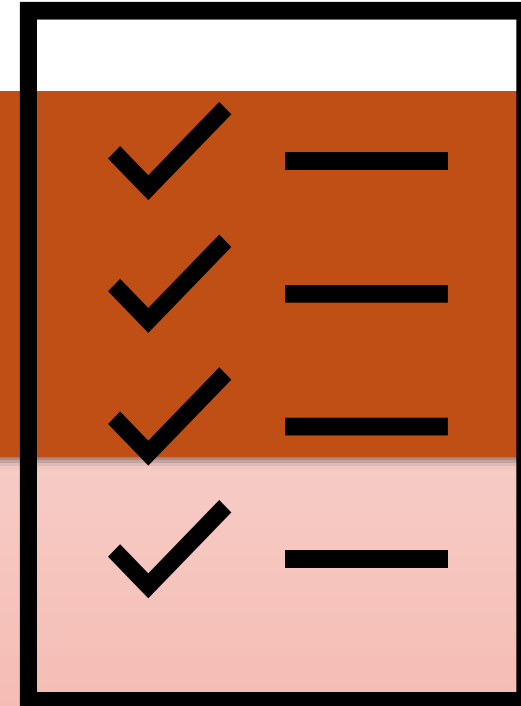


Planning QualityRights actions in humanitarian settings

WHO QualityRights training – humanitarian edition



Today is about Action Planning!

Topics covered in today's training

How to implement QualityRights in humanitarian settings

Introduction

- QualityRights Themes at a glance
- The levels of change

Exercise AP1 Market place of inspirations

Exercise AP2 Advocacy and change at the organizational level

Exercise AP3 Pick your priority actions!

Exercise AP4 Prepare to be persuasive!

Exercise AP5 Present your plan!

Feedback and wrap up

Presentation. QualityRights themes at a glance

Recap and summary



Recap: the levels of change

Opportunities for implementing QualityRights in humanitarian responses

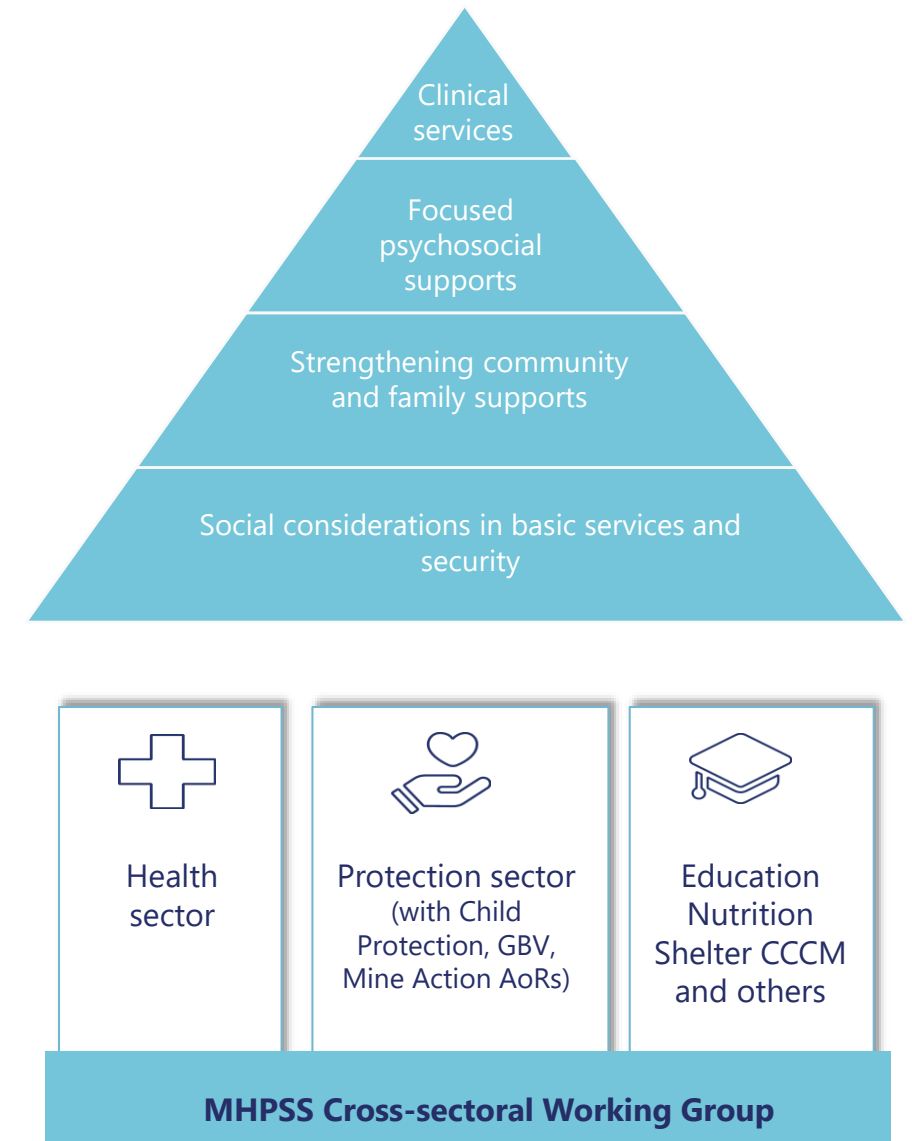
- Advocacy level: global and national advocacy to integrate QualityRights in humanitarian responses and to improve mental health services.
- Organizational level: align policies, human resources strategies and operational priorities with the CRPD, and follow the principles and rights highlighted in QualityRights.
- Project level: integrate QualityRights in our projects, including all phases of the project cycle and diverse activities and services.



Recap: zooming in on the project level

There are many ways to improve services on all layers of the pyramid and cross-sectorally:

- updating project policies and operating procedures;
- focusing on project Human Resources such as by including people with lived experience, and building knowledge and skills to promote recovery and rights approaches;
- initiating activities like anti stigma/human rights awareness approaches, protection activities to safeguard rights, dignity and safety, starting peer groups;
- changing service practices to promote respect for rights and recovery and ensure against violence and coercion-(supported decision-making, advance planning, comfort rooms, etc....)



Exercise AP1 Market place of inspirations

Present your project/activities

- On a flip chart, prepare a short presentation of your project / the work of your organization, as it relates to the themes of our training.
- Focus on efforts/activities that currently support a person-centred, recovery-oriented, human rights-based approach to MHPSS and/or humanitarian services.
- You have 20 minutes to prepare and then 20 minutes to walk around and get to know the work of your training colleagues.
- These flip chart presentations will remain up for the rest of the day , so you can have a look at them later during the breaks as well.

Exercise AP2 Advocacy and change at the organizational level

Group discussion (20 min)

Reflect together on the broad, systemic, and organizational changes needed to integrate QualityRights (QR) into your work in humanitarian and mental health programmes.

Advocacy level. How can your agency promote QualityRights and the CRPD within humanitarian responses and mental health systems nationally or globally?

Organizational level. What internal changes are needed to align with QualityRights principles (for example, culture, leadership, procedures, staff training, policies)?

- What partnerships, resources, or support would help make these changes?
- What barriers might you face, and how could they be addressed?

Plenary sharing (20 min)

Share key points or insights from your group discussion. Note ideas you may want to build on for your individual action plan.



Break

15 minutes

Exercise AP3 Pick your priority actions!

How can you best integrate QualityRights into your project?

From all the ideas you drafted over the course of the training, pick three of the most relevant that you can implement within the next 1 to 6 months. Document theses in the Day 5 Action Planner. This time, the planner asks for more details:

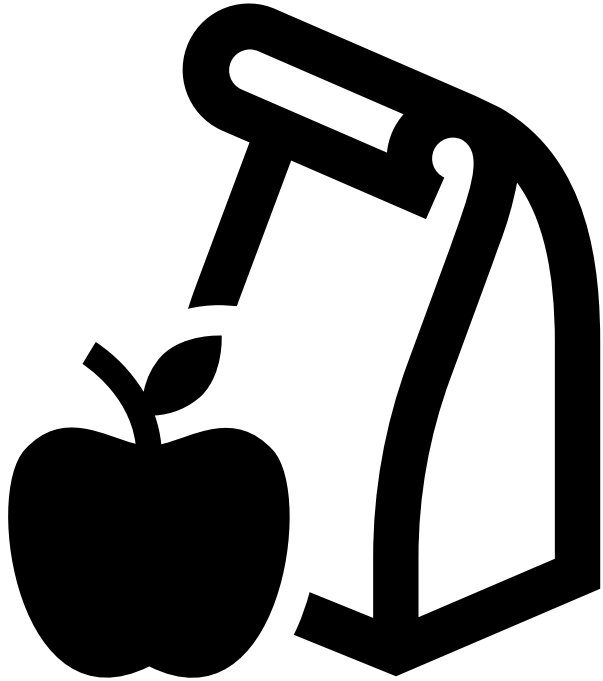
- What actions will you take?
- Who will do it, and when?
- Who will you need to convince?
- What barriers will you find – and how will you address them?
- How will you measure whether you've been successful?

Exercise AP4 Prepare to be persuasive!

Group discussion and preparation

Work in groups (perhaps the ones you established for action planning on Day 1). As a group, pick one action plan you want to present. Spend up to 30 minutes discussing how you would implement it, and then 30 minutes preparing a 5 minute presentation to share.

- Include how you would convince your organization to implement the plan.
- Remember that new ideas or activities often need to overcome some organizational resistance.
- Within humanitarian emergencies, MHPSS often still need to fight to get funding, acknowledgement and operational priority. This will also be the case with your QR plan, so you need to be able to defend it.
 - What might be some critical reactions to your action plan?
 - How could you defend your action plan?



Lunch

Exercise AP5 Present your action plan!

Concluding the training with take-home messages

- Everyone deserves respect and dignity at all times.
- In humanitarian contexts, these values come under pressure but are especially vital.
- Organizations should base all actions on respect and dignity and continually work to improve, and to uphold rights.
- We all share a responsibility to prevent violence, coercion and abuse and to promote and protect the rights of people with psychosocial, intellectual or cognitive disabilities.
- Promoting rights and recovery creates safer, better workplaces — everyone benefits.

Thank you very much for your participation!

Feedback and wrap up

Plenary discussion

- What did you like most/ did not like about the training?
- What is your top take-home message?
- Any other feedback?

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