



Updates and Achievements in 2021

JORDAN

Considerable progress has been made in Jordan during the 2021 year. Key achievements included:

- Completion of a multi-stakeholder evaluation of the National Mental Health Action Plan (2018-2021)
- Validation of the National Mental Health Action Plan (2022-2026), prioritising child and adolescent mental health, and focusing on the integration of mental health services in primary health care
- Implementation of the Caregiver Skills Training (CST) programme: a brief evidence-based intervention for families of children (ages 2+ years) with developmental delays or disabilities
- mhGAP training for 56 health workers in 25 primary health facilities, bringing the total numbers of trained health workers to 154 operating in 94 primary health facilities across the kingdom; and,
- Provision of a series of training workshops to health service providers thanks to support from the Italian Agency for Development Cooperation (AICS). Topics covered included: mhGAP; the rational prescription of psychotropic medicines; evidence-based substance use interventions (in partnership with the National Center for Rehabilitation of Addicts (NCRA)); surveillance training using the Integrated Electronic Reporting System (IERS); intensive mental health training; and psycho-social interventions for children and adolescents with mental and behavioural disorders.

In 2022, Jordan will continue to focus on implementation, including:

- Early implementation of Jordan's new National Mental Health and Substance Use Action Plan (2022-2026), especially for the facilitation of funding in each priority area of work;
- Kicking-off of monitoring and evaluation strengthening activities, including analysis of data sources;
- Reinforcing data collection mechanisms and utilisation of mental health indicators; and,
- Continued scaling up of mhGAP trainings, CST and brief psychological interventions in community settings.