Nutrition Outcomes of the UN Food Systems Summit

Francesco Branca
Director, Department of Nutrition and Food Safety
Health and Nutrition in the UN Food Systems Summit

- Food Systems are a **key determinant of health**
- Currently our food systems are making us ill, and driving climatic change
- We have a **new narrative**, that places health as a central pillar for food system transformation
Outcomes of the UN Food Systems Summit

**COALITIONS**

- Emerging coalitions, such as the **Healthy Diets Coalition** can drive forward action to transform food systems for the health of people and the planet.
- The Healthy Diets Coalition brings together motivated Member States, Civil Society Organization’s, Academia and UN agencies to create a global home for healthy diets from sustainable food systems.

**PATHWAYS**

- **Countries food system shaping pathways** details their commitment and strategy towards food system transformation.
- 110 pathways are now published on the official food systems site.
The WHO “Menu for Action” to make diets healthier and safer

6 policy actions + food safety:

• Long-standing.
• Proven.
• Cost-effective.
• Implemented.
• Scalable.
• Endorsed.
• Monitored by WHO
WHO analysis of nutrition related objectives and intentions in 110 Country Pathways shows:

- Great variation in pathways structure, focus and content
- Two thirds of pathways mentioned the burden of malnutrition in all its forms as a motivator, and goal of food system transformation
- 22% indicated the need to uphold the right to food through food system transformation
- The most commonly stated nutrition action was nutrition sensitive agriculture in 85 pathways
- Followed by raising awareness and understanding of nutrition and healthy eating in 81 pathways
Moving Forward

- Each country has its own unique context and starting point
- WHO will work to support countries in implementing and strengthening their country pathways through our existing initiatives to support these priority actions such as our new food safety strategy, countdown to 2030 and the monitoring of such actions through the GINA database,
- As well as through the collaborative efforts of the School Meals and Healthy Diets Coalition emerging from the Food Systems Summit.
- Support of the Food Systems Summit Coordination Hub