THE PHILIPPINES



KEY ACHIEVEMENTS

01

Supported the finalization of the National Policy Framework on Community-Based Mental Health (CBMH) and the National Suicide Prevention and Response Strategy (NSPRS) through multi-stakeholder consultations and workshops.

02

Strengthened mental health prioritization through a multisectoral Leadership Meeting, resulting in increased government investment, improved policy instruments, and enhanced data systems in key regions.

03

Expanded community-based mental health services to all 36 municipalities in Maguindanao, training a total of 112 participants across health, social welfare, and local governance sectors from the remaining 16 municipalities in 2024.

04

Supported mental health research and data systems, leading to improved monitoring in Aklan, Iloilo, Leyte, Agusan del Sur, and Ilocos Sur, aligned with the WHO Special Initiative for Mental Health.



ADVOCACY

- Prevention and Response Strategy (NSPRS), integrating WHO LIVE LIFE pillars to refine collaboration, advocacy, capacity building, sustainable financing, and monitoring for effective suicide prevention, crisis intervention, and postvention.
- Engaged with national and local policymakers to integrate mental health in legislative frameworks, including municipal ordinances, board resolutions, and executive orders supporting mental health financing and service delivery.
- Strengthened partnerships with law enforcement, social services, agriculture, media, and education sectors to promote suicide prevention, crisis response, and community-based mental health support.
- Advocated for mental health integration in school health programs, aligning with WHO's Regional Framework on Nurturing Resilient and Healthy Future Generations in the Western Pacific and the Helping Adolescents Thrive (HAT) framework to enhance student well-being.
- Initiated a **Mental Health Investment Dialogue** to engage donors and government agencies in sustainable funding strategies.



SCALING UP MENTAL HEALTH SERVICES

- Enhanced data collection systems in Western Visayas, leading to improved reporting accuracy and advocacy for additional funding.
- Increased the number of **trained health professionals** in Maguindanao,
 ensuring at least one community-based
 mental health and mhGAP-trained
 provider per municipality.
- health services in BARMM, Ilocos Sur, Leyte, and Kalinga, integrating psychosocial support and crisis intervention into primary care.
- health services, with post-training supervision and quality assurance measures in hospitals and rural health units.
- Integrated mental health services into communicable disease

 programs, ensuring TB patients receive psychosocial support.



CAPACITY BUILDING

- Conducted a series of Community-Based Mental Health (CBMH)
 Training in Maguindanao,
 equipping healthcare providers,
 social workers, and local officials
 with mental health service delivery
 skills.
- Supported **mhGAP post-training supervision** in Iloilo, ensuring alignment with the latest WHO guidelines on managing mental, neurological, and substance use (MNS) disorders.
- Provided Mental Health & TB
 Training for Indigenous
 Communities, integrating
 psychosocial care into infectious
 disease management strategies.
- governance training for provincial mental health leaders, focusing on budget allocation, service quality assurance, and program expansion.



PRIORITIES FOR 2025:



Continuing support to the strengthening of mental health systems in Maguindanao and other provinces in BARMM.

Developing a standardized mhGAP supervision and support protocol to enhance clinical and administrative oversight.

Strengthening budget allocation strategies for community-based services through increased local government engagement.

Enhancing mental health monitoring frameworks, improving real-time service tracking, and supporting impact evaluation studies.





