**SIDS High-level technical meeting on NCDs and mental health**

**Tuesday 17 January – Wednesday 18 January 2023**

09:00–17:30 Atlantic time (GMT -4), Hilton Hotel, Bridgetown, Barbados

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<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tr>
<td>08:00–09:00</td>
<td>Accreditation</td>
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<tr>
<td>09:00–09:10</td>
<td>Security briefing</td>
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<td>09:10–09:35</td>
<td>Welcome, national anthem and opening remarks</td>
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<td>Moderator: Hon. Dr Sonia Browne, Minister of State, Ministry of Health and Wellness, Barbados</td>
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<td>National anthem</td>
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<td>Dr Tedros Adhanom Ghebreyesus, Director-General, WHO (video message)</td>
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<td>Ms Maria Divina O’Brien, Trinidad and Tobago (voice of SIDS and person living with NCD/MHC)</td>
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<td>09:35–09:55</td>
<td>Keynote address: Tackling the NCD and mental health crises for healthier SIDS</td>
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<td>Senator Dr the Most Honorable Jerome Walcott, Minister of Health and Wellness, Barbados</td>
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<td>10:00–11:00</td>
<td>Plenary 1: Pathways to accelerate national NCD and mental health responses in SIDS</td>
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<td>Moderator: Dr Werner Obermeyer, Director, WHO Office at the UN Office</td>
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<td>Voices of SIDS communities including people with lived experience with NCDs and mental health</td>
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<td>Dr Marawa Kini, Fiji</td>
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<td>Ms Vernée Sobers, Barbados</td>
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<td>Situation and challenges for NCDs and mental health in SIDS and strategies to strengthen the multisectoral response</td>
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<td>Dr Bente Mikkelsen, Director, NCD Department, WHO headquarters</td>
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<td>Moderated discussion on major needs and opportunities for multisector action in SIDS for NCDs and mental health</td>
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<td>Dr Ameera Al Nooh, Head of NCD unit, Ministry of Health, Bahrain</td>
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<td>Dr Aboubacar Said Anli, Secretary General, Ministry of Health, Solidarity, Social Protection and Gender Promotion, Comoros</td>
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<td>Dr Roshan Parasram Chief Medical Officer, Ministry of Health, Trinidad and Tobago</td>
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<td>Dr Siale Akauola, Chief Executive Officer, Ministry of Health, Tonga</td>
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<td>11:00–11:25</td>
<td>Health break and networking</td>
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| 11:30–13:00  | **Break out groups**: Deeper dive discussions on specific topics with aim to develop recommendations  
**Break out room #1**: Sustainable and innovative financing for NCDs and mental health in SIDS  
Moderator: Dr Dan Chisholm  
Moderation support by WHO Secretariat: Dr Dan Chisholm  
**Break out room #2**: Impact of climate change on NCDs and mental health in SIDS and integration in emergency preparedness and response  
Moderator: Dr Felix Rodriguez-Schmidt, Subsecretary of Health, Puerto Rico  
Moderation support by WHO Secretariat: Dr Slim Slama and Dr Christian Schweizer  
**Break out room #3**: Strengthening multisectoral engagement and policy coherence for NCDs and mental health in SIDS  
Moderator: Dr Liz Arnanz, NCD Alliance  
Moderation support by WHO Secretariat: Dr Guy Fones  
**Break out room #4**: Commercial determinants of health and addressing conflicts of interest  
Moderator: Sir Trevor Hassell and Ms Maisha Hutton, Healthy Caribbean Coalition  
Moderation support by WHO Secretariat: Mr Gerardo Zamora-Monge |
| 13:00–14:15  | Lunch and physical activity break                                     |
| 14:30–15:40  | **Plenary 2**: Reorienting health systems with primary health care as a resilient foundation for universal health coverage  
Moderator: Mr Bob Williams, Secretary of Health, Cook Islands  
**Voices of SIDS communities including people with lived experience with NCDs and mental health**  
Mr Fale Andrew Lesa, Samoa  
Ms Xarriah Nicholls, Barbados  
**WHO recommended strategies, implementation experiences and impact of health system strengthening for NCDs and mental health in primary care**  
Dr Anselm Hennis, Department of NCDs and Mental Health Director, PAHO  
Dr Devora Kestel, Director, Department of Mental Health and Substance Abuse  
**Panel on integrating NCDs and mental health in primary care**  
Dr Judith Leiba, Director of Child and Adolescent Mental Health, Jamaica  
Dr Emilia Castro Monteiro, NCD focal point, Ministry of Health (Spanish), Cabo Verde  
Mr Moses Pretrick, Assistant Secretary of Health, Department of Health and Social Affairs, Micronesia (Federated States of)  
Dr Shah Abdulla Mahir, Minister of State of Ministry of Health, Maldives  
Mrs Nevalyn Laesango, Acting Director of the NCD Department and National Coordinator for NCD, MHMS, Solomon Islands |
| 15:40–16:00  | Movement break                                                         |
16:00–17:00  **Plenary 3: Addressing NCDs and mental health in the face of climate change and health emergencies**
Moderator: Dr Odete Da Silva Viegas, Director General of Health Services, Ministry of Health, Timor-Leste
**Voices of SIDS communities including people with lived experience with NCDs and mental health**
Dr Marvin Manzanero, Belize
Dr Georgiana Gordon-Strachan, lead Lancet Climate Change SIDS hub
**Climate change and impact on NCDs and mental health**
Dr Christian Schweizer, WHO Scientist on Climate Change and Health, WHO headquarters
**Moderated discussion on strategies to better address NCDs and mental health in emergencies and disasters**
Dr Geronimo Henrique Té, Director mental health centre, “Osvaldo Máximo Vieira”, Guinea-Bissau
Ms Eretii Timeon, Director of Public Health, Ministry of Health, Kiribati
Dr Roger Duncan, Medical Officer Health-NCDs, Ministry of Health, St Vincent and the Grenadines
Ms Lilly Faavae, Permanent Secretary, Ministry of Health, Social Welfare and Gender Affairs, Tuvalu

17:00–18:30  **Side events on specific topics** with a main speaker, discussion with the audience
(Side events are an opportunity for participants to delve into more discussion on particular topics. Each event would be organized by a lead person and have a designated moderator, panellists and have discussions that could lead to recommendations for input to the proposed outcome document. Participants would self-select and choose which side event to participate in).

**Side event 1:** Communicating NCDs (organized by WHO Ambassador programme for NCDs and injuries, Ms Gini Arnold)

**Side event 2:** Childhood obesity (organized by HCC and NCD Alliance)

**Side event 3:** A coherent UN-system response to support SIDS countries scale up action on NCDs and mental health (organized by the United Nations Inter-Agency Task Force on the Prevention and Control of NCDs)

18:30–20:30  Reception hosted by the Government of Barbados at the Hilton Hotel
**Wednesday, 18 January 2023**

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| 07:30–09:00 | **Breakfast side events:**  
Side event 4: Promoting mental health, preventing suicide, ending stigma  
(organized by United for Global Mental Health and WHO)  
Side event 5: Youth engagement in SIDS for NCDs and mental health  
(organized by NCD Child) |
| 09:00–09:15 | **Welcome** and brief recap from day 1  
Dr Bente Mikkelsen, Director, NCD Department, WHO headquarters  
Dr Anselm Hennis, Department of NCDs and Mental Health Director, PAHO |
| 09:15–10:30 | **Plenary 4: Multisectoral and multistakeholder action for healthier population in SIDS**  
Moderator: Dr Joy St. John, Executive Director, Caribbean Public Health Agency (CARPHA)  
**Voices of SIDS communities including people with lived experience with NCDs and mental health**  
Dr Abdul Malik, Co-Founder Maldives NCD Alliance, Co-Founder Cancer Society of Maldives and NCD Alliance Our Views, Our Voices Advocate  
Ms Ytannia Wiggins, The Association for International Sport for All (TAFISA), Caribbean Association of National Olympic Committees (CANOC), Barbados  
**Mobilizing an all-of-government and all-of-society response for NCDs and mental health**  
Ms Sarah Williams, UK Office of Health Improvement and Disparities, UK Department of Health and Social Care  
**Panel discussion** on experiences and strategies to address determinants of health, strengthen health promotion, communications and advocacy, engage government sectors and improve multisectoral actions for NCDs and mental health  
Dr Sudhirsen Kowlessur, Director Health Promotion and Research, Ministry of Health and Wellness, Mauritius  
Dr Robert Thomsen, Chief Executive Officer, Ministry of Health, Samoa  
Dr Marta Posser, NCD focal point, Ministry of Health, President of the Association of Psychologists and member of the Mental Health Association of Portuguese-speaking African Countries – PALOP (French), Sao Tome and Principe  
Dr Gibson Ala, National NCD Coordinator, Ministry of Health, Vanuatu |
| 10:30–11:00 | Healthy break |
| 11:00–13:00 | **Break out groups: developing key recommendations**  
Participants will break out into four separate, smaller sized groups, to be guided by a moderator to discuss and develop key recommendations to emerge from this meeting and for consideration in the outcome document and ministerial meeting. The moderator will have a set of questions, and draft recommendations to use as discussion points with participants, who will each be assigned to a room, with an estimated 20–25 people in each room. |
| 13:00–14:15 | Lunch break |
### 14:15–15:00  Reflections and summary
**Moderator:** Dr. Arthur Phillips, Senior Medical Officer of Health for NCDs, Ministry of Health and Wellness, Barbados

**Summary and conclusions**
Moderators from each breakout group will identify key recommendations from their breakout session, followed by a group discussion to consolidate and agree on the recommendations to go forward. The final remarks will be a description by WHO on the process for how the technical meeting will feed into and inform the ministerial meeting.

- **Breakout room 1:** Dr Dan Chisholm, WHO
- **Breakout room 2:** Dr Felix Rodriguez-Schmidt, Subsecretary of Health, Puerto Rico
- **Breakout room 3:** Ms Liz Arnanz, NCD Alliance
- **Breakout room 4:** Sir Trevor Hassell, Healthy Caribbean Coalition

**Commentary on the deliberations and outcomes of this meeting**
Reflections from representatives of people with lived experience with NCDs and mental health conditions
- Ms Marguerite Jennifer Joseph, Saint Lucia
- Prof. Alafia Samuels, Jamaica
- High-level Policy Expert Group co-chairs
- Sir George Alleyne
- Sir Collin Tukuitonga

### 15:00–15:15  Closing plenary: Together for a healthy and resilient future in SIDS
**Closing remarks from Government of Barbados, Hon. Sonia Browne**
**Dr Bente Mikkelsen, Director, NCD Department, WHO headquarters**
**Dr Anselm Hennis, Department of NCDs and Mental Health Director, PAHO**

### 15:30–17:30  SIDS Walks the Talk on NCDs: Barbados Garrison Historic Area and Museum Walking Tour