

Lebanon (Ages 13-15)

Global Youth Tobacco Survey (GYTS)

FACT SHEET



The Lebanon GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Lebanon could include in a comprehensive tobacco control program.

The Lebanon GYTS was a school-based survey of students in grades 7-9, conducted in 2005.

A two-stage cluster sample design was used to produce representative data for Lebanon. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 98.0%, the class response rate was 100%, the student response rate was 99.2% and the overall response rate was 97.2%. A total of 3,314 students aged 13-15 participated in the Lebanon GYTS.

Prevalence

27.0% of students had ever smoked cigarettes (Boys = 35.8%, Girls = 19.1%)
 59.7% currently use any tobacco product (Boys = 65.8%, Girls = 54.1%)
 8.6% currently smoke cigarettes (Boys = 11.8%, Girls = 5.6%)
 40.0% currently use other tobacco products (Boys = 44.7%, Girls = 35.7%)
 20.6% of never smokers are likely to initiate smoking next year

Knowledge and Attitudes

25.2% think boys and 16.6% think girls who smoke have more friends
 16.3% think boys and 10.7% think girls who smoke look more attractive

Access and Availability - Current Smokers

30.6% usually smoke at home
 22.5% buy cigarettes in a store
 88.7% who bought cigarettes in a store were NOT refused purchase because of their age

Exposure to Secondhand Smoke (SHS)

78.4% live in homes where others smoke in their presence
 74.4% are around others who smoke in places outside their home
 85.2% think smoking should be banned from public places
 78.2% think smoke from others is harmful to them
 67.4% have one or more parents who smoke
 8.1% have most or all friends who smoke

Cessation - Current Smokers

54.0% want to stop smoking
 56.8% tried to stop smoking during the past year
 90.6% have ever received help to stop smoking

Media and Advertising

77.3% saw anti-smoking media messages, in the past 30 days
 88.4% saw pro-cigarette ads on billboards, in the past 30 days
 79.4% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
 19.5% have an object with a cigarette brand logo
 10.4% were offered free cigarettes by a tobacco company representative

School

50.9% had been taught in class, during the past year, about the dangers of smoking
 39.3% had discussed in class, during the past year, reasons why people their age smoke
 48.3% had been taught in class, during the past year, the effects of tobacco use

Highlights

- Six in 10 students currently use any form of tobacco; 8.6% currently smoke cigarettes; 40.0% currently use some other form of tobacco.
- SHS exposure is very high – nearly 4 in 5 students live in homes where others smoke in their presence; three-quarters of students are exposed to smoke in public places; two-thirds of students have at least one parent who smokes.
- More than three-quarters of the students think smoke from others is harmful to them.
- Over 8 in 10 students think smoking in public places should be banned.
- More than half the current smokers want to stop.
- One in 5 students has an object with a cigarette brand logo on it.
- More than three-quarters of students saw anti-smoking media messages in the past 30 days; nearly 9 in 10 students saw pro-cigarette ads on billboards and 4 in 5 saw pro-cigarette ads in newspapers or magazines in the past 30 days.