



World Health Organization

WHO Expert Consultation on Waist Circumference (WC) and Waist-Hip Ratio (WHR)

8 - 11 December 2008, Geneva, Switzerland

PROVISIONAL AGENDA

1. Opening Session
 - 1.1. Welcome and Opening Address
 - 1.2. Introduction of Participants
 - 1.3. Nomination of Chairperson and Rapporteurs
 - 1.4. Administrative Arrangements
 - 1.5. Adoption of Agenda
 - 1.6. Objectives and Expected Outcomes
2. Overview and current practice of WC and WHR
3. Methodology of waist and hip circumference measurements
4. WC and WHR and cardiovascular disease (CVD) risk
5. WC and WHR and Type 2 Diabetes risk
6. Analysis of STEPS data: WC and WHR and associations with CVD and Type 2 Diabetes risk
7. WC and WHR variations by age and sex
8. WC and WHR variations by ethnicity
 - 8.1 - Presentation: Ethnic variations in the associations between measures of body size and cardiovascular risk factors
 - 8.2 - Issues relating to ethnicity: Waist circumference as a surrogate for visceral obesity in the Metabolic Syndrome
9. WC and WHR and overall mortality risk
10. Utility of WC/WHR compared to body mass index (BMI)
 - 10.1 Relationship between WC/WHR and BMI: Analysis of the STEPS data
11. Defining WC and WHR cut-off points
12. What are the next steps?
13. Closing