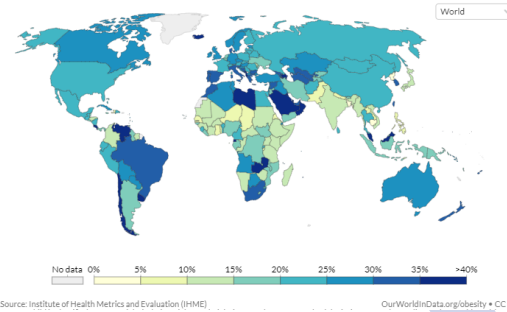




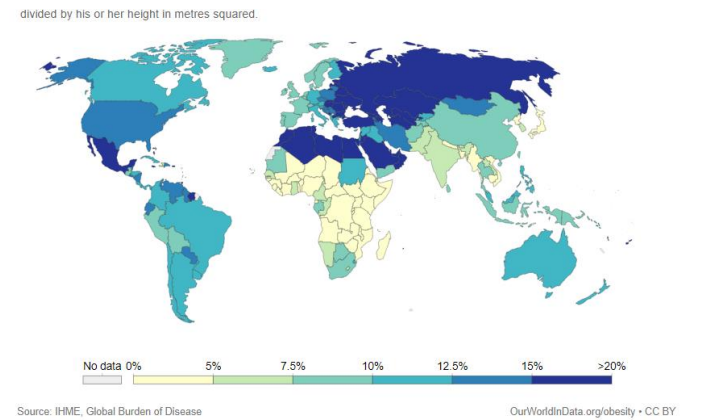
Agenda item 6

Development of recommendations for the prevention and management of **obesity** over the life course, including considering the potential development of targets in this regard

Obesity

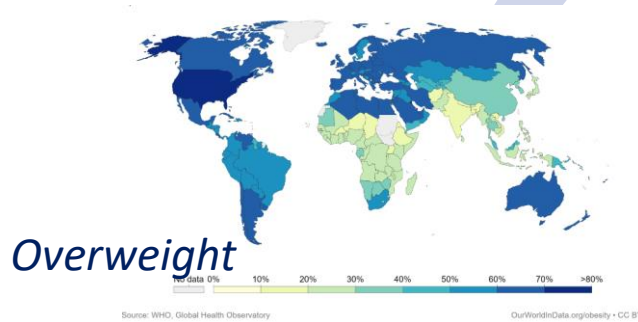


*39 million
children under
the age of 5*

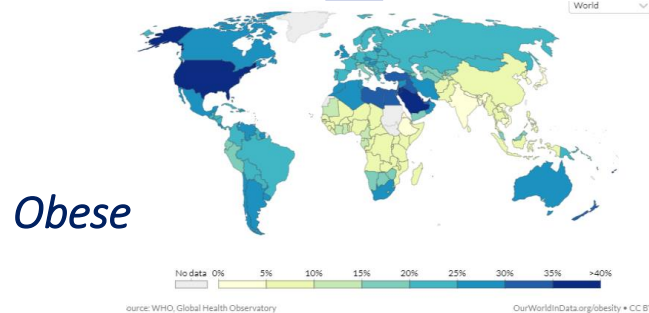


*340 million
children
aged 5-19*

*Leading risk factor for premature
death and linked to 4.7 million
deaths in 2017*



Overweight



Obese

*39% overweight and
13% obese
adults above 18*

Proposed recommendations



GOVERNMENTS

- Multi-sectorial interventions in the food chain
- Accessible and affordable healthy food
- Social protection programs
- Change environment and promote physical activity
- Health literacy and education
- Statistics



SOCIETAL ACTORS

- Encourage government develop ambitious plans
- Mobilize public to increase demand for obesity policies
- Strengthen the evidence base for obesity
- Guarantee access to healthy diets in production, distribution and promotion
- Strengthen promotion and provision of physical activity



WHO

- Guidance and tool development
- Capacity building of service providers
- Policy dialogue, technical assistance and implementation support
- Monitor and support the adoption of policies in countries

Proposed Targets

Outcome targets

Halt the rise of obesity in children under 5, adolescents and adults by the year 2025
Ending all forms of malnutrition by the year 2030
Overweight in children under 5 is an indicator for SDG target 2.2

by 2030



Intermediate targets

Free sugars to less than 10% of total energy intake
Breastfeeding in first 6 months up to at least 50%
15% relative reduction in the global prevalence of physical inactivity

by 2030



Process targets

PHC services with diagnosis and management of obesity
Nutrition professionals to a min level of 10/100,000.
Control marketing of foods and non-alcoholic beverages to children
Countries provide good-quality physical education in schools of all grades

by 2030



Questions

1

Are the recommended actions for governments and Non-State Actors comprehensive ? Would Members suggest to consider additional actions ?

2

Are the recommended actions for WHO appropriate and comprehensive ? Would any additional action need to be considered ?

3

Would Members consider the proposed intermediate and process targets valuable to enhance policy implementation ? Would they suggest alternative targets ?