

Dr Catherine M. Carty

Biography of proposed Guidelines Development Group

Institutional affiliation(s) UNESCO Chair "Transforming the Lives of People with Disabilities, their Families and Communities, Through Physical Education, Sport, Recreation and Fitness"
Institute of Technology Tralee, Co Kerry Ireland

Academic degrees University of Limerick BA (Physical Education, Mathematics, Education)
Queens University of Belfast M.Med.Sci (Exercise Physiology, Epidemiology, Physical Activity, Statistics, Research)

City and country of primary residence Tralee Ireland

Biography

The UNESCO Chair research centre is coordinating global actions relevant to the area of intersectional inclusion in physical education, physical activity, and sport (PEPAS). The relationship with health and other lifestyle parameters is of keen interest. My research education and professional experience in this domain has facilitated a comprehensive deep dive into policy and guidelines developments across the globe, across all age groups.

Dr Carty responsible for leading the implementation of 3 specific policy action areas of the Kazan Action Plan in the area of intersectional inclusion- this involves coordinating global agencies in the field of inclusive practice in PEPAS. Dr Carty has experience of developing standards and guidelines in fitness, physical activity, adapted physical education, and adapted physical activity, and inclusive sport, within the European Commission funding structures

Two specific collaborative projects which I initiated and delivered include EIPET - European Inclusive Physical Education and Training, and APA VET - Adapted Physical Activity in Vocational Education and Training. Additionally, the Universal Fitness Innovation and Training (UFIT) program (for global use), inclusive Physical Education, Physical Activity and Sport Programme (for global use) and the Plan to Inclusivize Programme (for development contexts) have all been developed under my management and direction.