BANGLADESH



KEY ACHIEVEMENTS IN 2024

0

Expanded the pool of mental health mhGAP trainers via Training of Trainers, and onward trained **354 healthcare providers** in mhGAP and suicide prevention.

02

Provided 6,624 mental health consultations in ten districts, strengthening access to care at Upazila Health Complexes and District Hospitals.

03

Collected suicide and attempted suicide data from 1,800 informants, improving mental health surveillance.

04

Engaged 1,200 participants across
10 districts in World Mental Health
Day activities, promoting
awareness and reducing stigma on
mental health.



ADVOCACY

- Psychosocial Support (MHPSS)
 stakeholder engagement workshop
 to enhance emergency preparedness
 with Government and development
 agencies
- Supported the integration of mental health into Bangladesh's emergency response system, particularly after the August 2024 floods.
- Engaged policymakers in strengthening the implementation of the Bangladesh National Mental Health Strategic Plan 2020-2030.
- Promoted community-level engagement by training local leaders and health workers on mental health and suicide prevention.



CAPACITY BUILDING

- Conducted mhGAP Training of Trainers and Supervisors (ToTS), training 31 government doctors, two non-government doctors, and five psychologists.
- Trained 165 health workers in suicide prevention, improving early identification and intervention efforts.
 - Trained and built awareness for 65 field volunteers and supervisors about suicide prevention and surveillance to improve reporting and intervention
 - Delivered awareness training on mental health and suicide prevention to 100 community leaders and healthcare providers
- Conducted a **National MHPSS Workshop** in Cox's Bazar with more than 50 participants to enhance emergency preparedness and to address mental health needs during crises.
- Strengthened the **mental health workforce** through refresher training for primary healthcare providers.



SCALING UP MENTAL HEALTH SERVICES

- Expanded access to Mental Health Centers in Jashore, Chapainawabganj, Sylhet, Noakhali, and Bandarban.
- Increased mental health service delivery at Upazila Health Complexes and District Hospitals, integrating mental health care into primary healthcare settings.
- Implemented tele mental health consultations, enhancing remote access to mental health services.
- Strengthened suicide prevention efforts by integrating surveillance and awareness programs into community health structures.
- Enhanced mental health data collection and monitoring to improve service delivery and policy planning.

- Expand mental health services at sub-district and district hospitals through increased staffing and resource allocation.
- Complete sentinel surveillance for mental health service user outcomes in three districts and using data to inform national policy.
- Scale up mhGAP training and supportive supervision, ensuring mental health integration at the primary healthcare level.
- Strengthen emergency preparedness for mental health crises, particularly in flood-prone areas.
- Increase community awareness and engagement through targeted mental health campaigns and outreach programs.
- Scale up LIVE LIFE interventions for suicide prevention.





