

Dr Cardon Greet (GC)

Biography of proposed Guidelines Development Group

Institutional affiliation(s) Ghent University, Faculty of Medicine and Health Sciences,
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PhD, MSc (Sport), MSc (Sports management), Adjunct Professor, Helsinki, Finland

Academic degrees

- 2001 - PhD in Physical Education, Faculty of Medicine and Health Sciences, Ghent University, Belgium
- 1992 - Master in Physical therapy and Motor rehabilitation, Faculty of Medicine and Health Sciences, Ghent University, Belgium
- 1990 - Teacher Education degree, Faculty of Psychology and Pedagogical Sciences, Ghent University, Belgium
- 1990 - Master in Physical Education, Faculty of Medicine and Health Sciences, Ghent University, Belgium

City and country of primary residence Antwerp, Belgium

Biography

Greet Cardon has (co-)chaired and further expanded the research group “Physical activity and health” since 2003. She has a broad spectrum of research interests in the field of physical activity across the lifespan, but mainly developed a strong research line focused on understanding the determinants of physical activity and sedentary behavior, as well as identifying the most effective ways to promote more physical activity and less sitting in children and youth.

Greet Cardon was involved in several large European projects (e. g. DEDIPAC (JPI), ToyBox, Spotlight, Feel4Diabetes, Smartlife (Horizon 2020)) as work package leader and in projects funded by the Flemish Government (e.g. Movestar). She has published about 250 articles in peer-reviewed journals and authored or co-authored several book chapters and two books. She serves in several grant review and Expert panels and is reviewer of several scientific journals.

Greet Cardon was involved in the development of the Belgian Physical activity report cards and the development of the first 2011: UK Physical Activity Guidelines for Early Years in 2011. She also participated in the Technical expert meeting to review draft WHO global standards for nutrition and physical activity, sedentary behaviour and sleep for early childhood education and care settings (2019).