

5 Moments for Medication Safety



WHO Global Patient Safety Challenge
Medication Without Harm



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WHO Patients for Patient Safety

5 Moments for Medication Safety

GOAL

Raise awareness among patients of need to take precautions to ensure medication safety.

PRESENTATION

Plain language guide raising questions for patients to ask at key moments at which risk of harm from medications can be reduced.

INSPIRATION

Sir Liam Donaldson and the 5 Moments for Hand Hygiene



5 Moments for Medication Safety

Formats:

- Booklet
- Flyer
- Infographic poster
- Pamphlet
- Mobile app

5 Moments for Medication Safety

- 5 questions for each moment
 - Some are self-reflective for the patient
 - Some may require support from the health care professional
- Active patient engagement
 - Intended to encourage curiosity about the medications patients are taking
 - Intended to empower patients and caregivers to communicate openly with their health professionals.
- For use at all levels of care and across all settings.

5 Moments for Medication Safety



- ▶ What is the name of this medication and what is it for?
- ▶ What are the risks and possible side-effects?
- ▶ Is there another way of treating my condition?
- ▶ Have I told my health professional about my allergies and other health conditions?
- ▶ How should I store this medication?
- ▶ When should I take this medication and how much should I take each time?
- ▶ How should I take the medication?
- ▶ Is there anything related to food and drink that I should know while taking this medication?
- ▶ What should I do if I miss a dose of this medication?
- ▶ What should I do if I have side-effects?
- ▶ Do I really need any other medication?
- ▶ Have I told my health professional about the medications I am already taking?
- ▶ Can this medication interact with my other medications?
- ▶ What should I do if I suspect an interaction?
- ▶ Will I be able to manage multiple medications correctly?
- ▶ Do I keep a list of all my medications?
- ▶ How long should I take each medication?
- ▶ Am I taking any medications I no longer need?
- ▶ Does a health professional check my medications regularly?
- ▶ How often should my medications be reviewed?
- ▶ When should I stop each medication?
- ▶ Should any of my medications not be stopped suddenly?
- ▶ What should I do if I run out of medication?
- ▶ If I have to stop my medication due to an unwanted effect, where should I report this?
- ▶ What should I do with leftover or expired medications?

5 Moments for Medication Safety



Starting a medication

- ▶ What is the name of this medication and what is it for?
- ▶ What are the risks and possible side-effects?



Taking my medication

- ▶ When should I take this medication and how much should I take each time?
- ▶ What should I do if I have side-effects?



Adding a medication

- ▶ Do I really need any other medication?
- ▶ Can this medication interact with my other medications?



Reviewing my medication

- ▶ How long should I take each medication?
- ▶ Am I taking any medications I no longer need?



Stopping my medication

- ▶ When should I stop each medication?
- ▶ If I have to stop my medication due to an unwanted effect, where should I report this?

The 5 Moments for Medication Safety are the key moments where action by the patient or caregiver can greatly reduce the risk of harm associated with the use of their medication/s. Each moment includes 5 critical questions. Some are self-reflective for the patient and some require support from a health professional to be answered and reflected upon correctly.

This tool for patient engagement has been developed as part of the third WHO Global Patient Safety Challenge: Medication Without Harm.

It is intended to engage patients in their own care in a more active way, to encourage their curiosity about the medications they are taking, and to empower them to communicate openly with their health professionals.

This tool is intended for use by patients, their families and caregivers, with the help of health professionals, at all levels of care and across all settings.

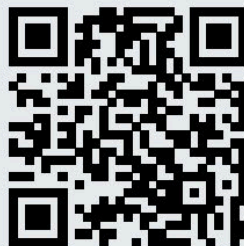
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For more information, please visit:
<https://www.who.int/patientsafety/medication-safety/5moments/en/>



Introducing Mobile Application on

5 Moments for Medication Safety



WHO medsafe app

Will guide you through the 5 key moments where your action can reduce the risk of medication-related harm.

Ask your health care professional important questions, keep the answers in a structured way to better manage your medications. Stay Healthy!

Powered by:



5 Moments for Medication Safety



WHO Global Patient Safety Challenge
Medication Without Harm



Irina Papieva
Patient Safety Flagship
WHO Headquarters

Where, when and how the tool should be used?

General guidance on using the tool



Application of the tool

- In all types of health care facilities
- By all categories of health professionals
- At different points and levels of care
- In different settings and contexts

Where, when and how the tool should be used?

General guidance on using the tool

The tool can be used when patients:

- ✓ Visit a primary health care facility
- ✓ Are referred to another health care facility or to another health professional
- ✓ Visit a pharmacy
- ✓ Are admitted to a health care facility
- ✓ Are transferred to another health care facility
- ✓ Are discharged from a health care facility
- ✓ Receive treatment and care at home or in a nursing home



Where, when and how the tool should be used?

General guidance on using the tool



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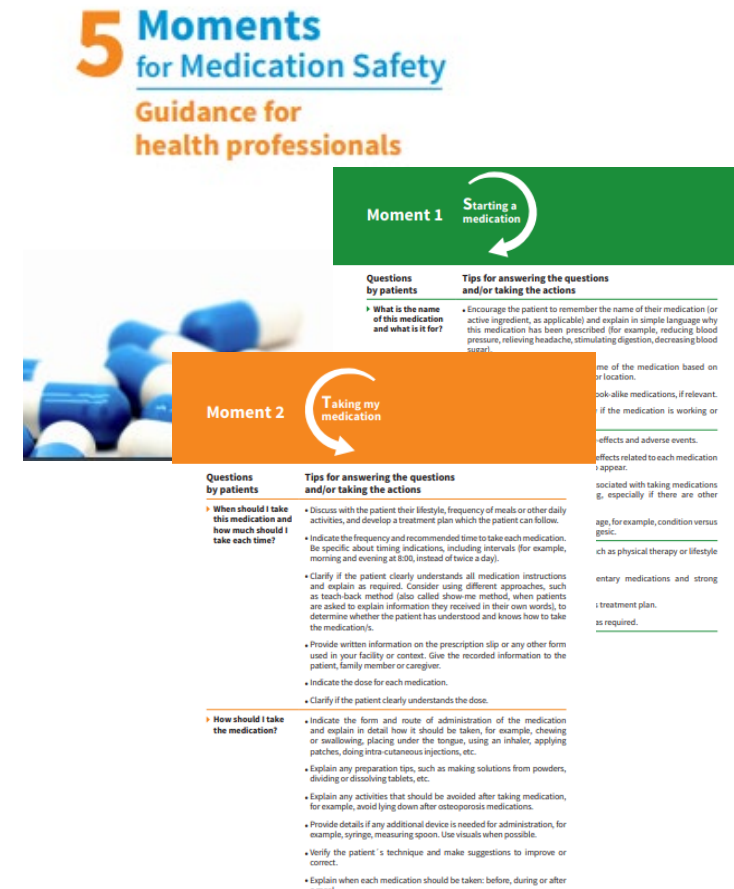
- The tool can be reproduced, adapted and translated for noncommercial purposes with an appropriate citation
- The tool can be **reproduced** in its entirety without any modifications to layout or wording
- The tool can be **adapted** to specific needs of the country, based on local context, specific setting and available resources
- The tool can be **translated** into local languages

! Please, refer to the “General guidance on using a tool” for use of WHO logo, the logotype of the WHO Global Patient Safety Challenge, and co-use of an institutional logo

What is the role of health professionals?

Guidance for health professionals

- The tool aims to engage and empower patients to be involved in their own care
- The tool should be used in collaboration with health professionals, but should always remain with the patients, their families or caregivers
- Health professionals are responsible for introducing the tool to patients, their families and caregivers, and supporting them in answering the questions and addressing any concerns
- The **Guidance for health professionals** provides some tips for answering the questions or taking specific action
- The tips are not prescriptive or exhaustive. They should be chosen and adapted based on the specific context and setting



Which format to choose?



5 Moments for Medication Safety



5 Moments for Medication Safety



Starting a medication

- What is the name of this medication and what is it for?
- What are the risks and possible side-effects?

Taking my medication

- When should I take this medication and how much should I take each time?
- What should I do if I have side-effects?

Adding a medication

- Do I really need any other medication?
- Can this medication interact with my other medications?

Reviewing my medication

- How long should I take each medication?
- Am I taking any medications I no longer need?

Stopping my medication

- When should I stop each medication?
- If I have to stop my medication due to an unwanted effect, where should I report that?

This 5 Moments for Medication Safety tool has been developed as part of the WHO Global Patient Safety Challenge: Medication Without Harm.

It is intended to engage patients in their own care for a more active role in managing their health. It is not intended to replace the role of health professionals. It is a tool for patient engagement and should be used in conjunction with the role of health professionals. It is not intended to replace the role of health professionals. It is a tool for patient engagement and should be used in conjunction with the role of health professionals.

For more information, please visit: <https://www.who.int/patient-safety/medication-safety/5moments/en/>

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Taking my medication

Adding a medication

Reviewing my medication

Stopping my medication

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5 Moments for Medication Safety

The 5 Moments for Medication Safety are the key moments where action by patients and their caregiver can greatly reduce the risk of harm associated with the use of their medication. Each moment includes a set of questions. Some are self-reflective for the patient, while others require a health professional to be answered and reported correctly.

Starting a medication

Taking my medication

Adding a medication

Reviewing my medication

Stopping a medication

Click here to see the questions

GO NEXT



v 1.0.0
January 2019

★★★★★★

GO

Does not collect any data or information
This application. This is an offline app.
For detailed terms of use click [here](#)

WHO Patient Safety Curriculum Guide



WHO Global Patient Safety Challenge
Medication Without Harm



Thank you!