items; ≥ 4 = functional integration) ⁶	2					
Outpatient care (total facilities)		Outpatient care (visits per 100 000 population)						
Mental health outpatient facilities attached to a hospital	59	Visits in last year to mental health outpatient facilities attached to a hospital	463.9					
Community-based mental health outpatient facilities	32	Visits in last year to community-based mental health outpatient facility	219.5					
Outpatient facilities specifically for children and adolescents	9	Visits in last year to outpatient facilities specifically for children and adolescents	80.4					
Inpatient care (total facilities)		Inpatient beds / annual admissions (per 100 000 population)						
Psychiatric hospitals	11	Psychiatric hospital beds / admissions	3.9 / 40.0					
Psychiatric units in general hospitals	34	General hospital psychiatric unit beds / admissions	2.9 / 36.3					
Community residential facilities	1	Community residential beds / admissions	0.1 / -					
Inpatient facilities specifically for children and adolescents	1	Child and adolescent inpatient beds / admissions	0.0 / 1.1					
Psychiatric hospitals		Psychiatric hospitals (length of stay)						
Total number of admissions	15 079	Inpatients staying less than 1 year	28 637					
Involuntary admissions	10 422	Inpatients staying 1-5 years	152					
Follow-up of people with mental health condition	More than 75%	Inpatients staying more than 5 years	170					
discharged from hospital in the last year (discharged persons seen within a month)		Percentage of inpatients staying less than 1 year out of total number of inpatients	99%					

⁵ Functional mental health promotion and prevention programmes includes 3 self-reported checklist items [≥ 2 = functioning programme]: 1) dedicated financial & human resources; 2) defined plan for implementation; 3) documented evidence of progress and/or impact.

total number of inpatients

⁶ Integration of mental health in primary care includes 5 self-reported checklist items [≥4 = functional integration]: 1) national guidelines adopted; 2) psychoactive medications available in primary care; 3) psychosocial care available in primary care; 4) primary care workers trained; 5) specialists support training/supervision.